

We cannot guarantee that cafe prepared products do not contain any allergens. Please be advised that food prepared here may contain these allergens: Dairy, Peanuts, Tree Nuts, Wheat, Sesame & Soy.

| COFFEE       |               |          |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              | IS IT?                              |                                     |                                     |                          |                          |                          |                                     |                          |                          |                          |                          |
|--------------|---------------|----------|-------------------|---------------|-------------------|---------------|------------------|-------------|-------------------|-------------------|------------|-------------|-----------------|--------------|-------------------------------------|-------------------------------------|-------------------------------------|--------------------------|--------------------------|--------------------------|-------------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
|              | Caffeine (mg) | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin D (mcg) | Calcium (mg) | Vegan                               | Vegetarian                          | Dairy                               | Eggs                     | Fish                     | Peanuts                  | Tree Nuts                           | Wheat                    | Sesame                   | Shellfish                | Soy                      |
| Small        | 253           | 0        | 0                 | 0             | 0                 | 0             | 0                | 5           | 0                 | 0                 | 0          | <1          | 0               | 7            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Medium       | 339           | 0        | 0                 | 0             | 0                 | 0             | 0                | 10          | 0                 | 0                 | 0          | <1          | 0               | 9            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Large        | 408           | 5        | 0                 | 0             | 0                 | 0             | 0                | 10          | 0                 | 0                 | 0          | <1          | 0               | 11           | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| CAFÉ AU LAIT |               |          |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              | IS IT?                              |                                     |                                     |                          |                          |                          |                                     |                          |                          |                          |                          |
|              | Caffeine (mg) | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin D (mcg) | Calcium (mg) | Vegan                               | Vegetarian                          | Dairy                               | Eggs                     | Fish                     | Peanuts                  | Tree Nuts                           | Wheat                    | Sesame                   | Shellfish                | Soy                      |
| WHOLE MILK   |               |          |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Small        | 126           | 70       | 30                | 3             | 2                 | 0             | 10               | 70          | 8                 | 0                 | 4          | 3           | 43              | 101          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Medium       | 170           | 100      | 35                | 4             | 2.5               | 0             | 10               | 90          | 11                | 0                 | 6          | 4           | 58              | 134          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Large        | 204           | 120      | 45                | 5             | 3                 | 0             | 15               | 115         | 13                | 0                 | 7          | 5           | 72              | 168          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| SKIM MILK    |               |          |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Small        | 126           | 50       | 0                 | 0             | 0                 | 0             | 0                | 70          | 8                 | 0                 | 5          | 3           | 0               | 93           | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Medium       | 170           | 70       | 0                 | 0.5           | 0                 | 0             | <5               | 95          | 11                | 0                 | 6          | 5           | 0               | 124          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Large        | 85            | 60       | 0                 | 0             | 0                 | 0             | <5               | 75          | 9                 | 0                 | 8          | 5           | 0               | 149          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| ALMOND MILK  |               |          |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Small        | 126           | 45       | 15                | 1.5           | 0                 | 0             | 0                | 95          | 4                 | 0                 | 2          | <1          | 0               | 137          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Medium       | 170           | 60       | 20                | 2             | 0                 | 0             | 0                | 125         | 6                 | <1                | 3          | <1          | 0               | 183          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Large        | 85            | 80       | 25                | 2.5           | 0                 | 0             | 0                | 160         | 7                 | <1                | 3          | 1           | 0               | 229          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| OAT MILK     |               |          |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Small        | 126           | 70       | 25                | 3             | 0.5               | 0             | 0                | 70          | 9                 | 0                 | 1          | <1          | 0               | 80           | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Medium       | 170           | 90       | 35                | 4             | 1                 | 0             | 0                | 95          | 12                | 0                 | 2          | <1          | 0               | 106          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Large        | 85            | 120      | 45                | 5             | 1                 | 0             | 0                | 120         | 15                | 0                 | 2          | 1           | 0               | 133          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| HOT TEA      |               |          |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              | IS IT?                              |                                     |                                     |                          |                          |                          |                                     |                          |                          |                          |                          |
|              | Caffeine (mg) | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin D (mcg) | Calcium (mg) | Vegan                               | Vegetarian                          | Dairy                               | Eggs                     | Fish                     | Peanuts                  | Tree Nuts                           | Wheat                    | Sesame                   | Shellfish                | Soy                      |
| Small        | 50            | 0        | 0                 | 0             | 0                 | 0             | 0                | 10          | 0                 | 0                 | 0          | 0           | 0               | 0            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Medium       | 50            | 0        | 0                 | 0             | 0                 | 0             | 0                | 15          | 1                 | 0                 | 0          | 0           | 0               | 0            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Large        | 50            | 5        | 0                 | 0             | 0                 | 0             | 0                | 15          | 2                 | 0                 | 0          | 0           | 0               | 0            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| RED EYE      |               |          |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              | IS IT?                              |                                     |                                     |                          |                          |                          |                                     |                          |                          |                          |                          |
