

ENTREES

● Chicken Fried Chicken
A tender chicken breast covered with our special seasoned flour and fried golden, then topped with country gravy. 9.99

Roast Beef
Lean, tender chunks of beef cooked slowly in seasoned juices, served with brown gravy. 9.99

Country Fried Steak
Lean and tender steak battered and fried, then topped with country gravy. 9.99

Hamburger Steak*
Half pound steak grilled and topped with sautéed mushrooms and onions with brown gravy. 9.99

Chicken Tenders
Pieces of tender white meat fried and served with gravy or sauce. 8.99

● Liver & Onions
Grilled and topped with sautéed mushrooms and onions. Lite 7.49 | Regular 8.99

Smoked Pork Chops
Center cut, thick and juicy, grilled to perfection. 9.99

Western Hamburger Steak*
Half pound steak grilled and topped with two slices of bacon, shredded cheddar cheese, diced tomatoes, onions and bell peppers. 10.99

Country Style Chicken & Rice
Mesquite tender chicken breasts served on a bed of rice with sautéed mushrooms and onions, topped with Swiss cheese. 9.99

Smothered Chicken Breast
Tender chicken breast grilled and topped with Swiss cheese, diced bell peppers, onions and mushrooms. 9.99



= Favorites
 = Lite Items

STEAK & SEAFOOD

All of our beef is aged, certified premium USDA Choice. Served with your choice of baked potato, mashed potatoes with gravy, French fries or veggie rice, and either a house salad or soup of the day

Apple Steak*
A 7oz sizzling sirloin smothered in grilled onions, mushrooms and bell peppers, covered with Swiss cheese. 11.99

Steak & Shrimp*
Five large, golden fried shrimp with a 14oz rib eye steak. 18.99

Grilled Tilapia
Two filets of tilapia lightly seasoned, then grilled to perfection and topped with a rich hollandaise sauce. 9.99

Salmon Fillet
Seasoned and basted with lemon butter. 11.99

● Rib Eye*
A 14oz tender and juicy rib eye. 16.99

New! Grilled Shrimp
12 perfectly grilled shrimp with fresh vegetables served on a bed of rice. 12.99

7oz Sirloin Steak* 10.99

Fried Shrimp
Ten large shrimp deep fried and served with cocktail sauce. 12.99

Cod Fillets
Three fillets fried and served with tartar sauce, hush puppies and cole slaw. 9.99

● Catfish
Two 4oz fillets fried or grilled and served with tartar sauce, hush puppies and cole slaw. 9.99

PASTA SELECTIONS

Served with garlic bread and your choice of house salad or cup of soup

Chicken Parmesan
Grilled chicken breast smothered in mushrooms and marinara sauce, topped with provolone and parmesan cheese. 8.99

Chicken Alfredo
Marinated grilled chicken breast served over pasta with broccoli and mushrooms, then covered with a rich Alfredo sauce. 9.99

New! Shrimp Alfredo
12 Shrimp 11.99

Italian Meatball
Large meatballs on fresh pasta covered with marinara sauce and provolone cheese. 8.99

● 3 Way Chili
Chili over spaghetti topped with cheddar cheese. 6.99

● 4 Way Chili
Chili with beans over spaghetti topped with cheddar cheese. 7.99

DESSERTS

Apple Pie 3.99
With premium vanilla ice cream. 4.99

Pecan Pie 3.99
With premium vanilla ice cream. 4.99

Cinnamon Roll 3.99

New York Style Cheesecake 3.99
Add strawberries or blueberries. .99

Vanilla Ice Cream (two scoops) 1.49

● Rustic Apple Tart
Orchard fresh apples topped with cinnamon and baked in a buttery, flaky crust with premium vanilla ice cream. 4.99

● Triple Berry Tart
Blackberries, blueberries and raspberries baked together in a flaky crust with premium vanilla ice cream. 4.99

APPETIZERS

● Apple Barrel Tower
Onion Rings (3), Mozzarella Cheese Sticks (2), Stuffed Jalapeño Peppers (2), Chicken Strips (2), and Fried Mushrooms (4) 7.99

Battered Green Beans 5.99
Fried Green Tomatoes 5.99
Fried Mushrooms 5.99

New! Homemade Onion Rings 2.99

Stuffed Jalapeño Peppers (8) 5.99
Mozzarella Cheese Sticks (8) 5.99



FRESH GARDEN SALADS

Choice of dressings: Ranch, French, 1000 Island, Blue Cheese, Caesar, Balsamic Vinaigrette, Italian, Honey Mustard

