

# NUTRITIONAL GUIDE

## THE BUFFALO SPOT 2021



	Service size quantity	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber	Total Sugars (g)	Protein (g)	
<b>BUFFALO FRIES</b>													
• Buffalo Fries: Large, No Sauce	1	2360	1370	152	23	1	200	4460	182	15	2	68	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Egg, Milk, Soy, Wheat</li> <li>• <b>Gluten Statement:</b> Contains Gluten.</li> <li>• <b>Cross Contact:</b> Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.</li> </ul>
• Buffalo Fries: Regular, No Sauce	1	1920	1060	118	18	1	160	3700	157	13	1	58	
• Buffalo Fries: Small, No Sauce	1	1020	560	62	10	0	95	1940	82	7	1	33	
<b>BONELESS WINGS</b>													
• Boneless Wings: 10 Piece, Sauced	1	590-1200	280-850	31-95	6-18	0	245	2490-4790	9-21	0-2	4	67-70	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Egg, Wheat.</li> <li>• <b>Gluten Statement:</b> Contains Gluten.</li> <li>• <b>Cross Contact:</b> Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.</li> </ul>
• Boneless Wings: 10 Piece, Plain	1	560	280	31	6	0	245	850	5	0	0	66	
• Boneless Wings: 15 Piece, Sauced	1	880-1800	420-1280	47-142	9-27	0	365	3740-7180	14-31	0-3	1-6	100-105	
• Boneless Wings: 15 Piece, Plain	1	840	420	46	9	0	365	1280	7	0	0	99	
• Boneless Wings: 20 Piece Sauced	1	1160-2080	560-1420	63-158	12-29	0	485	4170-7610	16-34	0-3	1-6	133-138	
• Boneless Wings: 20 Piece, Plain	1	1120	550	62	11	0	485	1710	10	0	0	132	
• Boneless Wings: 5 Piece Sauced	1	290-600	140-430	16-47	3-9	0	120	1250-2390	5-10	0-1	0-2	33-35	
• Boneless Wings: 5 Piece, Plain	1	280	140	15	3	0	120	430	2	0	0	33	
<b>TRADITIONAL WINGS</b>													
• Traditional Wings: 5 Piece Sauced	1	370-670	190-470	21-52	5-11	0	225	1630-2780	2-8	0-1	0-2	43-44	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Cross Contact:</b> Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.</li> </ul>
• Traditional Wings: 5 Piece, Plain	1	350	180	20	5	0	225	810	0	0	0	42	
• Traditional Wings: 10 Piece Sauced	1	730-1350	370-940	41-105	11-23	0	450	3260-5550	5-16	0-2	1-4	86-89	
• Traditional Wings: 10 Piece, Plain	1	710	370	41	11	0	450	1620	0	0	0	85	
• Traditional Wings: 15 Piece Sauced	1	1100-2020	560-1410	62-157	16-34	0	670	4890-8330	7-24	0-3	1-6	129-133	
• Traditional Wings: 15 Piece, Plain	1	1060	550	61	16	0	670	2430	0	0	0	127	
• Traditional Wings: 20 Piece Sauced	1	1450-2370	740-1600	82-177	21-39	0	895	5700-9140	7-24	0-3	1-6	171-176	
• Traditional Wings: 20 Piece, Plain	1	1410	730	81	21	0	895	3240	0	0	0	170	
<b>TENDERS</b>													
• Tenders: 10 Piece Sauced	1	1020-1640	420-990	47-110	8-20	0	385	3370-5670	25-36	0-2	1-4	126-129	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Egg, Wheat.</li> <li>• <b>Gluten Statement:</b> Contains Gluten.</li> <li>• <b>Cross Contact:</b> Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.</li> </ul>
• Tenders: 10 Piece, Plain	1	1000	420	46	8	0	385	1730	20	0	0	125	
• Tenders: 15 Piece Sauced	1	1540-2460	630-1490	70-165	12-30	0	580	5060-8510	37-54	0-3	1-6	189-194	
• Tenders: 15 Piece, Plain	1	1500	630	69	12	0	580	2600	30	0	0	188	
• Tenders: 20 Piece Sauced	1	2040-2960	840-1700	94-189	16-34	0	775	5930-9370	47-64	0-3	1-6	251-256	
• Tenders: 20 Piece, Plain	1	2000	830	93	16	0	775	3470	50	0	0	250	
• Tenders: 5 Piece Sauced	1	510-820	210-500	23-55	4-10	0	195	1690-2840	12-18	0-1	0-2	63-65	
• Tenders: 5 Piece, Plain	1	500	210	23	4	0	195	870	10	0	0	63	
<b>BUFFALO CALI BURRITO</b>													
• Burrito: Buffalo Cali Sauced	1	1760 -2070	1120 -1410	125-156	21-27	1.5	130	3810-4960	122-127	7-8	3-5	39-40	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Egg, Milk, Soy, Wheat</li> <li>• <b>Gluten Statement:</b> Contains Gluten.</li> <li>• <b>Cross Contact:</b> Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.</li> </ul>
• Burrito: Buffalo Cali, No Sauce	1	1750	1120	124	21	1.5	130	2990	199	7	3	38	