|              | Caffeine (mg) | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin D (mcg) | Calcium (mg) | Vegan                               | Vegetarian                          | Dairy                               | Eggs                     | Fish                     | Peanuts                  | Tree Nuts                           | Wheat                    | Sesame                   | Shellfish                | Soy                      |
| Small        | 341           | 5        | 0                 | 0             | 0                 | 0             | 0                | 10          | <1                | 0                 | 0          | 0           | 0               | 7            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Medium       | 427           | 5        | 0                 | 0             | 0                 | 0             | 0                | 15          | <1                | 0                 | 0          | <1          | 0               | 9            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Large        | 496           | 10       | 0                 | 0             | 0                 | 0             | 0                | 15          | <1                | 0                 | 0          | <1          | 0               | 12           | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| ESPRESSO     |               |          |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              | IS IT?                              |                                     |                                     |                          |                          |                          |                                     |                          |                          |                          |                          |
|              | Caffeine (mg) | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin D (mcg) | Calcium (mg) | Vegan                               | Vegetarian                          | Dairy                               | Eggs                     | Fish                     | Peanuts                  | Tree Nuts                           | Wheat                    | Sesame                   | Shellfish                | Soy                      |
| Small        | 88            | 0        | 0                 | 0             | 0                 | 0             | 0                | 0           | 0                 | 0                 | 0          | 0           | 0               | 1            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Medium       | 176           | 5        | 0                 | 0             | 0                 | 0             | 0                | 10          | 1                 | 0                 | 0          | 0           | 0               | 1            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Large        | 176           | 10       | 0                 | 0             | 0                 | 0             | 0                | 10          | 1                 | 0                 | 0          | 0           | 0               | 2            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| AMERICANO    |               |          |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              | IS IT?                              |                                     |                                     |                          |                          |                          |                                     |                          |                          |                          |                          |
|              | Caffeine (mg) | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin D (mcg) | Calcium (mg) | Vegan                               | Vegetarian                          | Dairy                               | Eggs                     | Fish                     | Peanuts                  | Tree Nuts                           | Wheat                    | Sesame                   | Shellfish                | Soy                      |
| Small        | 176           | 5        | 0                 | 0             | 0                 | 0             | 0                | 20          | <1                | 0                 | 0          | 0           | 0               | 10           | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Medium       | 264           | 10       | 0                 | 0             | 0                 | 0             | 0                | 25          | 1                 | 0                 | 0          | 0           | 0               | 13           | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Large        | 352           | 10       | 0                 | 0             | 0                 | 0             | 0                | 35          | 2                 | 0                 | 0          | 0           | 0               | 16           | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| LATTE        |               |          |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              | IS IT?                              |                                     |                                     |                          |                          |                          |                                     |                          |                          |                          |                          |
|              | Caffeine (mg) | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin D (mcg) | Calcium (mg) | Vegan                               | Vegetarian                          | Dairy                               | Eggs                     | Fish                     | Peanuts                  | Tree Nuts                           | Wheat                    | Sesame                   | Shellfish                | Soy                      |
| WHOLE MILK   |               |          |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Small        | 88            | 110      | 50                | 6             | 3.5               | 0             | 20               | 85          | 9                 | 0                 | 9          | 6           | 33              | 207          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Medium       | 176           | 150      | 70                | 8             | 4.5               | 0             | 25               | 115         | 13                | 0                 | 12         | 8           | 124             | 277          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Large        | 176           | 260      | 120               | 14            | 8                 | 0             | 45               | 190         | 21                | 0                 | 21         | 13          | 217             | 482          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| SKIM MILK    |               |          |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Small        | 88            | 70       | 0                 | 0             | 0                 | 0             | <5               | 85          | 10                | 0                 | 10         | 7           | 0               | 188          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Medium       | 176           | 100      | 0                 | 0             | 0                 | 0             | <5               | 120         | 14                | 0                 | 13         | 9           | 0               | 251          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Large        | 176           | 170      | 0                 | 0             | 0                 | 0             | 10               | 210         | 25                | 0                 | 24         | 17          | 0               | 470          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| ALMOND MILK  |               |          |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Small        | 88            | 60       | 20                | 2.5           | 0                 | 0             | 0                | 125         | 1                 | <1                | 4          | <1          | 0               | 266          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Medium       | 176           | 80       | 30                | 3             | 0                 | 0             | 0                | 170         | 2                 | 1                 | 5          | 1           | 0               | 356          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Large        | 176           | 140      | 50                | 6             | 0                 | 0             | 0                | 310         | 3                 | 2                 | 9          | 2           | 0               | 666          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| OAT MILK     |               |          |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Small        | 88            | 100      | 50                | 5             | 1                 | 0             | 0                | 85          | 11                | 0                 | 2          | <1          | 0               | 151          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Medium       | 176           | 140      | 60                | 7             | 1                 | 0             | 0                | 115         | 15                | 0                 | 3          | 1           | 0               | 201          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Large        | 176           | 250      | 120               | 13            | 2                 | 0             | 0                | 210         | 28                | 0                 | 6          | 2           | 0               | 376          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| CAPPUCCINO   |               |          |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              | IS IT?                              |                                     |                                     |                          |                          |                          |                                     |                          |                          |                          |                          |
