

Fellow

Catering Menu

SALADS & SUCH SALADS

Small \$30 (3-5) Medium \$45 (6-9) Large \$60 (10-13) Family \$90 (14+)

TUSCAN KALE Quinoa, Farro, Currants, Apricot, Sunflower Seeds, Lemon & Olive Oil

CLASSIC COBB Gem Lettuce, Hard Boiled Hen Egg, Bacon, Tomato, Blue Cheese, Avocado

CHOPPED Garbanzo Beans, Tomato, Cucumber, Peppers, Red Wine vinaigrette

CHINESE CHICKEN Pea Shoots, Bean sprouts, Carrot, Wontons, Toasted Peanuts, Cilantro, Tatsoi, Green Onion, Sesame Dressing

ADD A PROTEINS Salmon \$8 Hanger Steak \$7 Chicken Breast \$5 Tofu \$5

BIGGIES SMALL

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CHICKEN PAILLARD Sautéed Chicken Breast, Lemon-Caper Sauce, Arugula

GRILLED STEAK & TOTS Prime Hanger Steak, Seasoned Tots, Chimichurri

BAKED SALMON FILET Cucumber Raita, Baby Tomato, Hearts of Palm

TOFU STEAK Bean Sprouts, Shiitake Mushrooms, Scallions, Chili Vinaigrette, Sesame

SANDIES

(skinny style avail.) Small \$30 (3-5) Medium \$45 (6-9) Large \$60 (10-13) Family \$90 (14+)

ROASTED TURKEY B.L.T.A. House Cured Bacon, Avocado, Lettuce, Tomato, Kewpie Mayo,

VEGGIE PESTO SPINACH WRAP Portobello Mushroom, Black Eye Pea Falafel, Kale Pesto, Roasted Peppers

MOM'S TUNA SALAD Cucumber, Tomato, Sprouts, Lettuce, Olive, Pickle Relish

SMALLS SMALL

SMALLS Small \$30 (3-5) Large \$60 (10-13)

HUMMUS AND OLIVE TAPENADE Za'atar, EVOO, Flatbread

MAC N' CHEESE Add Truffle \$8/\$16 Add Bacon \$12/\$20

CREAMY MASHED POTATOES Crispy Garlic & Parmesan Add Gravy \$8/\$15

CREAMY TOMATO SOUP \$15 One quart Serves 4

FRESH BAKED BREAD Olive Oil & Balsamic

VEGGIES SMALL

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CHARRED BRUSSELS green curry, toasted buckwheat, balsamic reduction

ROASTED CARROTS & pearl onions | brown butter, honey poppy seed

SAUTEED KALE Garlic, Chili Lemon, Herbed Breadcrumbs

CHARRED BROCCOLINI Parmesan Breadcrumbs

BREAKY

Small \$30 (3-5) Medium \$45 (6-9) Large \$60 (10-13) Family \$90 (14+)

SPINACH & MUSHROOM QUICHE Manchego Cheese, Sautéed Onion, Bell pepper

SMOKED SALMON PLATTER Bagels, Whipped Cream Cheese, Sliced Tomato, Cucumbers, Red Onion, Capers

SEASONAL FRUIT PLATTER Straus Dairy Yogurt

STEEL CUT OATMEAL Brown Sugar, Strawberries

SCRAMBLED EGGS/BACON PLATTER Cage free eggs, Applewood Smoked Bacon

THE GOODIES All Goodies \$3 ea.

COOKIES Chocolate Chip, Peanut Butter & Jelly

ALMOND CROISSANTS

BLUEBERRY MUFFINS

DRINKS All Drinks \$3 ea.

HONEST TEA Unsweet Lemon, Half Tea/Half Lemonade

EVIAN BOTTLED WATER

FRESH SQUEEZED JUICES Orange, Grapefruit

SOFT DRINKS Coke, Diet Coke, Sprite

BOTTLED COLD BREW \$5