

SAJJ MENU INGREDIENTS AND ALLERGENS DETAILS														
Item	Serving Calories		Ingredients	Vegan	Gluten Free	Nut	Egg	Honey	Soy	Dairy	Sesame	Pork	Shell Fish	Paleo
Arugula	2 oz	17	baby arugula	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	YES
Arugula & cabbage slaw	2 oz	38	arugula, cabbage, beets, balsamic vinegar, dijon mustard, onion, oregano, olive oil, soy oil, lemon	YES	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO
Avocado	2 oz	91	avocado	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	YES
Babaganoush	2 oz	72	eggplant, tahini, garlic, salt, lemon, citric acid, labneh (yogurt)	NO	YES	NO	NO	NO	NO	YES	YES	NO	NO	NO
Baklava	2.5 oz	425	flour, sugar, butter, mixed nuts, milk	NO	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO
Balsamic vinaigrette	2 oz	80	balsamic vinegar, dijon mustard, onion, oregano, olive oil, soy oil, lemon	YES	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO
Beef & lamb gyros	2.5 oz	125	beef, lamb, bread crumbs, soy, salt, garlic, onion, yeast, all spice	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO
Beef kabob	2.5 oz	153	red pepper, onion, parsley, all spice, black pepper, salt	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Beets	2 oz	97	red beets	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	YES
Beets & carrots salad	2 oz	72	beets, carrots, olive oil, lemon, salt	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	YES
Cabbage	8 oz	28	ginger, vinegar, salt, sugar, garlic	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Cherry pepper	2 oz	15	vinegar, jalapeño, garlic, salt	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Chicken curry	2.5 oz	94.3	onion, garlic, olive oil, soy oil, cilantro, pomegranate molasses, curry, turmeric, ginger, mix spices, salt, corn starch	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Chicken kabob	2.5 oz	112	garlic, onion, cilantro, paprika, cumin, lemon, olive oil, soy oil, red pepper	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO
Chicken shawarma	2.5 oz	123	yogurt, olive oil, soy oil, onion, garlic, tomato, red pepper, salt, vinegar, cinnamon, cardamom, nutmeg, cloves, white pepper, ginger	NO	YES	NO	NO	NO	YES	YES	NO	NO	NO	NO
Cilantro chutney	1 tbls	63	garlic, cilantro, mint, olive oil, soy oil, jalapeño, lemon, salt	YES	YES	NO	NO	NO	YES	NO	NO	NO	NO	YES
Cucumber & tomato	2 oz	4	cucumber, tomato, parsley	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	YES
Eggplant ragout	8 oz	40	tomato, onion, cilantro, olive oil, soy oil, jalapeño, mint, lemon, salt	YES	YES	NO	NO	NO	YES	NO	NO	NO	NO	YES
Falafel	1 ball	81	garbanzo, onion, garlic, jalapeño, cilantro, parsley, sesame, cardamom, coriander, cumin, rice flour, nutmeg, baking soda, salt	YES	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO
Fattoush salad	4 oz	90	tomato, cucumber, onion, garlic, lettuce, lemon, pita chips, pomegranate molasses, olive oil , salt, sumac, mustard	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES
Feta cheese	2 oz	150	feta cheese (milk, salt, enzyme)	NO	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO
Garbanzo beans	2 oz	209	garbanzo, cumin, olive oil, salt	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Garlic spread	1 oz	70	garlic, potato, olive oil, soy oil, lemon, salt	YES	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO
Hummus	2 oz	106	tahini, garbanzo, corn oil, citric acid, lemon, salt	YES	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO
Lamb kabob	2.5 oz	132	red pepper, onion, parsley, all spice, black pepper, salt	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Lentil soup	1 cup	139	red lentil, cumin, onion, garlic, olive oil, soy oil, corn flour, turmeric, salt, vegetables stock	YES	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO
Mint leaves	2 oz	35	mint	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	YES
Mint lemonade	1 cup	80	mint, lemon, sugar	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Mix greens	2 oz	8	assorted lettuce	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	YES
Mix greens with vinaigrette	2 oz	18	balsamic vinegar, dijon mustard, onion, oregano, olive oil, soy oil, lemon	YES	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO
Pickled cucumber	1 oz	13	vinegar, jalapeño, garlic, salt	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Pita bread	1 pcs	281	wheat flour, soy oil, yeast, salt	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO
Pomegranate chicken	2.5 oz	117	onion, garlic, olive oil, soy oil, cilantro, pomegranate molasses, curry, turmeric, ginger, mix spices, salt	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO
Spicy tahini sauce	1 tbls	35	tahini, lemon, red pepper, vinegar, sulphate	YES	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO
Steak shawarma	2.5 oz	135	yogurt, olive oil, soy oil, onion, garlic, black pepper, vinegar, white pepper, cardamom, nutmeg, all spice, cinnamon, salt	NO	YES	NO	NO	NO	YES	YES	NO	NO	NO	NO
Strawberry lemonade	1 cup	95	fresh strawberry, lemon juice, sugar	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Sumac cauliflower	2 oz	136	cauliflower, corn oil, sumac	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	YES
Sumac onions	2 oz	12	sumac powder, white onion, parsley	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	YES
Tabbouleh with quinoa	2 oz	90	quinoa, parsly, tomato, green onion, mint, lemon, olive oil, all spice, black pepper, cinnamon	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Tahini beef kufta	2.5 oz	180	red pepper, onion, parsley, all spice, black pepper, salt, tahini, lemon, salt	NO	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO
Tahini sauce	1 tbls	35	tahini, lemon, salt	YES	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO
Tamarind	1 cup	110	tamarind, sugar, lemon, pomegranate molasses, date molasses	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Turmeric rice	4 oz	72	olive oil, soy oil, turmeric, salt	YES	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO
Turnip pickles	2 oz	13	vinegar, garlic, beets, salt, sugar	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Tzatziki	2 oz	37	labneh (thick yogurt), sour cream, garlic, cucumber, mint, salt, citric acid	NO	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO
Wrap bread	1 pcs	151	wheat flour, soy oil, yeast, salt	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO