



## MENU

Monday-Saturday

7 a.m.-3:30 p.m.

Order online or by phone for curbside pickup!

W: [thebloom.cafe](http://thebloom.cafe) | P: 314-65-BLOOM

5200 Oakland Ave., St. Louis, MO 63110

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## Breakfast

**Oatmeal GF..... \$3.25**

A generous helping of hot and creamy oats

Additional toppings \$.30 each: Toasted pecans,  
dried cranberries or fresh berries (in season).

**Fresh cut fruit GF ..... \$2.75**

Pineapple, cantaloupe, honeydew, grapes and  
strawberries. Add Greek yogurt for \$.60.

**Bagel and Cream Cheese ..... \$2.75**

Original, Asiago, blueberry or cinnamon raisin.

Served with plain or honey cinnamon cream cheese.

**Belgian Waffles**..... \$2.50 (half) \$4.25 (full)

Fluffy Belgian waffle with whipped butter and maple syrup. Additional toppings \$.40 each: Toasted pecans, fresh berries (in season), sliced banana or whipped cream.

**Bloom Breakfast Sandwich** ..... \$3.75

(GF \$1 extra on request)

A fresh egg baked in a nest of black forest ham or smoked turkey, topped with shredded cheddar and Monterey Jack cheese blend. Served on a toasted English muffin.

**Breakfast Burrito** ..... \$3.75

Scrambled eggs, sausage, pepper jack cheese, grilled peppers and onions, cilantro and a side of salsa.

Wrapped in a flour tortilla.

**Vegan Breakfast Burrito** ① ..... \$4.75

Scrambled tofu, black beans, vegan mozzarella, grilled peppers and onions, cilantro and a side of salsa. Wrapped in a flour tortilla.

**Tofu Scramble** ① GF ..... \$3.75

Scrambled tofu, grilled peppers and onions and vegan mozzarella. Served with breakfast potatoes.

**Blooming Club Strata** ..... \$4.75

Scrambled eggs, artisan bread cubes, bacon, turkey, tomato, baby spinach and a cheddar and Monterey Jack cheese blend baked in a casserole. Served with breakfast potatoes.

**Grandma Lucille's Veggie Strata .....\$4**

Scrambled eggs, avocado, tomato, baby spinach, zucchini and a cheddar and Monterey Jack cheese blend baked in a casserole. Served with breakfast potatoes.

**Blooming Platter ..... \$5.75**

(GF without toast)

Two ham or turkey Breakfast Blooms™ served with breakfast potatoes, bacon or sausage and toast.

## Sides

Piece of fresh fruit GF .....	\$.80
Breakfast potatoes GF.....	\$1.25
Yogurt (assorted flavors) GF .....	\$1.50
Toast (2 slices) .....	\$.95
Bacon (2 slices) GF.....	\$1.50
Sausage patties (2 patties) GF .....	\$1.50
Turkey sausage patties (2 patties) GF .....	\$1.50
Sausage links (2 links) GF .....	\$1.50

## Lunch

### Signature Salads

**Bloom Caesar Salad** ⑤ GF ..... \$7.75

Fresh romaine lettuce, house-made croutons and cashew-based Caesar dressing. Served gluten free without croutons on request. Add grilled chicken for \$1.99.

**Chef Salad** GF ..... \$8.25

Mixed green and romaine blend salad, topped with julienned ham and turkey, cheddar cheese, Swiss cheese, grape tomatoes, carrots and hard-boiled egg.

**Forest Park Cobb Salad GF ..... \$8.75**

Mixed greens lined with grilled chicken, bacon, cheddar cheese, blue cheese, avocado, tomato, black olives and hard-boiled egg.

**Side Salad ① GF ..... \$4.25**

Mixed greens with cucumbers, carrots, red cabbage and grape tomatoes.

### **House-made Dressings**

Balsamic vinaigrette, buttermilk ranch, cranberry citrus vinaigrette or red wine vinaigrette.

All dressings are vegan except buttermilk ranch.



## Sandwiches

All sandwiches are served with a pickle spear and a side item. Choose from Brussels sprouts slaw, creamy potato salad, grilled vegetables, macaroni and cheese, steamed broccoli or Zapp's® potato chips. Substitute a cup of soup or stew for \$1.50.

**Caesar Grilled Chicken ..... \$9.25**

(GF \$1 extra on request)

Grilled chicken, melted Swiss cheese, romaine lettuce and cashew-based Caesar dressing. Served on an herb Kaiser roll.

**Buffalo Grilled Chicken..... \$9.25**

Grilled chicken, house-made hot sauce, pepper jack cheese, ranch dressing, lettuce and tomato. Served on a Kaiser roll.