|              | Caffeine (mg) | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin D (mcg) | Calcium (mg) | Vegan                               | Vegetarian                          | Dairy                               | Eggs                     | Fish                     | Peanuts                  | Tree Nuts                           | Wheat                    | Sesame                   | Shellfish                | Soy                      |
| WHOLE MILK   |               |          |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              |                                     |                                     |                                     |                          |                          |                          |                                     |                          |                          |                          |                          |

[illegible]

[illegible]

| WHOLE MILK             | Caffeine (mg) | Calories                         | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin D (mcg) | Calcium (mg) | Vegan                               | Vegetarian                          | Dairy                               | Eggs                     | Fish                     | Peanuts                  | Tree Nuts                | Wheat                    | Sesame                   | Shellfish                | Soy                                 |
|------------------------|---------------|----------------------------------|-------------------|---------------|-------------------|---------------|------------------|-------------|-------------------|-------------------|------------|-------------|-----------------|--------------|-------------------------------------|-------------------------------------|-------------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|-------------------------------------|
| Small                  | 88            | 150                              | 35                | 4             | 2.5               | 0             | 10               | 60          | 24                | 0                 | 23         | 4           | 2               | 261          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Medium                 | 176           | 330                              | 110               | 12            | 7                 | 0             | 35               | 170         | 43                | 0                 | 41         | 12          | 3               | 326          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Large                  | 264           | 470                              | 160               | 18            | 10                | 0             | 55               | 270         | 58                | 0                 | 56         | 17          | 4               | 435          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| SKIM MILK              |               |                                  |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              |                                     |                                     |                                     |                          |                          |                          |                          |                          |                          |                          |                                     |
| Small                  | 88            | 120                              | 0                 | 0             | 0                 | 0             | < 5              | 65          | 25                | 0                 | 24         | 5           | 0               | 131          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Medium                 | 176           | 240                              | 0                 | 0             | 0                 | 0             | 5                | 190         | 45                | 0                 | 42         | 14          | 0               | 388          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Large                  | 264           | 340                              | 0                 | 0             | 0                 | 0             | 10               | 280         | 61                | 0                 | 58         | 20          | 0               | 583          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| ALMOND MILK            |               |                                  |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              |                                     |                                     |                                     |                          |                          |                          |                          |                          |                          |                          |                                     |
| Small                  | 88            | 110                              | 15                | 1.5           | 0                 | 0             | 0                | 90          | 19                | < 1               | 20         | < 1         | 0               | 183          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Medium                 | 176           | 210                              | 40                | 4.5           | 0                 | 0             | 0                | 260         | 27                | 2                 | 31         | 2           | 0               | 545          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Large                  | 264           | 290                              | 60                | 7             | 0                 | 0             | 0                | 400         | 34                | 2                 | 40         | 2           | 0               | 818          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| OAT MILK               |               |                                  |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              |                                     |                                     |                                     |                          |                          |                          |                          |                          |                          |                          |                                     |
| Small                  | 88            | 140                              | 30                | 3.5           | 0.5               | 0             | 0                | 60          | 26                | 0                 | 19         | < 1         | 0               | 106          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Medium                 | 176           | 300                              | 100               | 11            | 1.5               | 0             | 0                | 180         | 46                | 0                 | 28         | 2           | 0               | 313          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Large                  | 264           | 480                              | 140               | 16            | 2.5               | 0             | 0                | 270         | 75                | 0                 | 47         | 2           | 0               | 471          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| ICED MOCHA             |               |                                  |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              |                                     |                                     |                                     |                          |                          |                          |                          |                          |                          |                          |                                     |
| WHOLE MILK             | Caffeine (mg) | Calories                         | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin D (mcg) | Calcium (mg) | Vegan                               | Vegetarian                          | Dairy                               | Eggs                     | Fish                     | Peanuts                  | Tree Nuts                | Wheat                    | Sesame                   | Shellfish                | Soy                                 |