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### SALADS

	Service size quantity	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber	Total Sugars (g)	Protein (g)	
• Salad: Buffalo Chicken, Sauced, includes Italian Dressing	1	520-1250	240-960	27-107	4-18	0-1	135-165	1910-3920	31-33	4-5	10-12	41-45	
• Salad: Buffalo Chicken, No Sauce or Dressing	1	440	210	23	4	0	135	460	19	4	5	41	• Allergen Statement: Egg, Wheat. • Gluten Statement: Contains Gluten. • Cross Contact: Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.
• Salad: Chicken Caesar, Includes dressing	1	1090	720	80	16	0	185	2360	41	4	10	56	• Allergen Statement: Contains Egg, Fish (Anchovy), Milk, Soy, Wheat. • Gluten Statement: Contains Gluten. • Cross Contact: Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.
• Side: Salad with Blue Cheese	1	690	540	60	11	0	50	1270	34	4	12	10	• Allergen Statement: Contains Egg, Milk, Soy, Wheat. • Gluten Statement: Contains Gluten. • Cross Contact: May contain Tree Nuts.
• Side: Salad with Ranch	1	660	500	56	9	1	35	1030	36	4	12	9	• Allergen Statement: Contains Egg, Milk, Soy, Wheat. • Gluten Statement: Contains Gluten.

### WRAPS

• Wrap: Buffalo Chicken, Plain, no dressing	1	620-1190	210-760	23-85	5-16	0-0.5	80-100	2110-3790	72-75	4-5	6-7	32-34	
• Wrap: Buffalo Chicken, No Sauce or Dressing	1	570	190	21	5	0	80	900	64	4	2	31	• Allergen Statement: Egg, Wheat. • Gluten Statement: Contains Gluten. • Cross Contact: Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.
• Wrap: Chicken Caesar	1	1060	540	60	14	0	120	2370	86	4	8	46	• Allergen Statement: Contains Egg, Fish (Anchovy), Milk, Soy, Wheat. • Gluten Statement: Contains Gluten. • Cross Contact: Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.
• Wrap: Side Salad with Blue Cheese	1	780	410	46	9	0	30	1560	81	4	9	15	• Allergen Statement: Contains Egg, Milk, Soy, Wheat. • Gluten Statement: Contains Gluten. • Cross Contact: May contain Tree Nuts.
• Wrap: Side Salad with Ranch	1	760	390	43	8	0	20	1410	82	4	8	14	• Allergen Statement: Contains Egg, Milk, Soy, Wheat. • Gluten Statement: Contains Gluten.

