

Origin Take Out Menu Lunch

Starters

Paleo Hummus 13

squash, macadamia nuts, tahini, roasted garlic, lemon juice, served with avocado oil malanga chips and veggies

Brussel Sprout Artichoke Dip \$10

brussels sprouts, artichokes, cream cheese, parmesan, malanga chips

Mains

Warm Brussel Salad 13 – add avocado 2.75

brussels, walnuts, mustard poppy seed vinaigrette, garnished with black lava sea salt
- salmon 10 pasture raised chicken breast 6 grass fed - hanger steak 14 burger patty 8

The Regular 15.5 – avocado 2.75

spinach, pasture raised chicken breast*, brussels sprouts, caramelized onions, pecans,
paleo green goddess, balsamic or mustard poppy vinaigrette
*substitute salmon 10

Chicken Avocado Salad 14

Mixed greens, honey roasted almonds, strawberries, avocado, almond garlic chutney

Grassfed Beef Burger 15 *sub gluten free bun 3

caramelized onion, greens, tomato, homemade aioli, veggie medley
– ½ avocado 2.75 one pasture raised egg your way 2 uncured bacon 3.5 pickles .5

Seasonal Hash Bowl 10

Two pasture raised eggs your way, sweet potato, apple, currants, sunflower seed, bacon

Brussel Sprout Bowl 12.5- or sub ½ hash, ½ brussels sprouts

Two pasture raised eggs your way, double order of roasted brussels sprouts

Add to your bowl

pasture raised – chicken breast or windy meadows chicken sausage – 7.5 two eggs your way - 4

grass fed - hanger steak 14 burger patty 8 ground beef 6

naturally raised - uncured bacon (2 pieces) 3

from the sea - salmon 10

A La Carte / Sides / Extras

two pasture raised eggs your way 4 uncured bacon 5 ½ avocado 2.75 caramelized onions .5 spinach 3 pickles 1

goat cheese 2 windy meadows chicken sausage 7 avocado oil malanga chips & salsa 8 (regular 6)

roasted brussels sprouts 8

seasonal sweet potato hash 6.5

avocado oil fries 7 (regular 5) avocado oil sweet potato fries 8 (regular 6)

Kid's Menu

Grilled Cheese 8 (sub gluten free 10)

Side of regular fries or sweet potato fries (add 2.00 for avocado oil)

Grain Free Chicken Tenders

Side of regular fries or sweet potato fries (add 2.00 for avocado oil)

Dessert

Gluten Free Chocolate Chip Cookies 8

Three warm cookies

Paleo Chocolate Mousse 11

Raw cacao, sprouted cashews, honey, vanilla, chia seeds, coconut, pecans

Please consider tipping your food runner ☺