| Small                  | 88            | 220                              | 70                | 8             | 4.5               | 0             | 20               | 105         | 28                | < 1               | 27         | 7           | 109             | 242          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Medium                 | 176           | 260                              | 80                | 8             | 5                 | 0             | 25               | 115         | 35                | < 1               | 33         | 8           | 116             | 257          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Large                  | 264           | 340                              | 100               | 11            | 6                 | 0             | 30               | 160         | 46                | 1                 | 43         | 11          | 159             | 354          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| SKIM MILK              |               |                                  |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              |                                     |                                     |                                     |                          |                          |                          |                          |                          |                          |                          |                                     |
| Small                  | 88            | 160                              | 10                | 1             | 0                 | 0             | < 5              | 100         | 29                | < 1               | 27         | 8           | 0               | 207          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Medium                 | 176           | 200                              | 10                | 1             | 0.5               | 0             | < 5              | 120         | 37                | < 1               | 34         | 10          | 0               | 237          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Large                  | 264           | 270                              | 15                | 1.5           | 0.5               | 0             | 5                | 170         | 48                | 1                 | 44         | 13          | 0               | 327          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| ALMOND MILK            |               |                                  |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              |                                     |                                     |                                     |                          |                          |                          |                          |                          |                          |                          |                                     |
| Small                  | 88            | 150                              | 30                | 3.5           | 0                 | 0             | 0                | 150         | 19                | 2                 | 21         | 2           | 0               | 311          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Medium                 | 176           | 190                              | 40                | 4             | 0.5               | 0             | 0                | 180         | 26                | 2                 | 27         | 2           | 0               | 356          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Large                  | 264           | 250                              | 50                | 6             | 0.5               | 0             | 0                | 250         | 32                | 3                 | 34         | 3           | 0               | 489          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| OAT MILK               |               |                                  |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              |                                     |                                     |                                     |                          |                          |                          |                          |                          |                          |                          |                                     |
| Small                  | 88            | 200                              | 60                | 7             | 1.5               | 0             | 0                | 105         | 31                | < 1               | 19         | 2           | 0               | 176          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Medium                 | 176           | 250                              | 70                | 8             | 1.5               | 0             | 0                | 125         | 39                | < 1               | 25         | 2           | 0               | 201          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Large                  | 264           | 330                              | 100               | 11            | 2                 | 0             | 0                | 170         | 50                | 1                 | 31         | 3           | 0               | 277          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| ICED CARAMEL MACCHIATO |               | OUR CARAMEL SAUCE CONTAINS DAIRY |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              |                                     |                                     |                                     |                          |                          |                          |                          |                          |                          |                          |                                     |
| WHOLE MILK             | Caffeine (mg) | Calories                         | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin D (mcg) | Calcium (mg) | Vegan                               | Vegetarian                          | Dairy                               | Eggs                     | Fish                     | Peanuts                  | Tree Nuts                | Wheat                    | Sesame                   | Shellfish                | Soy                                 |
| Small                  | 88            | 200                              | 60                | 7             | 4                 | 0             | 20               | 115         | 28                | 0                 | 27         | 7           | 101             | 245          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Medium                 | 176           | 240                              | 70                | 8             | 5.5               | 0             | 30               | 140         | 39                | 0                 | 26         | 9           | 0               | 221          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Large                  | 176           | 330                              | 100               | 11            | 7                 | 0             | 35               | 190         | 47                | 0                 | 45         | 11          | 0               | 221          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| SKIM MILK              |               |                                  |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              |                                     |                                     |                                     |                          |                          |                          |                          |                          |                          |                          |                                     |
| Small                  | 88            | 180                              | 10                | 1             | 0.5               | 0             | 5                | 125         | 35                | 0                 | 34         | 8           | 0               | 228          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Medium                 | 176           | 200                              | 10                | 1             | 0.5               | 0             | 5                | 140         | 37                | 0                 | 35         | 9           | 0               | 258          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Large                  | 176           | 260                              | 15                | 1.5           | 1                 | 0             | 10               | 200         | 49                | 0                 | 46         | 13          | 0               | 357          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| ALMOND MILK            |               |                                  |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              |                                     |                                     |                                     |                          |                          |                          |                          |                          |                          |                          |                                     |
