



CONTACT CHEF ALYSON ZILDJIAN

6986 Beneva Road Sarasota, FL 34238

www.peakperformancecatering.com

alyson@zildjancatering.com

WE PROVIDE ALL INCLUSIVE PRICES FOR FOOD, DELIVERY, AND PAPER GOODS. OUR MEALS ARE PORTION CONTROLLED TO HAVE POWERFUL, HIGH PERFORMANCE PRODUCTS THAT FILL YOU UP WITHOUT WEIGHING YOU DOWN.

CHICKEN

CHICKEN SHISH KEBAB

Spring Mix Salad
Quinoa and Brown Basmati Rice
Chef's Vegetable Medley

HERB LEMON CHICKEN

Mixed Green Salad with Vinaigrette
Mediterranean Rice Pilaf
Honey Glazed Carrots & Sweet Peas

SOY SESAME GLAZED CHICKEN ASIAN STIR FRY

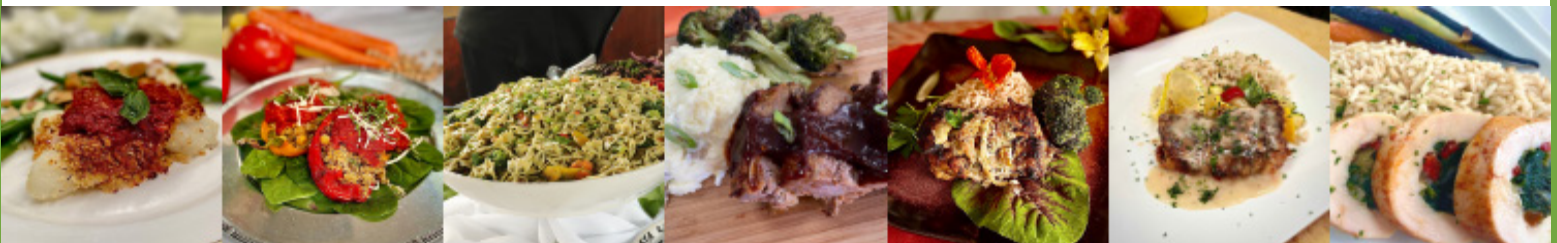
Mixed Greens Salad with Vinaigrette
Quinoa and Brown Basmati Fried Rice,
Stir Fry Vegetables with Fresh Ginger Soy Sauce

MARINATED CHICKEN W/ FRESH HERBS

Tuscan Black & White Bean Salad
Toasted Farro and Wilted Kale w/ Lentils
Roasted Chef's Vegetables

1. SPEAK WITH REPRESENTATIVE
2. CONFIRM NUMBER OF PARTICIPANTS & POTENTIAL DATES
3. SIGN AGREEMENT

*PLEASE NOTE WE UNDERSTAND THAT SOMETIMES YOU MAY HAVE TO QUALIFY FOR THE SPORTING EVENT. WE JUST NEED TO KNOW THE PROSPECTED DATES.





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SEAFOOD

CITRUS GLAZED SALMON

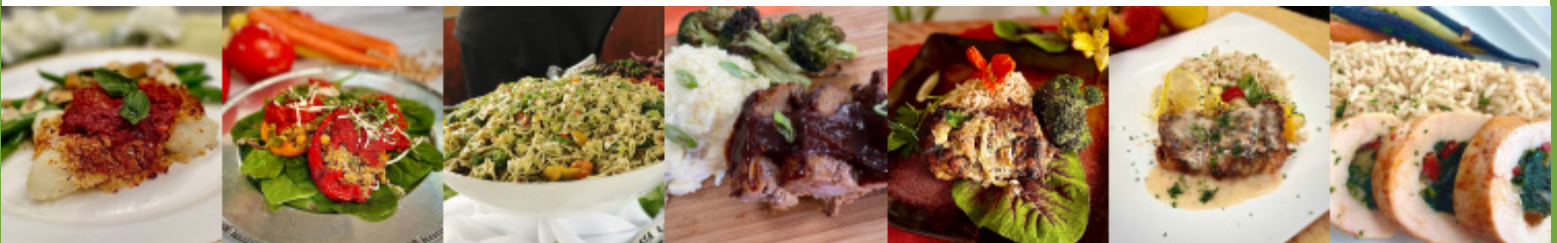
Toasted Farro Salad with Florida Citrus Vinaigrette
Roasted Sweet Potato
Chef's Vegetable Medley