Garden Combo
Garnished with cucumbers, tomatoes, carrots, black and green olives, cherry peppers, sliced almonds and a hard boiled egg. Topped with cheddar and provolone cheese. 5.99

Spinach Salad
Fresh spinach, eggs, diced bacon, mushrooms, tomatoes, onions and choice of dressing. 7.99

Tuna Salad
Homestyle tuna salad garnished with cucumbers, tomatoes, carrots, black and green olives, cherry peppers, sliced almonds and a hard boiled egg. Topped with cheddar and provolone cheese. 7.99

Chicken, Spinach & Apple
Fresh spinach tossed with balsamic vinaigrette dressing and sliced apples. Topped with diced crispy fried chicken, bacon bits, hard boiled eggs tomatoes and cheddar cheese. 9.99

Chicken Caesar
Romaine lettuce served with a marinated grilled chicken breast, croutons and Caesar dressing. 8.99

Avocado Salad
Ripe, plump avocado slices garnished with cucumbers, tomatoes, carrots, black and green olives, cherry peppers, sliced almonds and a hard boiled egg. Topped with cheddar and provolone cheese. 8.99

New! Chicken Salad
A wonderful blend of cranberries, pecans, and crushed pineapples, in a creamy mayonnaise dressing with just a hint of honey. 9.99

Taco Salad
A bed of chips covered with chili, then topped with lettuce, tomatoes, olives, avocado, cheddar cheese, sour cream and salsa. 7.99

● Ultimate Chef
Lean ham and turkey breast on a bed of lettuce garnished with cucumbers, tomatoes, carrots, black and green olives, cherry peppers, sliced almonds and a hard boiled egg. Topped with cheddar and provolone cheese. 8.99

Grilled or Fried Chicken
Tender strips of grilled or fried chicken breast served on a bed of lettuce garnished with cucumbers, tomatoes, carrots, black and green olives, cherry peppers, sliced almonds and a hard boiled egg. Topped with cheddar and provolone cheese. 8.99

Salmon Salad
A perfectly grilled salmon on a bed of lettuce, garnished with cucumbers, tomatoes, carrots, black and green olives, cherry peppers, sliced almonds and a hard boiled egg. Topped with cheddar and provolone cheese. 10.99

SOUP & STUFF

Soup of the Day Cup 2.99 Bowl 4.99

Cup of Soup & House Salad 6.99

Frito Chili Pie With cheddar cheese 5.99

Four Veggie Plate
Your choice of our four veggies: carrots, peas, pinto beans, hash browns, French fries, okra, zucchini, broccoli, cottage cheese, mashed potatoes, corn, green beans, cole slaw or applesauce. 6.99

Chili Cup 3.99 Bowl 5.99

Loaded Chili Cheese Fries
Fries covered with chili and cheese. 6.99

HEALTHY WRAPS

Chicken Wrap
Chicken breast, lettuce, and tomato. 7.99

Bacon Chicken Wrap
Chicken breast, bacon, mushrooms and Swiss cheese. 8.99

Tuna Wrap
Tuna salad, lettuce, tomato and cheese. 7.99

Veggie Wrap
Spinach, avocado, lettuce, tomato, onions, mushrooms, black and green olives, cheddar & provolone cheese. 7.99

Chicken Salad Wrap
A wonderful blend of cranberries, pecans and crushed pineapples in a creamy mayo dressing with just a hint of honey. 8.99

CALORIE WATCH

Chicken Sandwich
A tender, grilled chicken breast on a grilled bun with lettuce and tomato served with fresh fruit 7.99 (500 Calories)

Half Turkey Sandwich
One slice of wheat toast with turkey, lettuce and tomato served with fresh fruit. 5.99 (320 Calories)

Seasonal Fresh Fruit
3.99 (280 Calories)

Grilled Tilapia Dinner
Served with steamed broccoli and fresh fruit. 8.49 (490 Calories)

Grilled Chicken Breast Dinner
Served with steamed broccoli and fresh fruit. 8.49 (520 Calories)

RIGHT SIZED

For our guests with a lighter appetite

Catfish One 4oz fillet fried or grilled and served with tartar sauce, hush puppies and cole slaw. 8.49

Roast Beef Lean, tender chunks of beef cooked slowly in seasoned juices. Topped with brown gravy. Served with mashed potatoes, choice of vegetable, and a side salad or cup of soup. 8.49