**Chicken Club** ..... \$9.25

(GF \$1 extra on request)

Grilled chicken, crispy bacon, provolone cheese, leaf lettuce, tomato and pesto aioli. Served on an herb Kaiser roll.

**Reuben** ..... \$9.25

Corned beef brisket, melted Swiss cheese, sauerkraut and Thousand Island dressing. Served on grilled rye swirl bread.

**Tuna Melt** ..... \$8.99

Freshly made tuna salad, American cheese and sliced tomato. Served on grilled whole wheat bread.

## Bloom Subs

All Bloom subs are served with a pickle spear and a side item. Choose from Brussels sprouts slaw, creamy potato salad, grilled vegetables, macaroni and cheese, steamed broccoli or Zapp's® potato chips. Substitute a cup of soup or stew for \$1.50.

## Chicken Salad

(GF 6" \$1 extra on request)

Chicken salad topped with provolone cheese, lettuce, tomato and red onion.

\$8.99 (6") \$16.99 (18") \$24.99 (27")

(order 18" and 27" subs 24 hours in advance)

## Turkey and Avocado

(GF 6" \$1 extra on request)

Turkey and avocado topped with provolone cheese, lettuce, tomato and red onion, and drizzled with an Italian vinaigrette.

\$8.99 (6") \$16.99 (18") \$24.99 (27")

(order 18" and 27" subs 24 hours in advance)

## Ham and Salami

(GF 6" \$1 extra on request)

Ham and salami topped with provolone cheese, lettuce, tomato and red onion, and drizzled with an Italian vinaigrette.

\$8.99 (6") \$16.99 (18") \$24.99 (27")

(order 18" and 27" subs 24 hours in advance)

## Paninis

All paninis are served with a pickle spear and a side item. Choose from Brussels sprouts slaw, creamy potato salad, grilled vegetables, macaroni and cheese, steamed broccoli or Zapp's® potato chips. Substitute a cup of soup or stew for \$1.50.

**Cuban** ..... \$9.75

Black forest ham, roasted pork, Swiss cheese, dill pickle and Dijon mustard. Served on pressed Cuban bread.

**Pizza Press** ..... \$9.75

Thinly sliced roast beef, salami, pepperoni, provolone cheese, banana peppers and marinara sauce. Served on ciabatta.

**Classic Roast Beef** ..... \$9.75

Slow roasted top round sliced thin, topped with sharp cheddar cheese and horseradish sauce. Served on ciabatta.

## Wraps

All wraps are served with a pickle spear and a side item. Choose from Brussels sprouts slaw, creamy potato salad, grilled vegetables, macaroni and cheese, steamed broccoli or Zapp's® potato chips. Substitute a cup of soup or stew for \$1.50.

**Garden Wrap** ① ..... \$7.25

Seasonal grilled vegetables, black beans and baby spinach with a touch of house-made hummus. Wrapped in an herb tortilla and lightly toasted on the grill.

**Caprese Wrap** ..... \$7.25

Fresh mozzarella cheese tossed in pesto, Roma tomatoes, romaine lettuce and balsamic glaze. Wrapped in a spinach tortilla. Add grilled chicken for \$1.99.

**Caesar Grilled Chicken** ..... \$9.25

Grilled chicken, melted Swiss cheese, romaine lettuce and cashew-based Caesar dressing. Wrapped in an herb tortilla.

**Buffalo Grilled Chicken**..... \$9.25

Grilled chicken, house-made hot sauce, pepper jack cheese, lettuce, tomato and buttermilk ranch dressing. Wrapped in an herb tortilla.

**Chicken Club** ..... \$9.25

Grilled chicken, crispy bacon, provolone cheese, leaf lettuce, tomato and pesto aioli. Wrapped in an herb tortilla.



## Soups

**Dogtown Stew**.....\$3.50 (cup) \$5 (bowl)

Slow-simmered corned beef and cabbage with chunks of potatoes, carrots and onions in a savory broth, topped with pumpernickel rye bread croutons.

**Blooming Garden** ⑤ GF.....\$3.50 (cup) \$5 (bowl)

### Vegetable

Hearty vegetable soup in a seasoned vegetable broth.

## Children's Menu

Children's menu items are served with Zapp's® potato chips or a fruit cup and a 9 oz. fountain drink, water or milk. For guests 12 and under.

**Grilled Cheese** ..... \$4.99

American cheese on whole wheat bread, lightly toasted on the grill.

**Chicken Quesadilla** ..... \$4.99

Grilled chicken and cheddar cheese on a tortilla.

**Ham and Cheese** ..... \$4.99

Thinly sliced ham and cheddar cheese on whole wheat bread.

