**Mid Afternoon Menu**

**SMASHED AVOCADO**
assorted house chips, gem lettuce, chili oil **8.5 GF V**

**ROASTED BRUSSELS SPROUTS**
macadamia nuts, toasted coconut, coconut-maple vinaigrette **9 GF V**

**FRIES**
sweet potato or jerk spiced **6 GF**

**COCONUT PARADISE SALAD**
bell peppers, cucumbers, snap peas, red onion, pickled red onions, cherry tomatoes, green apples, carrots, fresh herbs, jicama, kale & butter lettuce, coconut citrus vinaigrette **14 V**

**BLACKENED FISH TACOS**
 jerk slaw, mango salsa, corn tortillas **16 GF**

**FRIED CHICKEN SANDWICH**
organic Mary’s half chicken, sweet roll, jerk slaw, bbq sauce, grilled pineapple, choice of fries, sweet potato fries or salad **15 GF**

**TRADEWIND BURGER**
sweet roll, mango ketchup, jerk aioli, white cheddar, gem lettuce, pickled maui onion, choice of fries, sweet potato fries or salad **16**