

JUICES

12 OZ

9.00

glow

carrot, orange, green apple, ginger, turmeric, chia seeds

revive

beet, carrot, green apple, lemon, ginger, coconut water

fuel up

celery, cucumber, green apple, kale, spinach, lemon, ginger, moringa leaf

refresh

pineapple, green apple, green grape, lemon, mint, alkaline water, blue spirulina

detox me

lemon, ginger, apple, coconut activated charcoal, cayenne pepper, alkaline water

fix my life

celery, green apple, cucumber, ginger, lemon

Seasonal

hydrate

watermelon, pineapple, kiwi, lemon, alkaline water

holiday glow

red apple, pomegranate, cranberry, lemon, alkaline water

SHOTS 2 OZ

4.00

wellness

pineapple, ginger, turmeric, lemon, coconut water, cayenne pepper

gut rescue

red cabbage, red apple, ginger, apple cider vinegar, lemon

vitality

carrot, ginger, turmeric, maca root, lemon

MYLKS 12 OZ

9.00

café con leche

almonds, dates, maple syrup, vanilla extract, three keys coffee, pink salt

bulking szn

almonds, strawberry, dates, coconut, maple syrup, vanilla extract, epic protein vanilla lucuma, pink salt

mindful matcha

almonds, dates, vanilla extract, epic protein mindful matcha, pink salt

SMOOTHIES 16 OZ 8.00

tropikale

pineapple, banana, mango, spinach, kale, coconut, coconut water

berry beauty

almond mylk, banana, strawberry, acai, guarana, blueberry, epic protein pro-collagen

papaya colada

papaya, banana, mango, coconut, blue spirulina, ginger, house-made seamoss gel, lime

café con hielo

almond mylk, dates, banana, almond butter, three keys coffee, cacao nibs, adaptogenic mushrooms

pitaya dreams

almond mylk, banana, strawberry, dragon fruit, epic protein vanilla lucuma

BOWLS 12 OZ

10.00

fresa y chocolate

acai berry and banana topped with fresh strawberry, lollysweets brownie cereal, cacao nibs, chia seeds & honey

isleña

dragon fruit and banana topped with fresh kiwi, pineapple, coconut flakes, coconut oil, chia seeds & honey

build-your-own

any smoothie base with four toppings of your choice

Toppings & Add Ins

adaptogenic mushrooms

gluten-free granola

matcha protein

almond butter

goji berries

pineapple

bee pollen

hemp seeds

plain protein

cacao nibs

honey

pro-collagen protein

chia seeds

house-made seamoss gel

strawberry

coconut flakes

kiwi

vanilla protein

coconut oil

lollysweets

ginger

brownie cereal