| Small                  | 88            | 150                              | 30                | 3.5           | 0.5               | 0             | < 5              | 170         | 20                | < 1               | 22         | 1           | 0               | 331          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Medium                 | 176           | 180                              | 35                | 4             | 0.5               | 0             | < 5              | 200         | 26                | 1                 | 28         | 2           | 0               | 376          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Large                  | 176           | 240                              | 50                | 5             | 1                 | 0             | < 5              | 280         | 33                | 1                 | 36         | 2           | 0               | 519          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| OAT MILK               |               |                                  |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              |                                     |                                     |                                     |                          |                          |                          |                          |                          |                          |                          |                                     |
| Small                  | 88            | 200                              | 60                | 7             | 1.5               | 0             | < 5              | 125         | 31                | 0                 | 20         | 1           | 0               | 196          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Medium                 | 176           | 240                              | 70                | 8             | 1.5               | 0             | < 5              | 140         | 39                | 0                 | 26         | 2           | 0               | 212          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| Large                  | 176           | 320                              | 100               | 11            | 2                 | 0             | < 5              | 200         | 51                | 0                 | 33         | 2           | 0               | 297          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| ICED CHAI TEA LATTE    |               | OUR CHAI CONTAINS DAIRY          |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              |                                     |                                     |                                     |                          |                          |                          |                          |                          |                          |                          |                                     |
| WHOLE MILK             | Caffeine (mg) | Calories                         | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin D (mcg) | Calcium (mg) | Vegan                               | Vegetarian                          | Dairy                               | Eggs                     | Fish                     | Peanuts                  | Tree Nuts                | Wheat                    | Sesame                   | Shellfish                | Soy                                 |
| Small                  | 40            | 240                              | 100               | 11            | 8                 | 0             | 15               | 80          | 33                | 1                 | 23         | 6           | 72              | 212          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| Medium                 | 60            | 350                              | 140               | 15            | 12                | 0             | 15               | 95          | 51                | 2                 | 43         | 7           | 72              | 247          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| Large                  | 80            | 500                              | 190               | 21            | 17                | 0             | 20               | 135         | 72                | 3                 | 53         | 9           | 101             | 346          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| SKIM MILK              |               |                                  |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              |                                     |                                     |                                     |                          |                          |                          |                          |                          |                          |                          |                                     |
| Small                  | 40            | 210                              | 60                | 6             | 6                 | 0             | < 5              | 85          | 34                | 1                 | 23         | 7           | 0               | 200          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| Medium                 | 60            | 320                              | 100               | 11            | 10                | 0             | < 5              | 100         | 52                | 2                 | 38         | 7           | 0               | 235          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| Large                  | 80            | 450                              | 130               | 15            | 13                | 0             | < 5              | 140         | 73                | 3                 | 55         | 10          | 0               | 329          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| ALMOND MILK            |               |                                  |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              |                                     |                                     |                                     |                          |                          |                          |                          |                          |                          |                          |                                     |
| Small                  | 40            | 200                              | 70                | 8             | 6                 | 0             | 0                | 120         | 27                | 2                 | 19         | 2           | 0               | 274          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| Medium                 | 60            | 310                              | 110               | 12            | 10                | 0             | 0                | 135         | 45                | 3                 | 33         | 3           | 0               | 309          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| Large                  | 80            | 440                              | 160               | 17            | 13                | 0             | 0                | 190         | 63                | 4                 | 49         | 4           | 0               | 432          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| OAT MILK               |               |                                  |                   |               |                   |               |                  |             |                   |                   |            |             |                 |              |                                     |                                     |                                     |                          |                          |                          |                          |                          |                          |                          |                                     |
| Small                  | 40            | 240                              | 100               | 11            | 6                 | 0             | 0                | 85          | 36                | 1                 | 17         | 2           |                 |              |                                     |                                     |                                     |                          |                          |                          |                          |                          |                          |                          |                                     |

[illegible]

[illegible]

|                                   |  |               |                   |                   |                   |                   |                  |                  |                   |                   |                   |             |                 |                 |                                     |                                     |                                     |                                     |                          |                          |                          |                                     |                                     |                          |                                     |                                     |