## Beverages

### Soft Drinks

Pepsi.....	\$1.25 (small)	\$1.75 (large)
Diet Pepsi .....	\$1.25 (small)	\$1.75 (large)
Mist Twst.....	\$1.25 (small)	\$1.75 (large)
Dr Pepper .....	\$1.25 (small)	\$1.75 (large)
Diet Dr Pepper .....	\$1.25 (small)	\$1.75 (large)
Dole Lemonade .....	\$1.25 (small)	\$1.75 (large)
Crush Orange.....	\$1.25 (small)	\$1.75 (large)
Lipton Brisk Raspberry..	\$1.25 (small)	\$1.75 (large)

### Iced Tea

Unsweetened Iced Tea ..	\$1.25 (small)	\$1.75 (large)
Sweet Iced Tea.....	\$1.25 (small)	\$1.75 (large)

## Breve Coffeé

**House Coffee** .....\$1.59 (small) \$2.09 (large)

Our special blend of Indonesian, Central and South American coffees. Robust full bodied with a slightly sweet finish.

**House Harvest Decaf** ....\$1.59 (small) \$2.09 (large)

Full-bodied with a clean finish, it is roasted slightly darker for a smooth, robust flavor, unnoticeably decaffeinated.

**Bourbon Pecan** .....\$1.59 (small) \$2.09 (large)

Aromas of sweet smelling pecan pie with hints of vanilla and creamy caramel.

**Jamaican Me Crazy** .....\$1.59 (small) \$2.09 (large)

An island blend of Kahlua, caramel and vanilla.

## Espresso

All drinks are also available iced, with whole milk, skim milk, almond milk or soy milk, regular or decaffeinated and with sugar-free flavoring.

**Latté** .....\$2.89 (small) \$3.69 (large)

Espresso with steamed milk topped with froth.

**Flavored Latté** .....\$3.49 (small) \$4.19 (large)

Espresso with steamed milk, any flavor, topped with froth.

**Mocha** .....\$3.49 (small) \$3.99 (large)

Latté with Ghirardelli chocolate syrup, whipped cream and chocolate swirls.

**Caramel Silk** .....\$3.49 (small) \$4.49 (large)

Espresso, Ghirardelli caramel and white chocolate syrup, whipped cream and caramel swirls.

**Cappuccino** .....\$2.89 (small) \$3.29 (large)

Espresso with equal parts steamed milk and froth.

**Brevé**.....\$3.89 (small) \$4.79 (large)

Latté made with half and half.

**Espresso** .....\$1.10 (s) \$1.75 (d) \$2.40 (t)

Rich espresso in straight 1 1/2-oz. shots.

**Americano** .....\$1.79 (s) \$2.19 (d) \$2.59 (t)

Rich espresso and water.

**Additional espresso**..... \$.69

Add an espresso shot to any drink.

**Additional flavor** ..... \$.59

## Numi Organic Tea

**Chamomile Lemon** .....\$2

Sweet flowers and tart lemon myrtle leaves.

**Aged Earl Gray™** .....\$2

Assam aged with real bergamot.

**Orange Spice** .....\$2

White tea, real orange peel and spice.

**Decaf Ginger Lemon** .....\$2

Decaf green tea, ginger and lemongrass.

**Moroccan Mint** .....\$2

Refreshing sweet mint leaves.

**Jasmine Green** .....\$2

Green tea scented with real jasmine blossoms.

**Honeybush.....\$2**

Sweet honey South African nectar.

**Rooibos Chai .....\$2**

Warming spices and earthy vanilla tones.

**Maté Lemon .....\$2**

Yerba maté, green tea and lemon myrtle.

**Breakfast Blend .....\$2**

Rich hearty blend of black teas.

**Gunpowder Green.....\$2**

Full-leaf smooth green tea pearls.

**White Nectar™ .....\$2**

Osmanthus spring charmed by Irish apricots.



## Other Tea Drinks

Chai Latté.....\$1.59 (small) \$2.09 (large)

Black tea, Chai spices, vanilla, honey and steamed milk.

**Milk, Juice, Etc.**

**Milk** .....\$1

(white or chocolate)

**Juice** .....\$2

(apple, cranberry, orange or v8® Original  
Vegetable)

**Spring Water** ..... \$1.50

## Gelato

**Made from Scratch Gelato** ..... \$2.75

(selection varies weekly)

Two scoops of refreshing gelato. No mixes — just great, fresh ingredients from local suppliers.

## Sweet Treats

Assorted cookies and danishes.....\$1.75 (small)  
(selection varies daily)

Assorted muffins and scones..... \$3.25 (large)  
(selection varies daily)

## What Does It All Mean?

Ⓥ = Vegan      GF = Gluten free

🥜 = Contains peanuts or tree nuts

## The Garden Room

The Garden Room can accommodate up to 25 people for a business meeting or private event. Reserve online at [thebloom.cafe](http://thebloom.cafe) for daytime or evening events.