

# BlakeSt.

## SPA OFFERINGS

### MASSAGE

#### LOT SEVEN MASSAGE

Set your intentions. This light to medium pressure massage utilizes LotSeven Intentions, a BlakeSt-inspired wellness line, to help you choose from four essential oils that best suit your needs. Oils include Uplift, Balance, Purify and Calm.

#### DEEP TISSUE MASSAGE

Warm the body and ease active muscle tension. The focus will be on the deeper layers of muscle tissue to release and relax acute tension.

#### QUARTZ STONE MASSAGE

Embark on a soothing treatment. Our Quartz Stone Massage utilizes Arkansas-mined hot quartz stones to target specific areas and ease tense muscles.

#### CBD MASSAGE

Our CBD Massage uses organic CBD products to target acute pain. Complete your experience with a relaxing CBD face and scalp treatment.

#### ASHIATSU MASSAGE

A custom barefoot massage, that applies deep pressure to areas of the body to help alleviate muscle tension.

#### PREGNANCY MASSAGE

Take care of your evolving body with a custom massage that you can enjoy side-lying or face down on a pregnancy pillow.

#### WARMING GINGER SEASONAL TREATMENT 90MIN

Enjoy an indulging head-to-toe body treatment, inclusive of a 75-minute relaxing massage & 15-minute hydrating face cleanse. Experience a warming ginger & arnica body massage oil to alleviate minor aches & pains. A moisturizing facial cleanse & tranquil scalp massage are also included – enjoy a ginger treat to conclude your experience, leaving you rested & well-hydrated.

#### CUPPING SESSION 30MIN

Cupping involves placing small cups on troubled areas of the body and creating suction to pull the tissue up slightly. This is intended to help relax muscles and tissues, relieve pain, and trigger the body's natural healing processes.

### FACIALS

#### AWAKENING FACIAL 30MIN

Swift yet effective, our Awakening Facial allows your skin to experience a custom pick-me-up. A cleanse for your skin needs, mild-exfoliation & treatment masque are included within your 30-minute facial.

#### HYDRADERMABRASION 30MIN, 60MIN

This non-invasive, multi-step treatment cleanses, diamond tip exfoliates and vacuum extracts. Followed by a soothing facial massage and ending with a tightening cryotherapy session. By removing impurities and replenishing vital nutrients to the skin, you are left with glowing, healthy skin – feeling refreshed, renewed, and invigorated.

#### BACK FACIAL 45MIN

Give your back the attention it deserves. A customized cleanse, exfoliation, extractions (if needed) and a mask nourish your skin leaving you with a healthy, hydrated and glowing back.

#### INTENTIONAL FACIAL 60MIN

Our custom Intentional Facial will be tailored to your skin care needs –calm & soothe, purify & detox, balance & maintain or uplift & glow. A thorough cleanse, exfoliation, extractions, relaxing face massage, and treatment masque are all inclusive.

#### CBD CUPPING FACIAL 60MIN

Increase detoxification & create a more youthful appearance with the use of organic CBD products & gentle face-cupping movements. This custom facial is sure to have you feeling & looking well-rested.

#### QUARTZ STONE FACIAL 75MIN

This facial treatment is sure to relax you, while nurturing your skin care needs. Quartz stones are incorporated to increase circulation & oxygen for a healthy glow from within. A brightening peel is included for a more thorough exfoliation.

#### LED LIGHT FACIAL 90MIN

Our custom LED Light Facial is tailored to your skin care needs to rejuvenate, heal & stimulate collagen production. Enjoy a thorough cleanse, deep-cleansing exfoliation, extractions, relaxing facial massage, a LED light jelly masque and a 20-minute light session.

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## BODY TREATMENTS

### CBD DETOX WRAP AND MASSAGE 90MIN

Detox and relax. This treatment uses organic CBD products and includes a targeted pain relief treatment, dry body brushing, a clay wrap, and massage.

### DUAL SCRUB AND MASSAGE 90MIN

Our three-part treatment begins with dry body brushing, a 60-minute massage for deep relaxation and ends with a Green Envee Bliss body scrub exfoliation to awaken your senses.

### MOM-TO-BE 90MIN

For expectant mothers, nothing beats a relaxing full-body treatment. Inclusive of a magnesium foot soak with dry body brushing & a Green Envee Bliss body scrub. Afterwards, enjoy a 60-minute full-body massage to soothe all your aches. Our Mom-To-Be Treatment uses pregnancy-safe products from Green Envee.

## FACIAL TREATMENTS

### GLOW PEEL AND DERMAPLANING

A glowing combination of our Hibiscus & Lactic peel plus a gentle dermaplane exfoliation, meant to enhance your natural glow from within.

### GLOW PEEL

Meant to enhance your natural glow from within. Our Hibiscus & Lactic treatment will hydrate, increase exfoliation & promote healthy results for days.

### DERMAPLANING

A treatment that leaves your skin feeling radiant, soft and smooth - inclusive of a cleanse, gentle removal of soft peach-fuzz, and a hydrating face masque.

### LASH LIFT AND TINT COMBO

For a natural-looking lift of your eyelashes, this non-irritating and low maintenance treatment will curl the lashes utilizing a gentle curl cream application, with an enhanced lash color.

### LASH LIFT

For a natural-looking lift of your eyelashes, this non-irritating and low maintenance treatment will curl the lashes utilizing a gentle curl cream application.

### LASH TINT

Add a tint of color to your eyelashes.

### BROW TINT

Add a tint of color to your eyebrows.

## WAXING

BIKINI  
BRAZILIAN  
BROW  
NOSE  
LIP  
CHIN  
FULL FACE  
UNDERARM  
CHEST  
FULL ARM  
HALF ARM  
FULL BACK  
HALF BACK  
FULL LEG  
HALF LEG