

# FLORIDA WEEKLY CUISINE

## SCOTT'S THREE FOR 3 Local chains that offer good dining

A trio worth noting

### 1 PARK AVENUE BBQ & GRILLE

With Palm Beach County locations in Jupiter, Palm Beach Gardens, North Palm Beach, West Palm Beach, Wellington and Boynton Beach; [www.pabbqgrille.com](http://www.pabbqgrille.com).

You may find more classically authentic barbecue at other places.

But you're hard pressed to find food that's as consistently well prepared and served as Dean Lavallee and his team do at Park Avenue BBQ. PA is known for its babyback ribs, but there are those who claim the restaurant's half-pound burger is the best anywhere. Also tasty: the tangy, slightly sweet slaw and the refreshing-clear iced tea.

### 2 DUFFY'S SPORTS GRILL

Locations throughout Palm Beach County; [www.duffysmvp.com](http://www.duffysmvp.com).

This sports bar chain got its start more than three decades ago in Lake Park, but now it has 33 locations along both coasts of Florida. As you can guess from the sports grill moniker, Duffy's sells its share of burgers and wings. But you also can order pasta dishes, entrée salads, steaks and ribs, all consistently well prepared.



### 3 ANTHONY'S COAL FIRED PIZZA & WINGS

Has Palm Beach County locations in Palm Beach Gardens, West Palm Beach and Wellington; [www.acfp.com](http://www.acfp.com).

As much as I enjoy the thin-crust pizzas at this Fort Lauderdale-based chain, I can't get enough of the wings. Cooked in the coal oven, they need no breading. Anthony's wings are available in four flavors, but the original, with caramelized onions, remains a favorite. Also tasty: the classic Italian salad, with romaine, celery, red onion, garbanzo beans, kalamata olives, tomato and hard-cooked egg with Italian dressing. ■

— Scott Simmons, [ssimmons@floridaweekly.com](mailto:ssimmons@floridaweekly.com)



SCOTT SIMMONS / FLORIDA WEEKLY

## THE DISH: Highlights from local menus

**The Dish:** Chicken sandwich.

**The Place:** Troy's Barbeque, 3950 Georgia Ave., West Palm Beach. 561-788-5561 or [www.bbqtroys.com](http://www.bbqtroys.com).

**The Price:** \$11.09

**The Details:** I followed my nose to Troy's one Wednesday at lunchtime.

Boy, was I glad I did, too. There's nothing quite like the scent of hickory and other woods burning.

This offshoot of the longstanding Boynton Beach barbecue spot has opened in an old barn at The Peach, an art collective and music venue by Subculture Group that's tucked just north of the Southern Boulevard overpass on Georgia Avenue in West Palm Beach. A food truck serves as the kitchen, which

turns out the same fine barbecue as Troy's location in Boynton Beach.

My chicken sandwich was packed with tender bits of shredded chicken, served with Troy's spicy barbecue sauce. Troy's collards are among the best I've had anywhere — cooked until tender and rich with pot liquor. To try something different, I ordered a side of the peas and rice, which were fine. Next time, I'll return to the collards.

I love the high ceilings of the barn that constitutes the dining room at Troy's — it's not air-conditioned, but there is a breeze. That's all the better to carry the aroma of that barbecue. ■

— Scott Simmons, [ssimmons@floridaweekly.com](mailto:ssimmons@floridaweekly.com)

## Tea is served at Flagler Museum

FLORIDA WEEKLY STAFF

You can visit **Flagler Museum**, enjoy the Gilded Age Palm Beach manse and its collections, then tuck into tea.

From Dec. 7 to April 15, the museum's **Café des Beaux-Arts** will offer its Gilded Age-style tea service, with a prix-fixe menu of savory tea sandwiches, traditional scones and sweets complemented by the museum's own organic Palm Beach Blend tea and pink lemonade.

It's pretty, too — each table is set for service on the museum's Whitehall Collection china. And it's served inside the Flagler Kenan Pavilion, a modern building adjacent to Whitehall that evokes the ambiance of a 19th-century Beaux-Arts railway palace.

The pavilion's floor to ceiling windows offer guests a view of Lake Worth and the city of West Palm Beach beyond.

It's served 11:30 a.m.-3 p.m. Tuesday-Fri-



COURTESY PHOTO

**Gilded Age-style tea service returns Dec. 7 to the Flagler Museum's Café des Beaux-Arts.**

day. Cost: \$30 for sustaining level members and higher; \$30 for Whitehall Society members; \$32 for members and \$50 for nonmembers. It's a prix-fixe menu, which includes museum admission and tax. Reservations are required. Info: 561-655-2833 or [www.flaglERMuseum.us](http://www.flaglERMuseum.us). ■

## SEASONAL SIPS: Holiday cocktails

The holidays are here. Do you meet them with delight or with dread?

