SAJJ MENU INGREDIENTS AND ALLERGENS DETAILS

ITEM	SERVING	CALORIES	INGREDIENTS	VEGAN	GLUTEN FREE	NUT	EGG	HONEY	SOY	DAIRY	SESAME	PORK	SHELL FISH	PALEO
Arugula	2 oz	17	Wild arugula	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	YES
Arugula & cabbage slaw	2 oz	38	Arugula, cabbage, beets, balsamic vinegar, dijon mustard, onion, oregano, olive oil, soy oil, lemon	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Avocado	2 oz	91	Avocado	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	YES
Babaghanoush	2 oz	72	Eggplant, tahini, garlic, salt, lemon, citric acid, labneh (thick yogurt)	NO	YES	NO	NO	NO	NO	YES	YES	NO	NO	NO
Baklava	2.5 oz	425	Flour, sugar, butter, mixed nuts, milk, salt, soy oil, corn starch, preservatives	NO	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO
Balsamic vinaigrette	2 oz	80	Balsamic vinegar, dijon mustard, onion, oregano, olive oil, canola oil, lemon, pomegranate molasses	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Beef kabob	2.5 oz	153	Ground beef, red pepper, onion, parsley, all spice, black pepper, salt	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Beets	2 oz	97	Red beets	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	YES
Beets & carrots salad	2 oz	72	Beets, carrots, olive oil, lemon, salt	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Cabbage	8 oz	28	Red and white cabbage	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	YES
Cherry pepper	2 oz	15	Sliced cherry peppers, vinegar, salt	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Chicken kabob	2.5 oz	112	Chicken breast, tomato, garlic, lemon, olive oil, canola oil, cardamom, paprika, pepper paste, salt, butter milk, yogurt, white vinegar, white pepper	NO	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO
Chicken shawarma	2.5 oz	123	Chicken thighs, soy oil, tomato paste, pepper paste, vinegar, corn starch, spices, olive oil, garlic, onion powder, sugar, arabic gum, lactic acid powder, xanthan gum, natural flavors	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO
Chocolate hummus	2 oz	80	Nutella chocolate, garbanzo, maple syrup, cocoa powder, vanilla, mixed nuts, tahini	NO	NO	YES	YES	NO	YES	YES	YES	NO	NO	NO
Cilantro mint chutney	1 tbls	63	Garlic, cilantro, mint, olive oil, canola oil, jalapeño, lemon, salt	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Cinnamon chips	1 oz	120	Wheat flour, canola oil, yeast, salt, cinnamon, sugar, vanilla	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Cucumber & tomato mix	2 oz	4	Cucumber, tomato, parsley	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	YES
Eggplant ragout	8 oz	40	Tomato, onion, cilantro, olive oil, canola oil, jalapeño, mint, lemon, salt	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Falafel	1 ball	81	Garbanzo, onion, garlic, jalapeño, cilantro, parsley, citric acid, sesame, cardamom, coriander, cumin, rice flour, nutmeg, baking soda, salt, corn oil	YES	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO
Fattoush salad	4 oz	90	Tomato, cucumber, onion, garlic, lettuce, lemon, pita chips, pomegranate molasses, olive oil, salt, sumac, mustard	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES
Feta cheese	2 oz	150	Milk, salt, enzyme	NO	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO
Freekeh	4 oz	130	Wheat, salt, pepper, onion, all spice, cumin, cinnamon, cardamom, ginger, vegetables stock, olive oil, canola oil	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Garbanzo beans	2 oz	209	Garbanzo, cumin, olive oil, salt	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Garlic spread	1 oz	70	Garlic, potato, olive oil, canola oil, citric acid, salt	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Hummus	2 oz	106	Tahini, garbanzo, corn oil, citric acid, lemon, salt	YES	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO
Impossible kabob	4 oz	120	Soy protein concentrate, coconut oil, sunflower oil, natural flavors, 2% or less of: potato protein, methylcellulose, yeast extract, cultured dextrose, food starch modified, soy leghemoglobin, salt, soy protein isolate, mixed tocopherols (vitamin E), zinc gluconate, thiamine hydrochloride (vitamin B1), sodium ascorbate (vitamin C), niacin, pyridoxine hydrochloride (vitamin B6), riboflavin (vitamin B2), vitamin B12, red pepper, onion, parsley, all spice, black pepper	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO
Lamb kabob	2.5 oz	132	Ground lamb, red pepper, onion, parsley, all spice, black pepper, salt	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Lentil soup	1 cup	139	Red lentil, cumin, onion, garlic, olive oil, canola oil, corn flour, turmeric, salt, vegetables stock	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Mint leaves	2 oz	35	Mint	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	YES
Mint lemonade	1 cup	80	Mint, lemon, sugar	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Mixed greens	2 oz	8	Assorted greens	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	YES
Mixed greens with vinaigrette	2 oz	18	Balsamic vinegar, dijon mustard, onion, oregano, olive oil, canola oil, lemon	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Peri peri hot sauce	1 tbls	0	Chili, salt, vinegar	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Pickled cucumber	1 oz	13	Cucumber, vinegar, jalapeño, garlic, salt	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Pickled turnips	2 oz	13	Turnips, vinegar, garlic, beets, salt, sugar	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Pita bread	1 pcs	281	Wheat flour, canola oil, yeast, salt	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Pomegranate chicken	2.5 oz	117	Chicken thighs, onion,garlic, citric acid, sugar, pomegranate molasses, salt, vinegar, spices, soy oil, corn starch, natural falvors, turmeric, olive oil, lemon juice, xanthan gum	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO
Shrimp	3 oz	216	Boiled shrimps	NO	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO
Spicy tahini sauce	1 tbls	35	Tahini, lemon, red pepper, vinegar, sulphate, citric acid	YES	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO
Steak shawarma	2.5 oz	135	Beef, soy oil, onion, citric acid, garlic, vinegar, salt, corn starch, spices, olive oil, sugar, arabic gum, lactic acid powder, xanthan gum, natural flavor	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO
Strawberry lemonade	1 cup	95	Fresh strawberry, lemon juice, sugar	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Sumac cauliflower	2 oz	136	Cauliflower, corn oil, sumac	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Sumac onions	2 oz	12	Sumac powder, white onion, parsley	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	YES
Tabbouleh with quinoa	2 oz	90	Quinoa, parsley, tomato, green onion, mint, lemon, olive oil, all spice, black pepper, cinnamon	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Tahini beef kufta	2.5 oz	180	Ground beef, red pepper, onion, parsley, all spices, black pepper, salt, tahini, lemon, salt, citric acid	NO	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO
Tahini sauce	1 tbls	35	Ground sesame, lemon, salt, citric acid	YES	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO
Tamarind	1 cup	110	Tamarind, sugar, lemon, pomegranate molasses, date molasses	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Turmeric rice	4 oz	72	Olive oil, canola oil, turmeric, salt	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Tzatziki	2 oz	37	Labneh (thick yogurt), sour cream, garlic, cucumber, mint, salt, citric acid	NO	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO
Wrap bread	1 pcs	151	Wheat flour, canola oil, yeast, salt	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO