

BOSTON SAIL LOFT

Specials for Friday

GRILLED PESTO CHICKEN ROLL UP _____ 13.95

Pesto grilled chicken breast topped with cheese and rolled in a flour tortilla with lettuce and tomato; also served with French fries.

CAJUN GRILLED SWORDFISH STEAK SANDWICH _____ 17.95

served on a toasted roll with lettuce and tomato also served with French fries and coleslaw.

BAKED SCROD BELLA VISTA _____ 18.95

a fresh scrod filet topped with peppers, onions and swiss cheese; served with your choice of rice, baked or mashed potatoes and vegetables.

***GRILLED BBQ TRIO** _____ 23.95

Beef tips, chicken and shrimp grilled with BBQ sauce and served with your choice of rice, baked or mashed potato and vegetables

PAN SEARED CRABCAKE CAESAR SALAD _____ 24.95

A lobster and crabmeat crab cake served over a tossed Caesar salad.

LEMON PEPPER BROILED SALMON FILET _____ 25.95

served with your choice of rice, baked or mashed potato and vegetables

SAUTEED SCALLOP STIR FRY _____ 25.95

sautéed in our stir fry sauce with freshly sliced garden vegetables; served over rice.

SAUTEED SHRIMP PRIMAVERA _____ 26.95

Jumbo shrimp sauteed in a garlic wine sauce with freshly sliced vegetables; served over linguini.

LOBSTER SALAD ROLL _____ 32.95

Fresh lobster meat mixed with mayo and served on a toasted brioche roll with lettuce, also served with French fries and coleslaw.

SINGLE STEAMED NEW ENGLAND LOBSTER _____ 29.95

A single lobster steamed and served with your choice of mussels or a small garden salad.

TWIN STEAMED NEW ENGLAND LOBSTERS _____ 49.95

Two lobsters steamed and served with your choice of mussels or a small garden salad.

*meat is cooked to your specifications, consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. *