Grilled Tilapia One filet of tilapia lightly seasoned, then grilled to perfection and topped with rich hollandaise sauce. Served with mashed potatoes, choice of vegetable, and a side salad or cup of soup. 8.49

1/3lb Gourmet Char Burger
Lettuce, pickle, tomato, onion, mustard or mayo. Served with your choice of French fries or onion rings. 5.99 Add cheese. .99

Smoked Pork Chop One center cut thick and juicy smoked chop, grilled to perfection. Served with mashed potatoes, choice of vegetable, and a side salad or cup of soup. 8.49

4 Way Chili Chili with beans over spaghetti topped with cheddar cheese. Served with garlic bread and your choice of house salad or cup of soup. 6.59

BREAKFAST, LUNCH & DINNER

Bixby
918-366-2600
Fax 918-366-3200
15225 S. Memorial
Bixby, OK 74008

Broken Arrow
918-286-3300
Fax 918-286-3388
3806 S. Elm Place
Broken Arrow, OK 74014

Tulsa
918-701-2002
Fax 918-701-2039
6514-A East 101st St. South
Tulsa, OK 74133

WWW.APPLEBARRELCAFE.COM

OPEN EVERY DAY • TO GO ORDERS WELCOME

*The consuming of raw or undercooked eggs, meat, poultry, seafood or shellfish may increase your risk of foodborne illness, especially if you have a medical condition.

BREAKFAST MENU

OMELETS

All of our omelets are made with 3 eggs. Served with your choice of hash browns, home fries, grits or sliced tomatoes and either biscuits and gravy, toast or one pancake

Meat Lovers
Bacon, sausage, ham, bell peppers, onions and cheddar cheese 9.99

Western
Ham, onion, tomato, bell peppers and cheddar cheese 8.99

Apple Farmers
With cheddar cheese, bell peppers, onions, tomatoes and mushrooms 8.99

Santa Fe
Diced chicken breast, onions, tomatoes, bell peppers and cheddar cheese 8.99

Bacon, Ham or Sausage 7.99

Bacon & Avocado Omelet
Bacon, avocado, tomatoes and Swiss cheese 6.99

South of the Border
Chili, tomatoes, onions, bell peppers and cheddar cheese 8.99

Philly Style
Tender Philly beef steak with onions, bell peppers, mushrooms and mozzarella cheese 9.99



FROM THE GRIDDLE

All griddle items are served with margarine and syrup. Add bacon or sausage 2.29. Add ham 2.49. Add raisins, pecans, strawberries, blueberries, banana, or chocolate chips 1.00

PANCAKES All Pancakes Made From Scratch!

New! Tuxedo Pancakes
2 pancakes with white chocolate and dark chocolate chips baked in side the batter!

Blueberry or Chocolate Chip Pancakes
(1) 3.99 (2) 4.99 (3) 5.99

Apple Pancakes
Sliced, cooked cinnamon apples with brown sugar (1) 3.99 (2) 4.99 (3) 5.99

Pancakes
(1) 2.99 (2) 3.99 (3) 4.99

Banana Pecan Pancakes
(1) 3.99 (2) 4.99

Butter Pecan Pancakes
Made from scratch pancakes filled with pecans and topped with whipped cream and drizzled with caramel sauce (1) 3.99 (2) 4.99 (3) 5.99

BELGIAN WAFFLES

Grand Waffle Platter*
Waffle with two large eggs, three bacon strips and your choice of either two sausage patties or four sausage links 9.99

New! Chicken & Waffle
2 hand breaded chicken tenders on a belgium waffle with powdered sugar sprinkled on top 9.99

New! Bacon Waffle
Made with Bacon & Cheddar Cheese baked inside the batter! 6.99

New! Cinnamon Waffle
Made with Cinnamon and Sugar baked inside, topped with a smooth vanilla glaze 6.99

Belgian Waffle
With fruit and whipped creme. Choice of blueberry, apple, banana, or strawberry 6.99

Pecan Waffle 6.99

Waffle 5.49

FRENCH TOAST

French Toast Deluxe
French toast with two large eggs and three bacon strips and your choice of either two sausage patties or four sausage links 8.99

French Toast 5.49

EGGSQUISITE SKILLETS

Made with 2 eggs anyway you like, served over our home fries, with toast or pancake

Ribeye Steak Skillet
Sliced steak, mushrooms, onions, and provolone cheese. 9.99

Chorizo Sausage Skillet
Spicy chorizo sausage, onions, tomato, jalapeno, cheddar cheese, served with salsa and sour cream. 8.99

