




















# IL COVO





## APPETIZERS

<b>PANE</b> crusty filoncini sesame bread with organic olive oil		4
<b>INSALATA ALL'ERBE</b> salad of mixed herbs and greens in a creamy citrus dressing with crispy garlic croutons		15
<b>ZUPPA DI PESCE</b> soup of seasonal fish and shellfish stewed in garlic, tomato & parsley with grilled focaccia	 	25
<b>ANTIPASTO FOR TWO</b> creamy burrata cheese, selection of cured meats, marinated olives, artichokes & warm bread	   	38
<b>POLPETTE</b> tender veal and ricotta meatballs in roasted chicken broth with fontina cheese		19
<b>FOCACCIA MARGHERITA</b> crusty focaccia bread baked with san marzano tomato sauce, mozzarella cheese & fresh basil	  	13









## PRIMI - RISOTTO & PASTAS

<b>RISOTTO</b> creamy northern italian risotto sauteed wild pine mushrooms, robiola di roccaverano cheese & fresh chives	 	29
<b>BUCATINI ALLA CARBONARA</b> classic roman pasta with crisp pork guanciale, egg yolk, pecorino cheese & black pepper		18
<b>RAVIOLI DI RICOTTA</b> fresh pasta filled with ricotta cheese in a braised tomato & beef ragu with parmigiano reggiano	   	19
<b>LASAGNA DI MARE</b> fresh egg pasta layered and baked with shrimp and scallops in a garlic & parsley besciamella		28

## SECONDI - MAIN COURSES

<b>TROTA</b> crispy b.c. steelhead trout fillet, saffron-braised fennel, sicilian capers, garlic & dorati tomatoes		28
<b>MANZO</b> 7oz roasted canadian striploin steak with sauteed chanterelle mushrooms & onions braised in bordeaux balsamic	  	32

## FORMAGGIO E DOLCI - CHEESE & DESSERTS

<b>AURICCHIO PROVOLONE PICCANTE</b> 50g pasteurized, sharp cow's milk cheese with seasonal preserve & warm bread		15
<b>TORTA ALLE MANDORLE</b> warm almond and cherry tart with vanilla gelato	  	12
<b>CANNOLI AL CIOCCOLATO</b> three pieces cannoli filled with sweetened ricotta, chocolate & sicilian pistachio	   	12
<b>SORBETTO AI LIMONE</b> vegan lemon sorbet with fresh raspberries & blackberries with opal basil		9

### ALLERGEN GUIDE - *unlisted ingredients*



onion



black pepper



garlic



peppers



pork



egg



shellfish



wheat



lactose



nuts