

DAYTIME

BREAKFAST

ACAI BOWL ACAI | BANANA | PITAYA | HOUSE-MADE PECAN & CHERRY GRANOLA | SEASONAL FRUIT | CHIA SEEDS | COCONUT (N)(V)(GF) \$14

LOADED BANANA BREAD VEGAN ESPRESSO MASCARPONE | BRÛLÉED BANANA | CACAO NIBS | DUKKAH (N)(V)(S) \$13

COCONUT YOGURT & GRANOLA COCONUT YOGURT | SEASONAL FRUIT | HOUSE-MADE PECAN & CHERRY GRANOLA (N)(V)(GF) \$14

THE BEST EGG SANDWICH CROISSANT | SCRAMBLED EGGS | CHEDDAR CHEESE | MARINATED KALE | HARISSA AIOLI | SMASHED AVOCADO (D) \$16
+ GLUTEN FREE TOAST \$1 + EGG WHITES \$3

BUTCHER'S PANCAKES RICE FLOUR PANCAKES | ALMOND MILK | COCONUT DRIZZLE | BERRY SAUCE (V)(N)(GF) \$16 + CANDIED WALNUTS & BANANAS \$2

BUTCHER'S BOWL ROASTED POTATOES | HARISSA AIOLI | MUSHROOM | SPINACH | CRISPY RED ONIONS | ADZUKI BACON | POACHED EGG (S)(GF) \$16
+ SLICED AVOCADO \$2 + IMPOSSIBLE MEAT (S) \$3 + TOFU SCRAMBLE (S) \$2

COUNTRY BREAKFAST IMPOSSIBLE SAUSAGE | OVER EASY EGGS | ROASTED POTATOES | SOURDOUGH TOAST | BROILED TOMATO (S) \$17
+ SUB TOFU SCRAMBLE \$2 + GLUTEN FREE TOAST \$1

CHAI FRENCH TOAST MAPLE-TAHINI CREAM | BANANA | CHAI-DATE SYRUP | MASALA NUT CRUNCH (N)(EGG) \$16 + FRUIT \$1

CRAB CAKE BENEDICT JACKFRUIT & SWEET POTATO QUINOA CAKES | DRESSED GREENS | POACHED EGGS | HOLLANDAISE SAUCE (GF) \$17
+ SUB TOFU SCRAMBLE \$2 + SUB POTATOES \$2

SURFER'S BREAKFAST FLOUR TORTILLA BURRITO | CAULIFLOWER RICE | BLACK BEANS | GUACAMOLE | CHEDDAR CHEESE | IMPOSSIBLE SAUSAGE
SCRAMBLED EGGS | CHIPOTLE SALSA (D)(S) \$16 + SUB TOFU SCRAMBLE \$2 + SUB VEGAN CHEESE \$1

LUNCH

DAILY SOUP DAILY SOUP MADE WITH SEASONAL MARKET VEGETABLES | SERVED WITH FOCACCIA BREAD \$10

ROASTED BEET HUMMUS ALEPPHO TAHINI | CUCUMBER | WATERMELON RADISH | RAINBOW CARROTS FOCACCIA TOAST (V) \$15 + GLUTEN FREE TOAST \$1

ARTICHOKE HEART QUESADILLA SPINACH DIP | MOZZARELLA | ROASTED PEPPERS | MARINARA (D) \$16 + VEGAN CHEESE (S) \$1

PURE PASSION SALAD BABY KALE | HONEYNUT SQUASH | ROASTED APPLES | TURMERIC PICKLED FENNEL | RADICCHIO | MAPLE WALNUTS | PURE PASSION VINAIGRETTE (V)(GF) \$15

SPICY KALE CAESAR CHIPOTLE MARINATED KALE | CRISPY RED ONIONS | AVOCADO | TOASTED ALMONDS | ALMOND PARMESAN | CROUTONS (N)(V) \$16 + GLUTEN FREE \$1

JUMBO LUMP CRAB CAKES JACKFRUIT & SWEET POTATO-QUINOA CAKES | FENNEL-CUCUMBER SLAW | LEMON-HERB TARTAR (GF)(V) \$16

MUSHROOM & SQUASH CARBONARA ZUCCHINI NOODLES | ADZUKI BACON BITS | ROASTED MUSHROOMS | BABY SPINACH | SEASONED BREAD CRUMBS (V)(S) \$17 + GLUTEN FREE \$2

CLASSIC AVOCADO TOAST SMASHED AVOCADO | CILANTRO | MUSTARD SEEDS | LIME | CURRY | 9-GRAIN BREAD (V) \$16
+ GLUTEN FREE TOAST \$1 + POACHED EGG \$2 + MAKE IT A BENEDICT (W/ HOLLANDAISE & POTATOES) \$3

AUTUMN HARVEST BOWL A HEALTHFUL COLLABORATION WITH @ADIDASRUNNERS | ROASTED SWEET POTATOES | TRI-COLOR QUINOA | BABY ARUGULA | WATERMELON RADISH
CRISPY CHICKPEAS | RAINBOW MICROGREENS | GINGER SOY DRESSING (V)(GF)(S) \$17 + AVOCADO \$2 + EGG \$2

THE BD ROYALE TWIN IMPOSSIBLE SMASH PATTIES | VEGAN AMERICAN | SMOKED COLA-BRAISED ONIONS | SHREDDED ICEBERG | TOMATO | 1K DRESSING (S)(D) \$22

B.L.A.T. SANDWICH HOUSE BAKED SOURDOUGH | ADZUKI BACON | ROSEMARY MAYO | STONE GROUND MUSTARD | AVOCADO | ROASTED TOMATO | ARUGULA (V) \$15 + SUB AVOCADO SMASH \$2

BUTCHER'S BURGER VEGETABLE + BLACK BEAN PATTY | MOZZARELLA | TOMATO | SAUTÉED ONIONS | VEGAN CHIPOTLE MAYO | BBQ | ARUGULA
ROASTED POTATOES | BRIOCHE (D) \$18 + ADD EGG \$2 + ADD AVOCADO \$2 + SUB VEGAN CHEESE \$2 + SUB IMPOSSIBLE PATTY (S) \$4 + SUB LETTUCE WRAP \$1

EXTRAS

ROASTED BRUSSELS SPROUTS CHILI GARLIC HONEY GLAZE | TOASTED HEMP HEARTS (V)(GF) \$11

TEMPEH OR ADZUKI BACON (S)(GF)(V) \$5

SEASONAL FRUIT SALAD (GF)(V) \$6

SIDE TOAST (V) \$2

ROSEMARY ROASTED POTATOES (GF)(V) \$7

OVEN ROASTED POTATO WEDGES (V)(GF) \$7

* (N) CONTAINS NUTS / (V) VEGAN / (GF) GLUTEN FREE / (D) CONTAINS DAIRY / (S) CONTAINS SOY*

*WE SOURCE FROM LOCAL & ORGANIC FARMS. OUR MENU IS 100% VEGETARIAN. AND WE HAVE MANY VEGAN & GLUTEN-FREE OPTIONS.

*WE ARE NOT LIABLE FOR ALLERGIES. PLEASE ALERT US IF YOU HAVE ANY ALLERGIES AS WE DO HAVE NUTS & GLUTEN IN HOUSE.