### FAMILY PACK

• 25 Boneless Wings, Sauced	1	1450-2680	700-1850	78-205	14-38	0	605	5410-10000	21-44	0-4	1-8	166-172	
• 25 Boneless Wings, Plain	1	1400	690	77	14	0	605	2130	12	0	0	164	• Allergen Statement: Egg, Wheat. • Gluten Statement: Contains Gluten. • Cross Contact: Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.
• 25 Tenders, Sauced	1	2550-3770	1050-2190	117-244	20-44	0	965	7620-12210	60-83	0-4	1-8	314-321	
• 25 Tenders, Plain	1	2490	1040	116	20	0	965	4340	51	0	0	313	• Allergen Statement: Egg, Wheat. • Gluten Statement: Contains Gluten. • Cross Contact: Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.
• 25 Traditional Wings, Sauced	1	1820-3040	930-2070	103-230	27-50	0.5	1120	7330-11920	--	0-4	1-8	214-220	
• 25 Traditional Wings, Plain	1	1760	920	102	26	0.5	1120	4050	0	0	0	212	• Allergen Statement: Does not contain any of the 8 major allergens. • Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur. • Cross Contact: Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.
• 50 Boneless Wings, Sauced	1	2910-5360	1410-3690	157-410	29-76	0.5	1215	10820-20010	42-88	0-8	2-16	332-345	
• 50 Boneless Wings, Plain	1	2800	1390	154	28	0.5	1215	4260	24	0	0	329	• Allergen Statement: Egg, Wheat. • Gluten Statement: Contains Gluten. • Cross Contact: Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.
• 50 Tenders, Sauced	1	5100-7550	2110-4390	234-488	40-87	0.5	1935	15230-24420	119-165	0-8	2-16	628-641	
• 50 Tenders, Plain	1	4990	2080	232	39	0.5	1935	8670	101	0	0	625	• Allergen Statement: Egg, Wheat. • Gluten Statement: Contains Gluten. • Cross Contact: Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.
• 50 Traditional Wings, Sauced	1	3640-6090	1850-4130	206-459	53-101	1	2240	14650-23840	18-64	0-8	2-16	428-440	
• 50 Traditional Wings, Plain	1	3530	1830	203	53	1	2240	8090	0	0	0	424	• Allergen Statement: Does not contain any of the 8 major allergens. • Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur. • Cross Contact: Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.

### BREADSTICKS

• Breadsticks, 1	1	100	0	0	0	0	5	160	21	1	1	3	• Allergen Statement: Contains Egg, Milk, Soy, Wheat. • Gluten Statement: Contains Gluten.
• Breadsticks, 4	1	400	0	0	0	0	10	640	84	4	4	12	• Allergen Statement: Contains Egg, Milk, Soy, Wheat. • Gluten Statement: Contains Gluten.
• Breadsticks, 6	1	600	0	0	0	0	20	960	126	6	6	18	• Allergen Statement: Contains Egg, Milk, Soy, Wheat. • Gluten Statement: Contains Gluten.
• Breadsticks, 8	1	800	0	0	0	0	25	1280	168	8	8	24	• Allergen Statement: Contains Egg, Milk, Soy, Wheat. • Gluten Statement: Contains Gluten.

### FRIES

• French Fries: Regular	1	1260	540	60	8	0	0	3010	160	14	0	21	• Allergen Statement: Contains Soy, Wheat. • Gluten Statement: Contains Gluten. • Cross Contact: Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.
• French Fries: Small	1	590	250	28	4	0	0	1400	75	7	0	10	• Allergen Statement: Contains Soy, Wheat. • Gluten Statement: Contains Gluten. • Cross Contact: Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.
• Side: Onion Rings	1	1160	780	87	13	0.5	20	1270	84	6	13	11	• Allergen Statement: Egg, Milk, Soy, Wheat. • Gluten Statement: Contains Gluten. • Cross Contact: Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.

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### SHAKES

- Shake: Chocolate
- Shake: Strawberry
- Shake: Vanilla

### DRESSINGS

- Dressing: 2 fl oz, Blue Cheese
- Dressing: 2 fl oz, Caesar
- Dressing: 2 fl oz, Italian Dressing
- Dressing: 2 fl oz, Ranch
- Dressing: 3.25 fl oz, Blue Cheese
- Dressing: 3.25 fl oz, Caesar
- Dressing: 3.25 fl oz, Italian Dressing
- Dressing: 3.25 fl oz, Ranch
- Dressing: 5.25 fl oz, Blue Cheese
- Dressing: 5.25 fl oz, Ranch
- Dressing: 6.5 fl oz, Blue Cheese
- Dressing: 6.5 fl oz, Ranch