|-----------------------------------|--|---------------|-------------------|-------------------|-------------------|-------------------|------------------|------------------|-------------------|-------------------|-------------------|-------------|-----------------|-----------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|--------------------------|--------------------------|--------------------------|-------------------------------------|-------------------------------------|--------------------------|-------------------------------------|-------------------------------------|
|                                   |  | 420           | 170               | 21                | 11                | 0                 | 65               | 1630             | 39                | 1                 | 0                 | 24          | 0               | 78              | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
|                                   |  | 450           | 180               | 22                | 11                | 0                 | 80               | 1800             | 39                | 1                 | 0                 | 30          | 0               | 78              | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
|                                   |  | 380           | 90                | 10                | 3.5               | 0                 | 0                | 810              | 56                | 6                 | 4                 | 10          | 0               | 78              | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
|                                   |  | 430           | 190               | 22                | 9                 | 0                 | 50               | 1000             | 43                | 2                 | 1                 | 20          | 0               | 112             | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| BAKERY                            |  |               |                   |                   |                   |                   |                  |                  |                   |                   |                   |             |                 |                 | IS IT?                              |                                     | CONTAINS                            |                                     |                          |                          |                          |                                     |                                     |                          |                                     |                                     |
|                                   |  | Calories      | Calories from Fat | Total Fat (g)     | Saturated Fat (g) | Trans Fat (g)     | Cholesterol (mg) | Sodium (mg)      | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g)        | Protein (g) | Vitamin D (mcg) | Calcium (mg)    | Vegan                               | Vegetarian                          | Dairy                               | Eggs                                | Fish                     | Peanuts                  | Tree Nuts                | Wheat                               | Sesame                              | Shellfish                | Soy                                 |                                     |
| BLUEBERRY MUFFIN                  |  | 620           | 230               | 31                | 6                 | 0                 | 125              | 420              | 77                | 1                 | 43                | 9           | 0               | 42              | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| BROWNIE                           |  | 500           | 250               | 28                | 11                | 0                 | 90               | 180              | 63                | 3                 | 47                | 5           | 0               | 19              | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input checked="" type="checkbox"/> |                                     |
| CHOCOLATE CHIP MUFFIN             |  | 690           | 250               | 39                | 12                | 0                 | 120              | 390              | 88                | 0                 | 38                | 10          | 0               | 49              | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input checked="" type="checkbox"/> |                                     |
| CRUMBLE CAKE                      |  | 520           | 460               | 30                | 28                | 0                 | 100              | 780              | 80                | 2                 | 58                | 4           | 0               | 65              | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input checked="" type="checkbox"/> |                                     |
| FRENCH TOAST MUFFIN               |  | 700           | 300               | 35                | 9                 | 0                 | 125              | 410              | 89                | 1                 | 55                | 8           | 0               | 74              | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input checked="" type="checkbox"/> |                                     |
| SEASONAL                          |  |               |                   |                   |                   |                   |                  |                  |                   |                   |                   |             |                 |                 | IS IT?                              |                                     | CONTAINS                            |                                     |                          |                          |                          |                                     |                                     |                          |                                     |                                     |
| PUMPKIN LATTE (HOT & ICED)        |  |               |                   |                   |                   |                   |                  |                  |                   |                   |                   |             |                 |                 | IS IT?                              |                                     | CONTAINS                            |                                     |                          |                          |                          |                                     |                                     |                          |                                     |                                     |
|                                   |  | Caffeine (mg) | Calories          | Calories from Fat | Total Fat (g)     | Saturated Fat (g) | Trans Fat (g)    | Cholesterol (mg) | Sodium (mg)       | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g)  | Protein (g)     | Vitamin D (mcg) | Calcium (mg)                        | Vegan                               | Vegetarian                          | Dairy                               | Eggs                     | Fish                     | Peanuts                  | Tree Nuts                           | Wheat                               | Sesame                   | Shellfish                           | Soy                                 |
| Small                             |  | 88            | 340               | 100               | 10                | 5                 | 0                | 30               | 170               | 54                | 1                 | 48          | 10              | 280             | 654                                 | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Medium                            |  | 176           | 380               | 110               | 12                | 7                 | 0                | 35               | 170               | 57                | 1                 | 56          | 12              | 311             | 722                                 | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Large                             |  | 176           | 420               | 125               | 14                | 8                 | 0                | 40               | 175               | 60                | 1                 | 60          | 14              | 342             | 791                                 | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| SKIM MILK                         |  |               |                   |                   |                   |                   |                  |                  |                   |                   |                   |             |                 |                 |                                     |                                     |                                     |                                     |                          |                          |                          |                                     |                                     |                          |                                     |                                     |
