

Create Your Own

PROTEIN CHOICE

- Salmon 14.55
○ Honey-Sriracha Salmon +.80
- Grilled Catch 14.55
Blackened hake, white + flaky
- Shrimp 14.55
○ Grilled ○ Crispy +.50
- Crispy Cod 15.25
Panko crusted
- Seared Tuna 16.95
Rare* w/sesame-soy
- Chicken 13.45
Grilled
- Tofu 12.85
Sautéed, w/sesame-soy sriracha
- Honey Lemon 14.25
Chicken *Seasonal!*

PROTEIN SIZE

- Original
- Large 4.00
- Double 7.00

BUILD

- Greens & Grains
Half Powerbox + Half Veggiebox
- Powerbox
Brown rice, quinoa, wheat berry,
fresh spinach, herbs
- Veggiebox
Sautéed brussels, broccoli, green
beans, kale, fresh spinach, herbs
- Miso Cashew
White rice, carrots, red cabbage,
cucumber, cashews and tahini
sesame-soy
- Salad
3 greens, sweet potatoes, red
cabbage, crispy onions, carrots,
shaved parm + herbs, with
choice of dressing
- Tacos
2 flour tortillas, slaw, pickled red
onions, cilantro, jalapeño and herb
sauce, with cilantro white rice

SAUCES

- Sesame-Soy Sriracha .075
- Golden Ginger Lime .075
- Supergreen Garlic + Herb .075

TO SHARE

- Green Garlic Shrimp 9.00
- Crispy Shrimp Snack 9.00
- Hush Puppies 7.00

SIDES & SOUP

- Classic Tots . . . 3.25
- Truffle-Parm Tots 3.25
- Buffalo Ranch Tots 3.25
- Classic Slaw . . . 3.25
- Fries 4.25
- Veggie Blend . . . 3.25
- Grain Blend . . . 3.25
- White Rice 3.25
- Sweet Potatoes . . . 3.25
- Garlic Bread 1.50
- Chowdah 5.00 | 9.00
○ Mini ○ Regular
- Cookie 1.85



Or... Choose a Classic

- Blackened Fish Sandwich
With lettuce, pickles, sando tartar
and herbs, served with seasoned
fries . . . 16.75

- Dinner Plate
Choose a large portion of protein,
two sides + garlic bread . . . 23.00

- Fish & Chips
Beer battered, served with
fries, slaw, tartar sauce, and
malt vinegar . . . 17.50

- Green Goddess Grilled Shrimp Bowl
With lemon herb panko, mixed greens,
white rice, peas, cucumbers, shaved
radish and parm . . . 17.25
Seasonal!

- Grilled Salmon Caesar
Kale and mixed lettuces, shaved
parm, croutons, served with garlic
bread . . . 17.75
○ Swap blackened shrimp

- Lobster Roll
Served warm in a toasted
bun, with truffle-parm tots
. . . 35.00

DRINKS

- Craft Cooler . . . 3.25
- Fountain Drink 3.25
- Bottled Beverage 3.25
- Lemon Honey Iced Tea . . . 3.25 *Seasonal!*
- Wine 8.50
- Beer 6.50-7.50
- Cocktail 8-10.00

Name: _____

For Here To Go



REWARDS ARE HERE!

*This item is served undercooked. Consuming raw or undercooked seafood may increase your risk of foodborne illness.