**Apps**

**Fried Oyster Mushroom 16.**

gluten free dredge, coconut oil fried, paleo ranch

**Pasture Raised Chicken Drums 16.**

cholula lime, paleo ranch, elote

con crema with cilantro

**Brie, Brussels & Artichoke Dip 15.**

triple cream brie, roasted

brussels, artichoke hearts,

& gluten free focaccia

**Cashew Queso 15.**

poached cashew, nutritional

yeast, hemp seed, tri-colored

chilies, malanga chips

**Calamari 15.**

rice flour dredge, marcona

almonds, marinara

**Quatro 21.**

fried mushroom, chicken tenders, calamari, fried onion rings

**Birria Tacos 15.**

cassava tortilla, braised beef

shank, mozzarella, ancho marrow consume

**Paleo Tacos 3 for 23. or 2 for 20.**

ground beef, bison, or chicken,

cassava tortilla, pico de gallo, cholula aioli, malanga chips &

salsa

**Salads & Sandys**

**Avocado Almond Salad 16.**

spring mix, marcona almonds, strawberries, goat cheese,

½ avocado, almond chutney

**Wild King Salmon & Beet Salad 24.**

baby greens, cherry tomatoes,

goat cheese, balsamic vinaigrette

**Warm Brussel Salad 16.**

sauteed shaved brussels,

walnuts, mustard poppy seed vinaigrette, shaved parmesan

**Green Goddess Salad 23.**

arugula, baby kale, cherry

tomatoes, bacon, gluten free

popcorn chicken

**Tuna Thai Salad 23.**

ahi tuna, arugula, basil, mint,

green onion, bell pepper,

cabbage, fried rice noodle,

thai peanut dressing

**Grass Fed Origin Burger 24.**

fried pasture raised egg,

uncured bacon, tomato,caramelized onion, mixed greens, cheddar,

brioche bun, aioli, & fries

**Enchiladas 3 for 23. or 2 for 20.**

beef, chicken or beef shank, ancho demi, aged cheddar, lime poblano rice, organic cassava tortilla

**Entrees**

**Quinoa Pilaf Fried Butternut Cup 26.**

white wine mushroom stock,

sauteed butternut squash and

beets, seared oyster mushrooms,

“my epicurean” baby greens

**Grass-Fed Hanger Steak 33.**

7 oz hanger steak, smashed marbled potatoes, salsa verde, asparagus

**Ancho Pork Tenderloin 26.**

7 oz heritage pork, crema elote, onion strings, ancho honey,

queso fresco, micro cilantro

**Steak Frites 40.**

12 oz grass-fed New York strip, mounted green peppercorn demi,

& fries

**Chicken Milanese 28.**

breaded pan fried tenderized

chicken breast, arugula, cherry

tomatoes, pickled red onion,

beurre blanc

**Shrimp & Grits 22.**

goat cheese grits, poblano crema

**Halibut 37.**

saffron butter braised carrots,

baby green salad, lemonette,

pickled red onion, lemon beurre

blanc

**Grass Fed Short Rib 33.**

paleo mashed potatoes, honey

glazed carrots, baby green salad, lemonette, pickled red onion

**Soups & Sides**

**Sweet Potato Fries 8.**

**Fries 8.**

**Sauteed Brussel Sprouts 9.**

**Malanga Chips & Salsa 5.**

**GF Mac & Cheese 10.**

**Bison Chili 15.**

**GF Focaccia 5.**

**Guacamole 14.**

**Fried Onion Rings 8.**

**Specials**

**Orange Chicken 24.**

jasmine rice & broccoli

**50/50 Smash Burger 24.**

*When Available*

50% lean/50% fat grass-fed beef, cheddar cheese, caramelized

onions, uncured bacon, pickled jalapenos, garlic aioli, brioche

bun, & fries

[**gluten free bun available 2.5]**

**Crab Cake 30.**

jumbo lump crab, cholula

remoulade, baby green salad,

lemonette, pickled red onions