| Small                             |  | 88            | 300               | 70                | 8                 | 5                 | 0                | 30               | 170               | 54                | 1                 | 48          | 10              | 5               | 746                                 | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Medium                            |  | 176           | 340               | 80                | 10                | 7                 | 0                | 35               | 170               | 57                | 1                 | 56          | 12              | 5               | 846                                 | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Large                             |  | 176           | 380               | 100               | 12                | 8                 | 0                | 40               | 175               | 60                | 1                 | 60          | 14              | 6               | 927                                 | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| ALMOND MILK                       |  |               |                   |                   |                   |                   |                  |                  |                   |                   |                   |             |                 |                 |                                     |                                     |                                     |                                     |                          |                          |                          |                                     |                                     |                          |                                     |                                     |
| Small                             |  | 88            | 300               | 70                | 8                 | 5                 | 0                | 30               | 170               | 54                | 1                 | 48          | 2               | 0               | 911                                 | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Medium                            |  | 176           | 340               | 80                | 10                | 7                 | 0                | 35               | 170               | 57                | 1                 | 56          | 3               | 0               | 1080                                | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Large                             |  | 176           | 380               | 100               | 12                | 8                 | 0                | 40               | 175               | 60                | 1                 | 60          | 4               | 0               | 1106                                | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| OAT MILK                          |  |               |                   |                   |                   |                   |                  |                  |                   |                   |                   |             |                 |                 |                                     |                                     |                                     |                                     |                          |                          |                          |                                     |                                     |                          |                                     |                                     |
| Small                             |  | 88            | 340               | 100               | 10                | 5                 | 0                | 30               | 170               | 54                | 1                 | 48          | 2               | 0               | 33                                  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Medium                            |  | 176           | 380               | 110               | 12                | 7                 | 0                | 35               | 170               | 57                | 1                 | 56          | 3               | 0               | 33                                  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Large                             |  | 176           | 420               | 125               | 14                | 8                 | 0                | 40               | 175               | 60                | 1                 | 60          | 4               | 0               | 33                                  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| PUMPKIN MATCHA LATTE (HOT & ICED) |  |               |                   |                   |                   |                   |                  |                  |                   |                   |                   |             |                 |                 | IS IT?                              |                                     | CONTAINS                            |                                     |                          |                          |                          |                                     |                                     |                          |                                     |                                     |
|                                   |  | Caffeine (mg) | Calories          | Calories from Fat | Total Fat (g)     | Saturated Fat (g) | Trans Fat (g)    | Cholesterol (mg) | Sodium (mg)       | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g)  | Protein (g)     | Vitamin D (mcg) | Calcium (mg)                        | Vegan                               | Vegetarian                          | Dairy                               | Eggs                     | Fish                     | Peanuts                  | Tree Nuts                           | Wheat                               | Sesame                   | Shellfish                           | Soy                                 |
| Small                             |  | 30            | 310               | 70                | 8                 | 4                 | 0                | 20               | 120               | 42                | 1                 | 41          | 7               | 145             | 345                                 | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Medium                            |  | 45            | 330               | 80                | 9                 | 5                 | 0                | 30               | 130               | 52                | 1                 | 51          | 9               | 174             | 410                                 | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Large                             |  | 60            | 410               | 120               | 14                | 8                 | 0                | 45               | 190               | 72                | 1                 | 61          | 13              | 202             | 474                                 | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| SKIM MILK                         |  |               |                   |                   |                   |                   |                  |                  |                   |                   |                   |             |                 |                 |                                     |                                     |                                     |                                     |                          |                          |                          |                                     |                                     |                          |                                     |                                     |
| Small                             |  | 30            | 300               | 40                | 4                 | 4                 | 0                | 20               | 120               | 42                | 1                 | 41          | 7               | 2               | 401                                 | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Medium                            |  | 45            | 325               | 50                | 5                 | 5                 | 0                | 30               | 130               | 52                | 1                 | 51          | 9               | 3               | 476                                 | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Large                             |  | 60            | 390               | 70                | 7                 | 8                 | 0                | 40               | 150               | 62                | 0                 | 61          | 14              | 3               | 552                                 | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| ALMOND MILK                       |  |               |                   |                   |                   |                   |                  |                  |                   |                   |                   |             |                 |                 |                                     |                                     |                                     |                                     |                          |                          |                          |                                     |                                     |                          |                                     |                                     |