### SAUCES (16 fl oz)

- Wing Sauce: 16 fl oz, Atomic Hot
- Wing Sauce: 16 fl oz, BBQ
- Wing Sauce: 16 fl oz, Cajun
- Wing Sauce: 16 fl oz, Chipotle
- Wing Sauce: 16 fl oz, Garlic Parmesan
- Wing Sauce: 16 fl oz, Jamaican Jerk
- Wing Sauce: 16 fl oz, Lemon Pepper
- Wing Sauce: 16 fl oz, Mango Habanero Wing Glaze
- Wing Sauce: 16 fl oz, Mild
- Wing Sauce: 16 fl oz, Original Hot
- Wing Sauce: 16 fl oz, Pineapple Jalapeno
- Wing Sauce: 16 fl oz, Teriyaki
- Wing Sauce: 16 fl oz, Very Hot

	Service size quantity	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber	Total Sugars (g)	Protein (g)	
	1	760	310	34	23	0	145	280	91	4	70	16	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Milk.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> </ul>
	1	740	310	34	21	0	130	270	89	0	66	17	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Milk.</li> <li>• <b>Gluten Statement:</b> May Contain Gluten (Flavoring).</li> </ul>
	1	740	340	38	25	0	150	290	89	0	62	17	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Egg, Milk, Soy.</li> <li>• <b>Gluten Statement:</b> Flavor in dressing may contain gluten.</li> <li>• Volume of dressing for 5 piece Wings and Tenders, Extra Dressing for Small Fries, Side Salad.</li> </ul>
	1	280	250	28	5	0	20	700	4	0	2	2	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Egg, Fish (Anchovies), Milk, Soy.</li> <li>• <b>Gluten Statement:</b> Flavoring may contain gluten.</li> <li>• Volume of dressing for 5 piece Wings and Tenders, Extra Dressing for Small Fries, Side Salad.</li> </ul>
	1	40	20	2	0	0	0	920	6	0	4	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy.</li> <li>• <b>Gluten Statement:</b> Flavor and Modified Food Starch in ranch base may contain gluten.</li> <li>• Volume of dressing for 5 piece Wings and Tenders, Extra Dressing for Small Fries, Side Salad.</li> </ul>
	1	300	280	32	5	0	20	390	3	0	2	1	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Egg, Milk, Soy.</li> <li>• <b>Gluten Statement:</b> Flavor in dressing may contain gluten.</li> <li>• Volume of dressing for 5 piece Wings and Tenders, Extra Dressing for Small Fries, Side Salad.</li> </ul>
	1	520	500	56	10	0	50	870	3	0	3	3	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Egg, Milk, Soy.</li> <li>• <b>Gluten Statement:</b> Flavor and Modified Food Starch in ranch base may contain gluten.</li> <li>• Volume of dressing for Extra Dressing for Medium Fries, Entree Salad.</li> </ul>
	1	450	410	45	8	0	30	1140	6	0	3	3	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Egg, Fish (Anchovies), Milk, Soy.</li> <li>• <b>Gluten Statement:</b> Flavoring may contain gluten.</li> <li>• Volume of dressing for Extra Dressing for Medium Fries, Entree Salad.</li> </ul>
	1	60	30	3	0	0	0	1490	10	0	6	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• Volume of dressing for Entree Salad.</li> </ul>
	1	490	460	51	8	1	35	630	6	0	3	2	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Egg, Milk, Soy.</li> <li>• <b>Gluten Statement:</b> Flavor and Modified Food Starch in ranch base may contain gluten.</li> <li>• Volume of dressing for Extra Dressing for Medium Fries, Entree Salad.</li> </ul>
	1	840	810	90	17	0	85	1410	6	0	6	6	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Egg, Milk, Soy.</li> <li>• <b>Gluten Statement:</b> Flavor in dressing may contain gluten.</li> <li>• Volume of dressing for 10 piece Wings and Tenders.</li> </ul>
	1	790	750	83	14	1	55	1020	9	0	5	3	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Egg, Milk, Soy.</li> <li>• <b>Gluten Statement:</b> Flavor and Modified Food Starch in ranch base may contain gluten.</li> <li>• Volume of dressing for 10 piece Wings and Tenders.</li> </ul>
	1	1040	1000	111	21	0	105	1740	7	0	7	7	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Egg, Milk, Soy.</li> <li>• <b>Gluten Statement:</b> Flavor in dressing may contain gluten.</li> <li>• Volume of dressing for 20 Piece Wings and Tenders.</li> </ul>
	1	980	930	103	17	1.5	65	1260	11	0	6	4	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Egg, Milk, Soy.</li> <li>• <b>Gluten Statement:</b> Flavor and Modified Food Starch in ranch base may contain gluten.</li> <li>• Volume of dressing for 20 Piece Wings and Tenders.</li> </ul>
	1	360	110	13	2	0	0	9270	59	12	21	11	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy.</li> <li>• <b>Gluten Statement:</b> Flavoring in sauce may contain gluten.</li> <li>• Wing Sauce volume for 50 Piece Family Pack.</li> </ul>
	1	1120	0	0	0	0	0	4640	288	0	272	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• Wing Sauce volume for 50 Piece Family Pack.</li> </ul>
	1	120	20	2.5	1	0	0	16290	21	8	8	4	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• Wing Sauce volume for 50 Piece Family Pack.</li> </ul>
	1	320	0	0	0	0	0	3520	48	0	32	16	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• Wing Sauce volume for 50 Piece Family Pack.</li> </ul>
	1	2560	2300	256	48	0	0	6560	64	0	16	16	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• Wing Sauce volume for 50 Piece Family Pack.</li> </ul>
	1	1120	0	0	0	0	0	6240	272	16	240	16	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Soy, Wheat.</li> <li>• <b>Gluten Statement:</b> Contains Gluten.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• Wing Sauce volume for 50 Piece Family Pack.</li> </ul>
	1	1600	1440	160	16	0	0	7680	32	0	16	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not include any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• Wing Sauce volume for 50 Piece Family Pack.</li> </ul>
	1	400	0	0	0	0	0	1440	96	0	96	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not include any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• Wing Sauce volume for 50 Piece Family Pack.</li> </ul>
	1	320	290	32	0	0	0	15040	32	0	0	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Milk, Soy.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• Wing Sauce volume for 50 Piece Family Pack.</li> </ul>
	1	110	20	2.5	1	0	0	16130	19	7	8	4	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• Wing Sauce volume for 50 Piece Family Pack.</li> </ul>
	1	640	0	0	0	0	0	3200	160	0	128	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• Wing Sauce volume for 50 Piece Family Pack.</li> </ul>
	1	1070	50	6	1	0	0	13660	235	2	199	24	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Soy, Wheat.</li> <li>• <b>Gluten Statement:</b> Contains Gluten.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• Wing Sauce volume for 50 Piece Family Pack.</li> </ul>
	1	110	20	2.5	1	0	0	15740	18	8	2	3	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• Wing Sauce volume for 50 Piece Family Pack.</li> </ul>