Shamrock Skillet
Corn beef hash, provolone cheese, and spinach. 8.99



LUNCH & DINNER MENU

APPLE BARREL SPUDS

Chicken Melt Spud
Grilled chicken breast with onions and mushrooms, Swiss and cheddar cheese. 6.99

Broccoli & Cheddar Cheese Spud 6.99

New! Philly Steak Spud 7.99

Ham & Cheese Melt Spud
Hardwood smoked ham with shredded cheddar and provolone cheese. 6.99

APPLE BARREL BURGERS

Gourmet Char Burger*
Lettuce, pickle, tomato, onion, mustard or mayo. 6.99

Patty Melt*
Served on grilled rye bread with sautéed onions and Swiss cheese. 8.59

Cheeseburger*
Topped with American cheese. 7.99

Double Cheeseburger*
Double meat and double the cheese. 10.99

Bacon & Pepper Jack Burger*
Topped with two slices of bacon and spicy pepper jack cheese. 8.99

Farm Boy*
Served on grilled Texas toast and topped with brown gravy. 7.99

Mushroom Swiss Burger*
Topped with sautéed mushrooms and Swiss cheese. 8.59

Egg Cheeseburger*
Topped with a fried egg, cheese, lettuce, tomato, onion and a pickle. 8.99



All burgers come with lettuce, pickle, tomato, & onion and are 1/2 pound patties cooked to order and served with your choice of French fries or onion rings. Add bacon, a fried egg or chili .99

SIGNATURE SANDWICHES

Served with your choice of a cup of soup, or French fries, or onion rings. Served on your choice of white or wheat bread or a French roll.

California Avocado
Fresh sliced avocados with vegetables and three cheeses. 6.99

BLT with Avocado Slices
With mayo, lettuce and tomato. 7.99

Grilled Chicken Breast
Served with mayo, lettuce and tomato. 7.99

Tuna Salad Sandwich
With mayo, lettuce and tomato. 6.99

Great Reuben
Thinly sliced eye of round cornedbeef, sauerkraut and Swiss cheese on grilled rye bread with your choice of mustard or thousand island dressing. 7.99

Meatball
Meatballs smothered with marinara sauce and provolone cheese on a French roll. 7.99

Open Faced Roast Beef
Served on Texas toast and smothered with brown gravy. 7.99

Roast Beef
With mayo, lettuce and tomato. 7.99

Fish Sandwich
Golden fried fish with lettuce, tomatoes, pickles and onions. 8.99

Ham or Sliced Turkey & Swiss
With mayo, lettuce and tomato. 6.99

Grilled Cheese
Our version of a classic sandwich. 6.99

Chicken Parmesan
Tender strips of chicken breast marinated in garlic and oregano, grilled and topped with marinara sauce and provolone cheese, served on a French roll. 7.99

Chicken Fried Chicken Sandwich
Hand made chicken fried chicken breast, mayo, pickles, tomato, on a fresh bun 9.99

Egg Sandwich
Two eggs of your choice, American cheese, lettuce, tomatoes and pickles. 6.99

Chicken Salad Sandwich
A wonderful blend of cranberries, pecans and crushed pineapples in a creamy mayo dressing with just a hint of honey. 7.99

Philly Chicken
Sliced, grilled chicken breast topped with sautéed onions, bell peppers and mushrooms, then covered with Swiss cheese on a French roll. 8.99

Philly Cheesesteak
Sliced Philly steak with sautéed onions, bell peppers and mushrooms, then covered with Swiss cheese on a French roll. 8.99

Triple Decker
Sliced lean ham and turkey breast, bacon, lettuce, tomato, Swiss and American cheese, pickles and mayo on grilled bread. 9.99

SIDES

Cole Slaw 1.49 • Cheese .99
Applesauce 1.49 • Carrots 1.49
Peas 1.49 • Pinto Beans 1.49
Baked Beans 1.49 • Green Beans 1.49
Cottage Cheese 1.99 • French Fries 1.99
Broccoli & Cheese 1.99
Onion Rings 2.99
Veggies & Rice 1.99 Hash Browns or Home Fries 1.99 • Baked Potato 3.99
Okra 1.99 • Zucchini 1.99
Mashed Potatoes 1.99 • Corn 1.29

SUNRISE SPECIALS

Early Bird*
Breakfast Ham Steak 11.99 • Half Ham Steak 9.99

Rancher's Delight*
A chicken fried steak or chicken fried chicken with country gravy 10.99