| Small                             |  | 30            | 300               | 40                | 4                 | 4                 | 0                | 20               | 120               | 42                | 1                 | 41          | 1               | 0               | 476                                 | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Medium                            |  | 45            | 325               | 50                | 5                 | 5                 | 0                | 30               | 130               | 52                | 1                 | 51          | 2               | 0               | 576                                 | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Large                             |  | 60            | 370               | 70                | 7                 | 8                 | 0                | 40               | 150               | 62                | 0                 | 61          | 14              | 0               | 657                                 | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| OAT MILK                          |  |               |                   |                   |                   |                   |                  |                  |                   |                   |                   |             |                 |                 |                                     |                                     |                                     |                                     |                          |                          |                          |                                     |                                     |                          |                                     |                                     |
| Small                             |  | 30            | 310               | 70                | 8                 | 4                 | 0                | 20               | 120               | 42                | 1                 | 41          | 2               | 0               | 25                                  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Medium                            |  | 45            | 330               | 80                | 9                 | 5                 | 0                | 30               | 130               | 52                | 1                 | 51          | 3               | 0               | 34                                  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Large                             |  | 60            | 370               | 70                | 7                 | 8                 | 0                | 40               | 150               | 62                | 0                 | 61          | 14              | 0               | 42                                  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| MILK & PUMPKIN COLD BREW          |  |               |                   |                   |                   |                   |                  |                  |                   |                   |                   |             |                 |                 | IS IT?                              |                                     | CONTAINS                            |                                     |                          |                          |                          |                                     |                                     |                          |                                     |                                     |
|                                   |  | Caffeine (mg) | Calories          | Calories from Fat | Total Fat (g)     | Saturated Fat (g) | Trans Fat (g)    | Cholesterol (mg) | Sodium (mg)       | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g)  | Protein (g)     | Vitamin D (mcg) | Calcium (mg)                        | Vegan                               | Vegetarian                          | Dairy                               | Eggs                     | Fish                     | Peanuts                  | Tree Nuts                           | Wheat                               | Sesame                   | Shellfish                           | Soy                                 |
| Small                             |  | 202           | 200               | 24                | 2                 | 1                 | 0                | 5                | 50                | 34                | 0                 | 32          | 3               | 58              | 158                                 | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Medium                            |  | 245           | 220               | 35                | 4                 | 2                 | 0                | 10               | 60                | 44                | 1                 | 45          | 4               | 87              | 222                                 | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Large                             |  | 350           | 250               | 40                | 6                 | 4                 | 0                | 12               | 65                | 50                | 3                 | 50          | 6               | 116             | 286                                 | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| SKIM MILK                         |  |               |                   |                   |                   |                   |                  |                  |                   |                   |                   |             |                 |                 |                                     |                                     |                                     |                                     |                          |                          |                          |                                     |                                     |                          |                                     |                                     |
| Small                             |  | 202           | 180               | 12                | 1                 | 1                 | 0                | 5                | 50                | 34                | 0                 | 32          | 3               | 1               | 180                                 | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Medium                            |  | 245           | 200               | 20                | 2                 | 2                 | 0                | 10               | 60                | 44                | 1                 | 45          | 4               | 2               | 406                                 | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Large                             |  | 350           | 230               | 22                | 3                 | 4                 | 0                | 12               | 65                | 50                | 3                 | 50          | 6               | 2               | 330                                 | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| ALMOND MILK                       |  |               |                   |                   |                   |                   |                  |                  |                   |                   |                   |             |                 |                 |                                     |                                     |                                     |                                     |                          |                          |                          |                                     |                                     |                          |                                     |                                     |
| Small                             |  | 202           | 180               | 12                | 1                 | 1                 | 0                | 5                | 50                | 34                | 0                 | 32          | 1               | 0               | 210                                 | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Medium                            |  | 245           | 200               | 20                | 2                 | 2                 | 0                | 10               | 60                | 44                | 1                 | 45          | 2               | 0               | 300                                 | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Large                             |  | 350           |                   |                   |                   |                   |                  |                  |                   |                   |                   |             |                 |                 |                                     |                                     |                                     |                                     |                          |                          |                          |                                     |                                     |                          |                                     |                                     |