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### SAUCES (2 fl oz)

- Wing Sauce: 2 fl oz, Atomic Hot
- Wing Sauce: 2 fl oz, BBQ
- Wing Sauce: 2 fl oz, Cajun
- Wing Sauce: 2 fl oz, Chipotle
- Wing Sauce: 2 fl oz, Garlic Parmesan
- Wing Sauce: 2 fl oz, Jamaican Jerk
- Wing Sauce: 2 fl oz, Lemon Pepper
- Wing Sauce: 2 fl oz, Mango Habanero Wing Glaze
- Wing Sauce: 2 fl oz, Mild
- Wing Sauce: 2 fl oz, Original Hot
- Wing Sauce: 2 fl oz, Pineapple Jalapeno
- Wing Sauce: 2 fl oz, Teriyaki
- Wing Sauce: 2 fl oz, Very Hot

### SAUCES (3.25 fl oz)

- Wing Sauce: 3.25 fl oz, Atomic Hot
- Wing Sauce: 3.25 fl oz, BBQ
- Wing Sauce: 3.25 fl oz, Cajun
- Wing Sauce: 3.25 fl oz, Chipotle
- Wing Sauce: 3.25 fl oz, Garlic Parmesan
- Wing Sauce: 3.25 fl oz, Jamaican Jerk
- Wing Sauce: 3.25 fl oz, Lemon Pepper
- Wing Sauce: 3.25 fl oz, Mango Habanero Wing Glaze
- Wing Sauce: 3.25 fl oz, Mild
- Wing Sauce: 3.25 fl oz, Original Hot
- Wing Sauce: 3.25 fl oz, Pineapple Jalapeno
- Wing Sauce: 3.25 fl oz, Teriyaki
- Wing Sauce: 3.25 fl oz, Very Hot

