



Veggie Grill by Next Level Nutrition Information

Shareables

Item Name	Calories	Fat Calories	Total Fat	Saturated Fat	Sodium	Total Carb	Fibers	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
Crispy Cauliflower	382	210	21	5	1	28	8	7	7	88	8	100	2
Buffalo Sauce	67	59	7	2	1202	2	0	1	0	4	0	0	0
Orange Glaze Sauce	96	0	0	0	542	23	0	21	1	109	13	4	1
Truffle Mac n Cheese	927	479	49	11	1746	81	16	36	15	289	29	204	5
Chick'n Tenders (3)	336	0	19	3	233	21	1	2	21	0	0	0	0
Buffalo Sauce	58	30	4	1	601	1	0	1	0	2	0	0	0
BBQ Sauce	40	7	1	0	490	9	0	8	0	0	0	3	0
Ranch Dressing	58	54	6	0	112	1	0	0	0	22	0	6	0
Celery Stick (4)	6	0	0	0	30	1	1	0	0	163	1	14	0
Chick'n Tenders (6)	672	0	37	7	466	43	2	5	42	0	0	0	0
Buffalo Sauce	67	59	7	2	1202	2	0	1	0	4	0	0	0
BBQ Sauce	81	15	2	0	980	18	0	16	0	0	0	6	0
Ranch Dressing	117	108	12	1	224	2	0	0	1	45	1	11	0
Celery Stick (4)	6	0	0	0	30	1	1	0	0	163	1	14	0
Buffalo Tenders (3)	403	59	26	5	1435	23	1	3	21	4	0	0	0
Ranch Dressing	117	108	12	1	224	2	0	0	1	45	1	11	0
Celery Stick (4)	6	0	0	0	30	1	1	0	0	163	1	14	0
Buffalo Tenders (6)	739	59	44	9	1668	45	2	6	42	4	0	0	0
Ranch Dressing	117	108	12	1	224	2	0	0	1	45	1	11	0
Celery Stick (4)	6	0	0	0	30	1	1	0	0	163	1	14	0



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Mas Veggies

Item Name	Calories	Fat Calories	Total Fat	Saturated Fat	Sodium	Total Carb	Fibers	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
Southwestern Nachos	899	267	58	13	2088	79	13	8	20	2110	62	98	5
Smokey Asada Mushroom Tacos	394	206	23	3	1113	44	8	8	8	654	38	68	3
Steak Fajita Quesadilla	960	239	42	16	2393	102	13	8	39	958	19	99	7
Baja Fish Taco	490	242	27	2	1358	54	10	6	15	3133	52	114	22



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Salads

Item Name	Calories	Fat Calories	Total Fat	Saturated Fat	Sodium	Total Carb	Fibers	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
Sesame Tofu Supergreens	720	123	24	2	977	68	12	12	34	2795	90	530	9
Caesar Crunch Salad	385	201	31	3	925	18	6	2	8	139	57	209	3
All Hail Kale	502	234	32	5	832	43	8	17	8	2075	152	267	3
B-wing Salad	782	343	63	14	2155	47	11	11	67	1471	32	127	10



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Bowls

Item Name	Calories	Fat Calories	Total Fat	Saturated Fat	Sodium	Total Carb	Fibers	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
Ranchero Bean Fiesta Bowl	1058	396	53	13	1989	112	19	11	33	1431	137	345	13
Moroccan Lentil Soup (Bowl)	333	57	6	1	595	41	18	8	15	484	8	14	21
Far East Thai Chick'n Bowl	844	185	21	15	1856	108	9	28	2563	2608	22	92	9
Sonoran Bowl	615	125	19	8	1470	93	16	8	2343	10205	17	58	10
add Asada Steak	192	0	1	7	338	8	2	1	24	0	0	23	2
add Asada Mushroom	101	77	9	2	316	5	1	2	3	0	0	20	0
Cali Power Bowl	776	226	41	5	1203	70	20	14	26	2332	120	241	6
Steak Kimchi Bowl	765	172	27	3	2550	93	12	20	34	2733	96	227	21



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Burgers

Item Name	Calories	Fat Calories	Total Fat	Saturated Fat	Sodium	Total Carb	Fibers	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
Sunrise Kimchi Burger	670	136	41	9	1581	51	6	7	27	112	2	106	4
Steakhouse Burger	648	88	38	14	1335	49	2	8	26	78	1	105	6
VG Classic Burger	691	50	44	17	1442	23	4	4	40	283	6	171	9
Ultimate Mushroom Veggie Burger	429	86	12	5	4856	63	5	12	11	597	15	43	2



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Sandwiches

Item Name	Calories	Fat Calories	Total Fat	Saturated Fat	Sodium	Total Carb	Fibers	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
Pesto Parm Chick'n	753	81	39	7	1444	72	6	12	33	740	10	92	6
Bahn Mi Sandwich	542	130	23	16	1307	42	4	17	2349	1082	23	48	3
Buffalo Bomber Sandwich	674	168	34	6	2867	66	3	10	30	280	111	76	8
Santa Fe Chick'n Sandwich	549	155	29	2	1522	47	6	8	28	492	13	47	4



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Sides

Item Name	Calories	Fat Calories	Total Fat	Saturated Fat	Sodium	Total Carb	Fibers	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
Crispy Fries Large	487	227	20	3	1443	66	6	8	6	431	1	30	2
Crispy Fries Small	376	134	15	2	1324	52	5	8	5	408	1	24	2
Sweet Potato Fries Large	619	250	28	5	845	88	10	22	4	20618	2	82	4
Sweet Potato Fries Small	464	188	21	3	773	66	8	16	3	15463	2	62	3
Moroccan Lentil Soup Side	136	28	3	1	297	20	9	4	7	242	4	7	11
Mac N Cheese	429	0	29	8	712	9	5	1	0	0	0	0	1



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Wraps

Item Name	Calories	Fat Calories	Total Fat	Saturated Fat	Sodium	Total Carb	Fibers	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
Cali Chick'n Wrap	699	237	33	5	1367	69	8	3	32	559	17	101	7
Caesar Crunch Wrap	679	201	38	5	1243	71	8	2	15	6961	57	249	6
with Chick'n Tenders	210	0	9	1	600	18	1	1	15	0	0	0	2
with Beyond Steak	219	0	1	8	387	9	3	1	27	0	0	26	2
Buffalo Blitz Wrap	616	165	26	5	1735	73	8	4	23	689	6	94	6



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Kids Menu

Item Name	Calories	Fat Calories	Total Fat	Saturated Fat	Sodium	Total Carb	Fibers	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
Kids Burger	611	1	27	10	1476	53	4	14	31	5124	6	155	8
Crispy Chick'n Tenders	282	54	18	5	267	30	1	2	14	22	0	58	0
Kids Cheese Quesadilla	451	164	18	7	1148	59	4	0	9	1	0	104	3
Kids Mac N Cheese	429	0	1	0	712	9	5	1	0	0	0	0	1
Crispy Fries Kids	319	112	12	2	1259	45	4	8	4	4807	2	26	1
Sweet Potato Fries Kids	387	157	17	3	707	55	6	14	3	12886	2	52	2
Diced Mangos	192	2	1	0	0	48	6	0	2	274	136	36	0