Planning a party or lunch meeting for 10 or more?

Try our Poke Bar. Guests can build their own regular-size poke bowl from a buffet-style spread for \$17/person.

Choose 2 bases, 2 proteins, 5 toppings, and 4 sauces (scallions and sesame seeds included at no charge).

BASES

White Rice / Brown Rice / Baby Greens

PROTEINS

Tuna* / Spicy Tuna* / Raw Salmon* / Poached Salmon Shrimp / Marinated Steak / Chicken / Marinated Tofu

Cucumber / Edamame / Shaved Red Onion / Serrano Peppers / Spicy Pickled Beets / Fried Onions Crispy Garlic / Cashews / Pickled Ginger / Togarashi Crisp / Toasted Coconut / Carrots / House Kimchi / Radishes Grape Tomatoes / Grilled Pineapple / Smashed Avocado** / Seaweed** / Crab Salad**

**Add \$1/person

SAUCES

Poke Sauce (vegan) / Volcano Sauce (vegan) / Spicy Aioli / Unagi Glaze (vegan) / Scallion Ginger Aioli Creamy Wasabi / Yuzu (vegan) / Carrot Habanero (vegan) / Sweet Mango Chili (vegan) / Avo-Coco-Lime Aioli (vegan)

Add an additional topping or sauce, \$1/person. Add an additional protein, \$3.5/person.

Please place order 2 days in advance for pickup, 5 days for delivery.



DEEP RIVER KETTLE CHIPS 2

Mesquite BBQ, Sweet Maui Onion, Sea Salt & Vinegar, Rosemary & Olive Oil

SEAWEED AND CUCUMBER SALAD 5

With Sesame Ginger Vinaigrette

BEVERAGES

KLARBRUNN SPARKLING WATER 2

Strawberry Guava, Blueberry Pomegranate, Cherry Lime, Pomelo Grapefruit

CANNED SODA 2

Coke, Diet Coke, Sprite

FIJI BOTTLED WATER 16.9 OZ 3

*Consuming raw or undercooked eggs and meats increases the risk of food-borne illnesses and will be served only upon customer request.

Our food and drink menu (with the exception of beer) is dairy and gluten free, but our kitchen is not an allergen-free environment.



For questions or to place your order, contact us at 608.416.5241 or miko@foodfightinc.com. Catering orders include compostable bowls, forks, chopsticks, and napkins. Poke Bars require a \$50 deposit, and 50% of total cost will be charged for cancellations made within 24 hours of pickup or delivery. Prices do not include 10% service charge and 5.5% state sales tax.

Pick up or delivery available; 15% charge for all delivery orders. We also offer individual bowls for group orders. Please contact us for additional information and to place your group order.



