

ORDER CATERINGS ON
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INDAY

CATERING MENU

PACKAGES

chef-designed menus
groups of 15+

RICE BOWLS

\$13.50 per person

COMES WITH

PROTEINS: curry chicken, turkey
meatballs, baked falafel

GRAINS + VEGGIES: basmati rice,
cauliflower rice, supergreens,
sweet potatoes, chickpea curry

SAUCES + TOPPINGS: yogurt,
coconut tahini, sweet chili, lentil
crisps

SALAD + GRAIN BOWLS

\$14.00 per person

COMES WITH

PROTEINS: grilled chicken, grilled
salmon, baked falafel

GRAINS + VEGGIES: supergreens
salad, quinoa, slaw, chopped salad

SAUCES + TOPPINGS: avocado
crema, coconut tahini, coconut
crack

A LA CARTE

individual trays
each serves 8-10 people

PROTEINS

grilled chicken GF DF	\$45.00
curry chicken GF DF	\$50.00
grilled salmon GF DF	\$70.00
turkey meatballs GF DF	\$50.00
spring lamb GF DF	\$65.00
baked falafel GF DF V	\$40.00
curry tofu GF DF V	\$40.00

GRAINS + VEGGIES

basmati rice GF DF V	\$25.00
cauliflower "rice" GF DF V	\$35.00
quinoa GF DF V	\$30.00
supergreens GF DF V	\$25.00
carrots GF DF V	\$35.00
sweet potato GF DF V	\$35.00
chickpea curry GF DF V	\$30.00
slaw GF DF V	\$25.00
chopped salad GF DF V	\$40.00

SAUCES + TOPPINGS

pickled cucumbers GF DF V	\$10.00
garlic hummus GF DF V	\$10.00
raisins GF DF V	\$5.00
sumac onions GF DF V	\$5.00
pickled eggs (8) GF DF Vg	\$10.00
avocado crema GF DF V	\$10.00
yogurt GF Vg	\$5.00
coconut tahini GF DF V	\$5.00
tamarind sauce GF DF V	\$5.00
sweet chili GF DF V	\$5.00
coconut crack GF DF V	\$5.00
crispy shallots GF DF V	\$5.00
lentil crisps GF DF V	\$5.00
veggie crisps GF DF V	\$5.00

FOOD
KARMA