7oz Sirloin Steak & Eggs* 10.99

Daylight* Two juicy pork chops 8.99

Corned Beef Hash* 8.99

Two Large Eggs* 5.99 | One Large Egg* 4.99

Served with your choice of hash brown, home fries, grits or sliced tomatoes and either biscuits and gravy, toast or one pancake. Add four strips of bacon, two sausage patties or four links 2.29 | Add ham 2.49

BREAKFAST CLASSICS

All Classics are served with two large eggs your style

Apple Farmer's Combo*
Three bacon strips and a slice of ham with either two sausage patties or four sausage links served with two pancakes 9.99

Stars & Stripes*
Three bacon strips with your choice of either two sausage patties or four sausage links served with two pancakes 8.99

Eggs Benedict*
Canadian style bacon on an English muffin topped with two eggs and smothered with a rich hollandaise sauce, served with hash browns 8.99 | Add one pancake .99

Melt Dawn*
Golden hash browns topped with cheddar cheese, mushrooms, onions, bell peppers, tomatoes, ham, bacon and sausage. Served with biscuits and gravy, toast or one pancake. 9.99

APPLE BARREL CREPES

1. Chicken Crepes

Chicken breast sautéed with fresh spinach, mushrooms and onions in a light seasoning, then rolled inside two crepes with Swiss cheese and topped with a rich hollandaise sauce. 8.99

2. Farmer Stuffed Crepes

Two crepes stuffed with Swiss cheese, scrambled eggs, fresh spinach, mushrooms and onions, then topped with a rich hollandaise sauce and diced tomatoes. 7.99

3. The Apple Crepe

Two delicious crepes filled with a rich, sweet cream cheese. Choose from strawberries, blueberries or cinnamon apple topping. 6.99

4. **New!** Nutella Banana Crepes

Two delicious crepes filled with chocolate Nutella and fresh bananas. 7.99

5. **New!** Nutella Strawberry Crepes

Two delicious crepes filled with chocolate Nutella and fresh strawberries. 7.99

BREAKFAST CALORIE WATCH

1. Turkey Bacon Omelet

Four strips of turkey made with egg substitute topped with Swiss cheese, served with fresh fruit. 8.99 (420 Calories)

2. Spinach Mushroom Omelet

Spinach, mushrooms and Swiss cheese topped with diced tomatoes, served with fresh fruit. 8.99 (330 Calories)

3. Apple Barrel Breakfast

Scrambled egg substitute with four strips of turkey bacon and fresh fruit. 8.99 (350 Calories)

4. Whole Wheat French Toast

Two slices of wheat toast served with scrambled egg substitute and two strips of turkey bacon, served with fresh fruit. 8.99 (490 Calories)

5. Low Fat Fitness Omelet

Egg whites, fresh mushrooms and broccoli with sliced tomatoes and toast (3 eggs) 8.99

BREAKFAST SIDES

Hash Browns or Home Fries 2.49

Grits or Oatmeal 2.99 • Ham 2.49

4 Bacon, 2 Patties or 4 Links 2.49

Turkey Bacon 2.89 • 1/2 lb Hamburger 5.99

Toast or Biscuit 1.29 • Cup of Fruit 2.99

Biscuits or Toast & Gravy 1.99

Double Biscuits & Gravy 2.99

Ham Steak 8.99 • 1/2 Ham Steak 6.99

BEVERAGES

Juices (Apple, orange, grapefruit, tomato) SM 2.59 | LG 3.99
Milk SM 1.99 | LG 2.99 • Chocolate Milk SM 2.59 | LG 3.99
Hot Chocolate 2.39 • Peach Tea, Iced Tea, Lemonade 1.99 • Coffee 1.69

New! Gourmet Hot Tea 2.69

Table side options to choose from include: Simply Organic Mint, Organic Spring Jasmine, Organic Coconut Rooibos Spice, Organic Orange Jasmine, Tropical Organic Green, Organic Sweet Chamomile Citrus, and Aromatic Organic Chai Soft Drinks 1.99

Pepsi, Diet Pepsi, Dr. Pepper, Diet Dr. Pepper, Root Beer, Sierra Mist, Mountain Dew Old Fashioned Milk Shakes 3.49

Vanilla, Chocolate, and Strawberry Milk Shakes made with Real Hand Dipped Ice Cream

*The consuming of raw or undercooked eggs, meat, poultry, seafood or shellfish may increase your risk of foodborne illness, especially if you have a medical condition.

= Favorites
 = Lite Items