GLUTEN FREE DINNER

While we take care in preparing your food, because of the handcrafted nature of our menu items, the variety of procedures used in our kitchens, shared cooking and preparation areas and equipment and our reliance on our suppliers, we cannot make any guarantees of 100% gluten free items and disclaim liability for their consumption.

These items have been prepared with gluten free ingredients and preparations.

Gluten free flatbread or buns will be substituted where applicable. We use gluten free soy sauce for all preparations requiring soy sauce.

BAR FAVORITES

ELOTE "STREET CORN" DIP 12.25

HUMMUS 11.25

jalapeno, chili powder, cotija, cilantro, corn tortilla chips

olive-pepper relish, lemon oil, gluten free flatbread

- PLATES

TANDOORI CHICKEN KABOBS hummus, tabbouleh salad, pomegranate, balsamic, lemon oil, cilantro
SPICY SHRIMP LETTUCE CUPS lime crema, pickled onions, diced cherry peppers, guacamole, smoked pineapple glaze 18.75 served with a side of ranchero rice and beans
SHRIMP & GRITS prosciutto, white cheddar grits, ham hock braised collard greens, cajun beurre blanc
TAP BURGER* american cheese, special sauce, lettuce, red onion, pickles, udi's gluten free bun, side house salad18.50
CHICKEN SANDWICH grilled chicken, pickled green tomatoes, pimento cheese, shredded romaine, gluten free bun 17.00 served with a side salad
PANCHO MUSSELS chorizo, tomatoes, poblano peppers, garlic
Salads
CAESAR romaine hearts, parmesan crisp, classic dressing
CITY TAP CHOP bacon, blue cheese, olives, egg, roasted tomatoes, shaved onion, white balsamic vinaigrette
GREENS & GRAINS red quinoa, baby kale, arugula, cucumbers, english peas, green goddess dressing
DELHI CHICKEN BOWL tandoori chicken, avocado, arugula, pickled onions, cilantro, scallions, roasted tomatoes 18.35
+ GRILLED STEAK*9.00 SHRIMP 8.00 CHICKEN 6.00 AVOCADO 2.00

GLUTEN FRIENDLY

Items are prepared with ingredients that are not certified gluten free, have minimal amounts of wheat gluten or are prepared in methods causing cross contamination with wheat

BAR FAVORITES -

CHARRED BRUSSELS SPROUTS white miso, pomegranate	25
BBQ'D PULLED PORK NACHOS ranchero beans, nacho & colby jack cheeses, mexican crema,	
cilantro, scallions, red onions, avocado mash	5

Plates

EAST SIDE POKE BOWL marinated tuna, arugula, avocado, scallions, cilantro, pickled onion, miso sauce, sesame
BBQ MEATLOAF mashed potatoes, charred brussels sprouts, honey thyme butter
GRILLED FLATIRON STEAK 10oz flat iron with house rub, house cut fries, steak sauce
BBQ MEALOAF SANDWICH white cheddar, arugula, sunny side up egg
VEGGIE BURGER wild rice, black bean & oat patty, aged cheddar, gluten free bun,
roasted tomatoes, alfalfa sprouts

- BRICK OVEN PIZZA

All pizzas can be prepared with gluten free flatbread. We will make every effort to avoid flour while making your gluten free pizza, however because of the nature of the preparation and the proximity of all of the ingredients to flour these cannot be claimed as 100% gluten free

CLASSIC MARGHERITA tomato sauce, fresh mozzarella, extra virgin olive oil, basil
PEPPERONI curly pepperoni, tomato sauce, mozzarella, oregano, chili flake
FOUR FATHERS bacon, pepperoni, sausage, prosciutto, mozzarella, sliced red onions, cherry peppers
ABE FROMAN fennel sausage, caramelized onions and peppers, provolone
THE G.O.A.T sliced red onions, pistachio pesto, rosemary, truffle honey, goat cheese crema