



Before placing your order, feel free to inform us if you or anyone in your party have any food allergies.

Malibu Poke – Allergy & Diet Info

	Allergen					Diet & Lifestyle		
	Gluten/Wheat Free	Egg Free	Soy Free	Peanut/Tree Nut Free	Shellfish Free	Whole 30	Paleo	Low Carb: Keto, Atkins
Bases	sushi rice	✓	✓	✓	✓	✓		
	cauliflower rice	✓	✓	✓	✓	✓	✓	✓
	brown rice	✓	✓	✓	✓	✓		
	seaweed blend	✓	✓	✓	✓	✓		✓
Proteins	massaged kale	✓	✓	✓	✓	✓	✓	✓
	ahi tuna	✓	✓	✓	✓	✓	✓	✓
	atlantic salmon	✓	✓	✓	✓	✓	✓	✓
	hamachi	✓	✓	✓	✓	✓	✓	✓
	cooked shrimp	✓	✓	✓	✓	✓	✓	✓
	tofu	✓	✓		✓	✓		✓
	malibu sauce	✓	✓		✓	✓		✓
Sauces	spicy chili	✓	✓		✓	✓		✓
	bonito aioli	✓			✓	✓		✓
	red miso	✓	✓		✓	✓		✓
	wasabi ponzu		✓		✓	✓		✓
	coconut curry	✓	✓	✓	✓	✓	✓	✓
	garlic ginger	✓	✓		✓	✓		✓
	spicy aioli	✓			✓	✓		✓
	tropical chimichurri	✓	✓	✓	✓	✓	✓	✓
	avocado	✓	✓	✓	✓	✓	✓	✓
	seaweed blend	✓	✓		✓	✓		✓
Premium Toppings	wasabi tobiko	✓	✓		✓	✓		✓
	micro herbs	✓	✓	✓	✓	✓	✓	✓
	bonito flakes	✓	✓	✓	✓	✓	✓	✓
	macadamia nuts	✓	✓	✓	✓	✓	✓	✓
	marinated shitake	✓	✓	✓	✓	✓		✓
	mint	✓	✓	✓	✓	✓	✓	✓
	basil	✓	✓	✓	✓	✓	✓	✓
	edamame	✓	✓		✓	✓		✓
	green onion	✓	✓	✓	✓	✓	✓	✓
	carrots	✓	✓	✓	✓	✓	✓	✓
Fresh Toppings	jicama	✓	✓	✓	✓	✓	✓	✓
	marinated cucumbers	✓	✓	✓	✓	✓		✓
	radish	✓	✓	✓	✓	✓	✓	✓
	red onion	✓	✓	✓	✓	✓	✓	✓
	orange	✓	✓	✓	✓	✓	✓	
	asian pear	✓	✓	✓	✓	✓	✓	
	mango	✓	✓	✓	✓	✓	✓	✓
	serrano pepper	✓	✓	✓	✓	✓	✓	✓
	white pickled ginger	✓	✓	✓	✓	✓		✓
	daikon	✓	✓	✓	✓	✓	✓	✓
Crunchy Toppings	arare	✓	✓		✓	✓	✓	
	crispy shallot		✓	✓	✓	✓		
	toasted coconut	✓	✓	✓	✓	✓		
	crispy garlic	✓	✓	✓	✓	✓		
	furikake		✓	✓	✓	✓		
	togarashi	✓	✓	✓	✓	✓	✓	✓
	umami powder	✓	✓	✓	✓	✓	✓	✓
	spiced peanut	✓	✓	✓	✓	✓		✓
	toasted sesame	✓	✓	✓	✓	✓	✓	✓
	sansho pepper	✓	✓	✓	✓	✓	✓	✓
Drizzly Toppings	bonito oil	✓	✓	✓	✓	✓	✓	✓
	chili oil	✓	✓	✓	✓	✓	✓	✓
	chive oil	✓	✓	✓	✓	✓		✓
	sweet teriyaki	✓	✓		✓	✓		
	wasabi aioli	✓	✓	✓	✓	✓		✓
	citrus ponzu		✓		✓			

Have additional questions on our menu items? Please don't hesitate to let us know!