BAKED STUFFED COD

Organic Salad with House Dressing
Pasta Marinara
Chef's Vegetable Medley

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PASTA

CHICKEN, BROCCOLI & KALE PESTO

Whole Grain Pasta

Baby Spinach Salad with House Citrus Dressing

MEATBALLS WITH GRASSFED BEEF & TURKEY

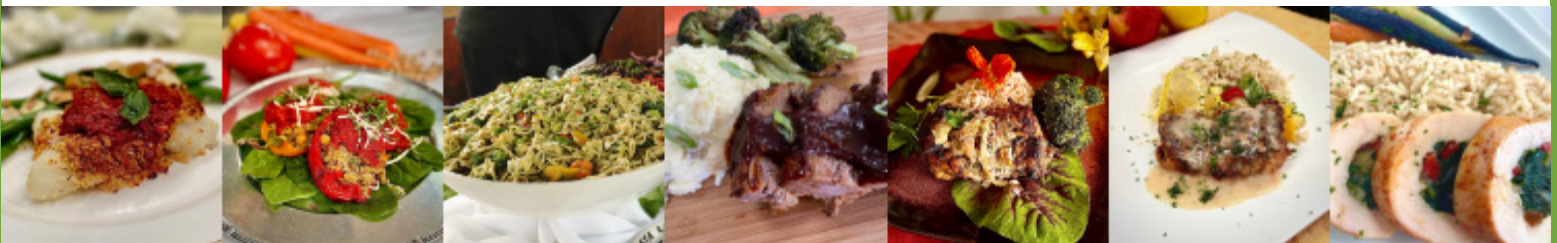
Whole Grain Pasta with Marinara

Chef's Mixed Greens with Italian Dressing

Chef's Vegetable Medley

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BEEF-PORK-TURKEY

BEEF KEBAB SKEWERS

Organic Green Salad with House Dressing
Mediterranean Rice Pilaf
Green Beans with Tomato

BBQ PULLED PORK

Organic Garden Salad with House Dressing
Super Slaw with Kale and Kohlrabi
Mashed Sweet Potato

TURKEY BURGERS

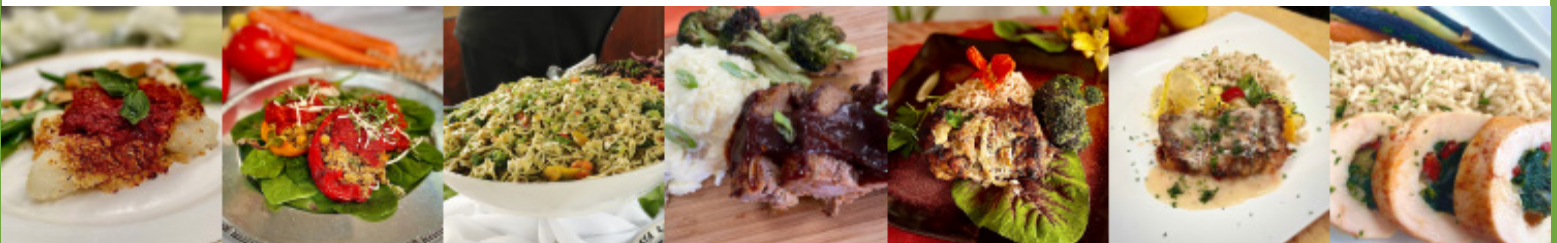
On Whole Wheat Kaiser Rolls
Herb Roasted Sweet Potato, Chef's Vegetable Medley
Spinach Salad with Golden Raisin, Carrots in Citrus Vinaigrette

MEATLOAF W/ GRASSFED BEEF & TURKEY

Organic Salad with House Dressing
Roasted Butternut Squash & Sweet Potato or Creamy Mashed Potato
Sauteed Green Beans

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VEGETARIAN

VEGETARIAN BLACK BEAN BURGERS

On Whole Wheat Burger Buns
Feta with Roasted Peppers and Onion Topping
Super Slaw with Kohlrabi, Brussel Sprouts & Kale

VEGETARIAN OPTIONS

Marinated Tofu
Vegetarian Stuffed Peppers
Pasta Marinara with Roasted Vegetables
Roasted Red Pepper Hummus
Quinoa Orzo
Tomato & Chickpea Salad

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