With this drink, we're banking on delight — after all, a good cocktail is cause for celebration in its own right.

The Griswold cocktail at Lucky Shuck Oyster Bar & Taphouse in Jupiter is your hiatus from the so-called holiday fun.

Cinnamon bitters, Demerara, house-made ginger syrup, RumChata, and Irish cream provide a sweet and spicy respite from the challenges of holiday lights, presents, and guests. Served in a "National Lampoon's Christmas Vacation" moose mug with a gingerbread crumb rim and a gingerbread man, this cocktail is Lucky Shuck's gift to Instagram.



LIBBYVISION

The Griswold cocktail is available for \$12 at Lucky Shuck Oyster Bar & Taphouse through Dec. 31. It's at 1116 Love St., Jupiter. Info: 561-532-3331 or [www.luckysluckjupiter.com](http://www.luckysluckjupiter.com). ■

Open to the Public!

# DIBARTOLO'S

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M-F 8am-5pm SAT 8am-3pm

STORES/RESTAURANTS CALL BEFORE 9 AM FOR SAME DAY DELIVERY!

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PIZZERIAS/HOTELS/CATERERS CALL BEFORE 9 AM FOR SAME DAY DELIVERY!

<p><b>Jumbo Pasta Baskets</b></p> <p style="font-size: 1.2em; font-weight: bold;">\$24.95</p> <p style="font-size: 0.8em; font-weight: bold; color: red;">WOW</p>	<p><b>Cannoli Plus Assorted Italian Butter Cookies</b></p> <p style="font-size: 1.2em; font-weight: bold;">\$6.95/LB</p> <p style="font-size: 0.8em; font-weight: bold; color: red;">WOW</p>
<p><b>Jumbo Whole Sardines</b></p> <p style="font-size: 1.2em; font-weight: bold;">\$2.99/LB</p>	<p><b>Lamonica Scungilli</b></p> <p style="font-size: 1.2em; font-weight: bold;">\$16.95</p> <p style="font-size: 0.8em;">29 OUNCE CAN</p> <p style="font-size: 0.8em; font-weight: bold; color: red;">WOW</p>
<p><b>Atlantic Salmon Fillet</b></p> <p style="font-size: 1.2em; font-weight: bold;">\$8.95/LB</p>	<p><b>Cooked Octopus</b></p> <p style="font-size: 0.8em;">LEGS ONLY</p> <p style="font-size: 1.2em; font-weight: bold;">\$10.95/PK</p> <p style="font-size: 0.8em; font-weight: bold; color: red;">NEW</p>
<p><b>Bartolommeo Prosecco</b></p> <p style="font-size: 0.8em;">IMPORTED AFTER DINNER</p> <p style="font-size: 1.2em; font-weight: bold;">\$11.95/BTL</p> <p style="font-size: 0.8em;">750 SIZE</p>	<p><b>Callosal Shrimp</b></p> <p style="font-size: 0.8em;">13/15</p> <p style="font-size: 1.2em; font-weight: bold;">\$10.95/LB</p> <p style="font-size: 0.8em;">PEELED CLEANED AND DEVEINED</p> <p style="font-size: 0.8em; font-weight: bold; color: red;">WOW</p>
<p><b>Italian Sausage</b></p> <p style="font-size: 0.8em;">PEPPERS AND ONIONS BROCCOLI RABE AND PROVOLONE</p> <p style="font-size: 1.2em; font-weight: bold;">\$5.95/LB</p>	<p><b>Jumbo Breaded Shrimp</b></p> <p style="font-size: 0.8em;">16/20</p> <p style="font-size: 1.2em; font-weight: bold;">\$6.95/LB</p> <p style="font-size: 0.8em; font-weight: bold; color: red;">WOW</p>
<p><b>Imported Tuna</b></p> <p style="font-size: 0.8em;">IN OIL 4 OUNCE CAN</p> <p style="font-size: 1.2em; font-weight: bold;">\$3.99</p>	<p><b>Octopus Frozen</b></p> <p style="font-size: 1.2em; font-weight: bold;">\$5.95/LB</p>
<p><b>Calamari Rings</b></p> <p style="font-size: 1.2em; font-weight: bold;">\$6.95/LB</p>	<p><b>Cooked Shrimp</b></p> <p style="font-size: 0.8em;">31/35</p> <p style="font-size: 1.2em; font-weight: bold;">\$8.95/LB</p>
<p><b>Calamari Tubes and Tentacles</b></p> <p style="font-size: 1.2em; font-weight: bold;">\$6.95/LB</p>	<p><b>Belgioso Fresh Mozzarella</b></p> <p style="font-size: 1.2em; font-weight: bold;">\$4.99/LB</p>

8140 BELVEDERE ROAD, WEST PALM BEACH, FL 33411

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