Service size quantity	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber	Total Sugars (g)	Protein (g)	
1	45	15	1.5	0	0	0	1160	7	2	3	1	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy</li> <li>• <b>Gluten Statement:</b> Flavoring in sauce may contain gluten.</li> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> </ul>
1	140	0	0	0	0	0	580	36	0	34	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> </ul>
1	15	5	0	0	0	0	2070	3	1	1	1	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> </ul>
1	40	0	0	0	0	0	440	6	0	4	2	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> </ul>
1	320	290	32	6	0	0	820	8	0	2	2	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Milk</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> </ul>
1	140	0	0	0	0	0	780	34	2	30	2	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy, Wheat</li> <li>• <b>Gluten Statement:</b> Contains Gluten</li> <li>• <b>Gluten Statement:</b> Contains Gluten</li> </ul>
1	200	180	20	2	0	0	960	4	0	2	2	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy, Wheat</li> <li>• <b>Gluten Statement:</b> Contains Gluten</li> <li>• <b>Gluten Statement:</b> Contains Gluten</li> </ul>
1	50	0	0	0	0	0	180	12	0	12	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> </ul>
1	40	35	4	0	0	0	1880	4	0	0	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> </ul>
1	15	5	0	0	0	0	2020	2	1	1	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> </ul>
1	80	0	0	0	0	0	400	20	0	16	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy, Wheat</li> <li>• <b>Gluten Statement:</b> Contains Gluten</li> <li>• <b>Gluten Statement:</b> Contains Gluten</li> </ul>
1	130	5	0	0	0	0	1710	29	0	25	3	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> </ul>
1	15	5	0.5	0	0	0	1970	2	1	0	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> </ul>
1	70	25	2.5	0	0	0	1880	12	2	4	2	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy</li> <li>• <b>Gluten Statement:</b> Flavoring in sauce may contain gluten.</li> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> </ul>
1	230	0	0	0	0	0	940	58	0	55	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> </ul>
1	25	5	0	0	0	0	3330	4	2	2	1	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> </ul>
1	60	0	0	0	0	0	710	10	0	6	3	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy</li> <li>• <b>Gluten Statement:</b> Contains Gluten</li> <li>• <b>Gluten Statement:</b> Contains Gluten</li> </ul>
1	520	470	52	10	0	0	1330	13	0	3	3	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> </ul>
1	230	0	0	0	0	0	1270	55	3	49	3	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> </ul>
1	320	290	32	3	0	0	1560	6	0	3	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> </ul>
1	80	0	0	0	0	0	290	19	0	19	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> </ul>
1	60	60	6	0	0	0	3050	6	0	0	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Milk, Soy</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> </ul>
1	20	5	0	0	0	0	3280	4	1	2	1	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy, Wheat</li> <li>• <b>Gluten Statement:</b> Contains Gluten</li> <li>• <b>Gluten Statement:</b> Contains Gluten</li> </ul>
1	130	0	0	0	0	0	650	32	0	26	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> </ul>
1	220	10	1	0	0	0	2770	48	0	40	5	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy, Wheat</li> <li>• <b>Gluten Statement:</b> Contains Gluten</li> <li>• <b>Gluten Statement:</b> Contains Gluten</li> </ul>
1	20	5	0.5	0	0	0	3200	4	2	0	1	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> </ul>

# NUTRITIONAL GUIDE

## THE BUFFALO SPOT 2021



### SAUCES (4 fl oz)

- Wing Sauce: 4 fl oz, Atomic Hot
- Wing Sauce: 4 fl oz, BBQ
- Wing Sauce: 4 fl oz, Cajun
- Wing Sauce: 4 fl oz, Chipotle
- Wing Sauce: 4 fl oz, Garlic Parmesan
- Wing Sauce: 4 fl oz, Jamaican Jerk
- Wing Sauce: 4 fl oz, Lemon Pepper
- Wing Sauce: 4 fl oz, Mango Habanero Wing Glaze
- Wing Sauce: 4 fl oz, Mild
- Wing Sauce: 4 fl oz, Original Hot
- Wing Sauce: 4 fl oz, Pineapple Jalapeno
- Wing Sauce: 4 fl oz, Teriyaki
- Wing Sauce: 4 fl oz, Very Hot

