



CATERING MENU

Healthy Snack Platters

(Seasonally available)

Fruit Platter (Serves 12-15) \$90
Fresh seasonal fruit, sliced & arranged

Goodness Protein Balls (3 per pack) \$5
Almond or peanut butter, quick oats, vegan vanilla protein, chia seeds, coconut flakes, dark chocolate chips, honey, almond milk

Coffee Tote

Coffee Tote (Serves 8) \$30

Available Upon Request \$10
24 packets of Splenda, 24 packets of Sugar, 24 packets of Sugar in the raw, 24 half-and-half capsule pods (this amount coincides with 1 individual 96 oz beverage dispenser)

Delivery & Setup Options

Pickup Free
Free from our store locations

Delivery (within 10 miles) \$25
Available for orders over \$100

Supplies (per person) \$2
Utensils, plates, serving spoons

Full-Service Setup \$50
Buffet-style catering setup

How to Order



Inquire and order at goodnessbowls.com/catering
Corporate discounts available for recurring catering orders!





Build-Your-Own Bowl Bar Package

(Customizable for Every Event!)

A fully interactive experience where guests create their own bowls.

Base Options: Açaí, Pitaya, Coconut, Green, Banana

Granola: Signature Granola, Gluten Free Granola (\$\$)

Fruit: Banana, Strawberries, Blueberries, Pineapple, Mango, Kiwi, Raspberry

Toppings: Cacao Nibs, Chia Seeds, Coconut Flakes, Sliced Almonds, Dark Chocolate Chips, Goji Berries

Drizzles: Honey, Almond Butter, Peanut Butter, Nutella

Small (serves 10-12) \$150

Includes your choice of two bases, granola, your choice of three fruits, two toppings, and two drizzles

Medium (serves 20-30) \$275

Includes your choice of four bases, granola, your choice of four fruits, two toppings, and three drizzles

Large (serves 45-50) \$400

Includes your choice of eight bases, granola, your choice of 4 fruits (split into 8 containers), four toppings, and three drizzles

Bagel Trays

(Serving size: 1 per person)

1 Dozen Bagels (cut in halves) \$24.99

plain or everything – one flavor for every 6 bagels.
Includes 1 16 oz container of cream cheese and 1 16 oz containers of butter

2 Dozen Bagels (cut in halves) \$45.99

plain or everything – one flavor for every dozen bagels.
Includes 2 16 oz containers of cream cheese and 2 16 oz containers of butter

Signature Bowls

(Pre-Made & Ready to Serve!)

Freshly prepared and conveniently packaged in 16oz containers. (Serving size: 1 per person)

Avalon: Açaí topped with granola, banana, blueberries, strawberries

Nutty-Nutella: Açaí topped with granola, banana, strawberries, coconut flakes, Nutella, peanut butter

The Pink One: Pitaya topped with granola, bananas, blueberries, strawberries

Go Green: Green base topped with granola, banana, blueberries, strawberries

It's Bananas: Banana base topped with granola, bananas, blueberries, strawberries

Dune Drive: Coconut base topped with granola, bananas, strawberries, blueberries

10 Bowls \$100

20 Bowls \$185

30 Bowls \$275



No modifications for bulk orders. One flavor for every 10 bowls.

Wrap & Salad Platters

(Serving size: 2 half wraps or 1 salad per person)

Wrap & Salad Options:

Southwest: Romaine, rotisserie chicken, avocado, tomato, corn, black beans, cheddar, cilantro lime vinaigrette

Avo-Caesar: Romaine, rotisserie chicken, avocado, parmesan, lemon juice, hemp seeds, Caesar dressing

Cobb: Romaine, rotisserie chicken, avocado, bacon, hard-boiled egg, tomato, house vinaigrette

Summer Mix: Mixed greens, cucumber, carrots, blueberries, strawberries, almonds, feta, house vinaigrette

Don't Kale My Vibe: Baby kale, rotisserie chicken, beet, goat cheese, almonds, carrots, house vinaigrette

Greek: Romaine, cucumber, red onion, tomato, feta, kalamata olives, olive oil, lemon juice

Buffalo Soldier: Romaine, rotisserie chicken, bacon, tomato, cheddar, buffalo ranch dressing

Power Hour: Mixed greens, rotisserie chicken, avocado, cucumber, apple, cranberry, almond, chickpeas, tomato, onion, goat cheese, chia seeds, house vinaigrette

Wrap Platter (12 halves) \$90

Option for dressings mixed in or on the side

Salad Platter (16 oz serves 10-12) \$75

✓ 1 Salad comes with 1 16 oz container of designated dressing

✓ Additional 16 oz dressing containers (\$8.00/each)



Small Bites Platters

Think finger sandwiches, but in toast form! Suggested serving size is 2 halves per person. One flavor for every 12 half-toasts.

Choose from:

Avocado Toast: Smashed avocado, lemon juice, olive oil, sea salt, everything seasoning, sourdough

Spicy Sriracha: Smashed avocado, lemon juice, olive oil, hard-boiled egg, red pepper flakes, sriracha drizzle, sourdough

Caprese Avocado Toast: Smashed avocado, lemon juice, olive oil, mozzarella, tomato, balsamic glaze, sourdough

Chicken Salad Tartine: Rotisserie chicken, olive oil, lemon juice, smashed avocado, red onions, goat cheese, hot sauce, sourdough

PB or AB Toast: Peanut or almond butter, sliced bananas, cinnamon, cacao nibs, honey, sourdough

Sweet Ricotta Tartine: Whipped ricotta cheese, sliced bananas, blueberries, raspberries, fresh mint, cinnamon, and honey

12 Toasts (24 halves) \$85

Choose up to 2 different toasts listed above

24 Toasts (48 halves) \$170

Choose up to 4 different toasts listed above

Cold-Pressed Juice & Wellness Shots

Serving size: 1 juice (16 oz) or 1 shot (4 oz) per person

Juice Flavors:

Main Squeeze: Kale, celery, cucumber, apple, lemon

Bring the Beet In: Beet, carrot, apple, lemon, ginger

North Shore: Pineapple, orange, carrot, ginger

Kale as a Cucumber: Kale, cucumber, pineapple, mint, lemon

Goodness: Pineapple, strawberry, apple, spinach, celery

Turmeric Detox: Cucumber, celery, beet, lemon, turmeric powder

You Glow Girl! Carrot, apple, ginger, cucumber, mint

Wellness Shots:

Instant Immunity: Ginger, lemon, orange, turmeric, cayenne

Serotonin Boost: Beet, ginger, lemon, pineapple

Hangover Help: Ginger, lemon, cayenne

Quick Greens: Ginger, kale, lemon, green spirulina

Juice Pack (12 pack, 16 oz each) \$125

Wellness Shot Pack (10 shots, 4 oz each) \$45