





COLD-PRESSED JUICES

TURMERIC ROOT SHOT **£4.5**

Pineapple, turmeric, lemon,
cracked peppercorn, cayenne

BOOST ME UP **£7**

Carrot, orange, celery, red
pepper, ginger, turmeric

GO GREEN **£7**

Cucumber, apple, spinach, kale,
lemon, parsley, spirulina

SWEET GINGER SHOT **£4.5**

Apple, lemon, ginger

BAKERY

Continental Counter set up in Main Restaurant **£14.95pp** add your choice of plate **£21**

CAKES

Apple & sultana, passionfruit,
beetroot & chocolate fudge

PASTRIES

Chocolate or almond croissants,
pan au raisin, blueberry &
chocolate chip muffins

CHARCUTERIE

Olives & home-made chutneys

FRUIT

Bowl of fresh fruit: banana,
apple, berries, grapes

CEREAL & GRAINS

Fruit & berries with yoghurt, coconut or
almond milk original, sweetened, bon soy
soya milk. All bran, corn flakes, Weetabix,
granola, strawberries, flaked coconut,
honey, Greek yoghurt

BREADS

Selection of stone-baked
rustic breads, GF available.
Jams & butter, Marmite,
peanut butter, Nutella, honey

CHEESE

Blue Monday, Bath Soft,
Montgomery Cheddar,
Tunsworth Camembert

PLATES

EGGS & SALMON **£11**

Free-range scrambled eggs, hot-
smoked salmon, toasted sourdough

FINNAN HADDIE **£9**

Cold Smoked Haddock,
creamy scrambled eggs

BUTTERMILK PANCAKES **VE £9**

Mixed wild berry compote

THE FULL FRY **£13**

Fried eggs, streaky bacon, pork
sausage, plum tomato, thyme-
roasted field mushrooms

FULL VEGGIE FRY **V £13**

Eggs, avocado wedge, halloumi, plum
tomato, portobello mushroom, sourdough

FULL VEGAN FRY **VE £13**

Avocado wedge, plum tomato, Portobello
mushroom, corn sausage, sourdough

SMASHED AVOCADO **V £8**

Soft poached eggs,
toasted sourdough

TOASTED BRIOCHE **£8**

Avocado, chorizo, soft fried egg

OMELETTE **£10**

with a choice of fillings:
ham, chilli, onion, cheese,
mushrooms, peppers

SIDES

HALLOUMI **V £4**

AVOCADO **VE £3**

HASH BROWNS **VE £2**

STREAKY BACON **£4**

CUMBERLAND SAUSAGES **£4**

CORN SAUSAGES **VE £3**

OAK-SMOKED LONDON CURE SALMON **£5**

HOT DRINKS **£3**

Latte • Flat White • Cappuccino • Americano • Mocha • Tea • Chamomile Tea • Breakfast Tea • Green Tea (Japanese sencha)
Hot Chocolate • Turmeric Latte • Soothing Rose (Alternative milk available upon request: oat, coconut, soy)

VEGETARIAN | V

VEGAN | VE

CONTAINS NUTS | N