### SAUCES (6 fl oz)

- Wing Sauce: 6 fl oz, Atomic Hot
- Wing Sauce: 6 fl oz, BBQ
- Wing Sauce: 6 fl oz, Cajun
- Wing Sauce: 6 fl oz, Chipotle
- Wing Sauce: 6 fl oz, Garlic Parmesan
- Wing Sauce: 6 fl oz, Jamaican Jerk
- Wing Sauce: 6 fl oz, Lemon Pepper
- Wing Sauce: 6 fl oz, Mango Habanero Wing Glaze
- Wing Sauce: 6 fl oz, Mild
- Wing Sauce: 6 fl oz, Original Hot
- Wing Sauce: 6 fl oz, Pineapple Jalapeno
- Wing Sauce: 6 fl oz, Teriyaki
- Wing Sauce: 6 fl oz, Very Hot

Service size quantity	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber	Total Sugars (g)	Protein (g)	
1	90	30	3	0	0	0	2320	15	3	5	3	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy</li> <li>• <b>Gluten Statement:</b> Flavouring in sauce may contain gluten.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	280	0	0	0	0	0	1160	72	0	68	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	30	5	0.5	0	0	0	4090	5	2	2	1	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	80	0	0	0	0	0	880	12	0	8	4	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	640	580	64	12	0	0	1640	16	0	4	4	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Milk.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	280	0	0	0	0	0	1560	68	4	60	4	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy, Wheat.</li> <li>• <b>Gluten Statement:</b> Contains Gluten.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	400	360	40	4	0	0	1920	8	0	4	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy, Wheat.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	100	0	0	0	0	0	360	24	0	24	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	80	70	8	0	0	0	3760	8	0	0	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Milk, Soy.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	30	5	0.5	0	0	0	4030	5	2	2	1	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	160	0	0	0	0	0	800	40	0	32	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	270	15	1.5	0	0	0	3410	59	0	50	6	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	25	5	0.5	0	0	0	3940	5	2	1	1	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	130	45	4.5	0.5	0	0	3470	22	5	8	4	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy.</li> <li>• <b>Gluten Statement:</b> Flavouring in sauce may contain gluten.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings, 16 Piece Tender, 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	420	0	0	0	0	0	1740	108	0	102	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings, 16 Piece Tender, 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	45	10	1	0	0	0	6150	8	3	3	2	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	120	0	0	0	0	0	1320	18	0	12	6	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings, 16 Piece Tender, 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	960	860	96	18	0	0	2460	24	0	6	6	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Milk.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings, 16 Piece Tender, 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	420	0	0	0	0	0	2340	102	6	90	6	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy, Wheat.</li> <li>• <b>Gluten Statement:</b> Contains Gluten.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings, 16 Piece Tender, 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	600	540	60	6	0	0	2880	12	0	6	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings, 16 Piece Tender, 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	150	0	0	0	0	0	540	36	0	36	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings, 16 Piece Tender, 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	120	110	12	0	0	0	5640	12	0	0	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Milk, Soy.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings, 16 Piece Tender, 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	40	10	1	0	0	0	6050	7	3	3	1	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings, 16 Piece Tender, 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	240	0	0	0	0	0	1200	60	0	48	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings, 16 Piece Tender, 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	400	20	2	0	0	0	5120	88	1	74	9	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy, Wheat.</li> <li>• <b>Gluten Statement:</b> Contains Gluten.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings, 16 Piece Tender, 16 Piece Wings and 16 Piece Tender.</li> </ul>
1	40	10	1	0	0	0	5900	7	3	1	1	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains:</b> 16 Piece Wings, 16 Piece Tender, 16 Piece Wings and 16 Piece Tender.</li> </ul>

# NUTRITIONAL GUIDE

## THE BUFFALO SPOT 2021



	Service size quantity	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber	Total Sugars (g)	Protein (g)	
<b>SAUCES (8 fl oz)</b>													
• Wing Sauce: 8 fl oz, Atomic Hot	1	180	60	6	1	0	0	4630	29	6	11	6	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy</li> <li>• <b>Gluten Statement:</b> Flavoring in sauce may contain gluten.</li> <li>• <b>Wing Sauce contains 10-20 trace levels of Penicillium.</b></li> </ul>
• Wing Sauce: 8 fl oz, BBQ	1	560	0	0	0	0	0	2320	144	0	136	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains 10-20 trace levels of Penicillium.</b></li> </ul>
• Wing Sauce: 8 fl oz, Cajun	1	60	10	1	0.5	0	0	8170	11	4	4	2	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains 10-20 trace levels of Penicillium.</b></li> </ul>
• Wing Sauce: 8 fl oz, Chipotle	1	160	0	0	0	0	0	1760	24	0	16	8	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains 10-20 trace levels of Penicillium.</b></li> </ul>
• Wing Sauce: 8 fl oz, Garlic Parmesan	1	1280	1150	128	24	0	0	3280	32	0	8	8	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Milk.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains 10-20 trace levels of Penicillium.</b></li> </ul>
• Wing Sauce: 8 fl oz, Jamaican Jerk	1	560	0	0	0	0	0	3120	136	8	120	8	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy, Wheat.</li> <li>• <b>Gluten Statement:</b> Contains Gluten.</li> <li>• <b>Wing Sauce contains 10-20 trace levels of Penicillium.</b></li> </ul>
• Wing Sauce: 8 fl oz, Lemon Pepper	1	800	720	80	8	0	0	3840	16	0	8	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Wing Sauce contains 10-20 trace levels of Penicillium.</b></li> </ul>
• Wing Sauce: 8 fl oz, Mango Habanero Wing Glaze	1	200	0	0	0	0	0	720	48	0	48	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Wing Sauce contains 10-20 trace levels of Penicillium.</b></li> </ul>
• Wing Sauce: 8 fl oz, Mild	1	160	140	16	0	0	0	7520	16	0	0	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Milk, Soy.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains 10-20 trace levels of Penicillium.</b></li> </ul>
• Wing Sauce: 8 fl oz, Original Hot	1	60	10	1	0.5	0	0	8060	10	4	4	2	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains 10-20 trace levels of Penicillium.</b></li> </ul>
• Wing Sauce: 8 fl oz, Pineapple Jalapeno	1	320	0	0	0	0	0	1600	80	0	64	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Modified Food Starch in sauce may contain gluten.</li> <li>• <b>Wing Sauce contains 10-20 trace levels of Penicillium.</b></li> </ul>
• Wing Sauce: 8 fl oz, Teriyaki	1	540	25	3	0	0	0	6830	118	1	99	12	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Soy, Wheat.</li> <li>• <b>Gluten Statement:</b> Contains Gluten.</li> <li>• <b>Wing Sauce contains 10-20 trace levels of Penicillium.</b></li> </ul>
• Wing Sauce: 8 fl oz, Very Hot	1	50	10	1	0	0	0	7870	9	4	1	2	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains 10-20 trace levels of Penicillium.</b></li> </ul>
<b>SEASONINGS</b>													
• Wing Sauce: 16 fl oz, Atomic Hot	1	10	0	0	0	0	0	190	0	0	0	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> </ul>
• Wing Sauce: 16 fl oz, BBQ	1	5	0	0	0	0	0	530	0	0	0	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> </ul>
• Wing Sauce: 16 fl oz, Cajun	1	0	0	0	--	--	--	300	--	--	--	--	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Flavoring may contain gluten.</li> </ul>
• Wing Sauce: 16 fl oz, Chipotle	1	220	160	18	10	0	60	360	2	0	0	12	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Contains Milk.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Wing Sauce contains 10-20 trace levels of Penicillium.</b></li> </ul>
<b>DRINKS</b>													
• Beverage: Large (with or without ice)	1	0-430	0	0	0	0	70-410	0-118	0	0-118	1-8	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Atomic contains caffeine and 10-20 trace levels of Penicillium.</b></li> </ul>
• Beverage: Regular (with or without ice)	1	0-270	0	0	0	0	40-260	0-74	0	0-74	0	0	<ul style="list-style-type: none"> <li>• <b>Allergen Statement:</b> Does not contain any of the 8 major allergens.</li> <li>• <b>Gluten Statement:</b> Formulated with no gluten-containing ingredients. Cross contact may occur.</li> <li>• <b>Atomic contains caffeine and 10-20 trace levels of Penicillium.</b></li> </ul>