



# LENT MENU

## BREAKFAST ITEMS

Salmon Benedict . . . . .	13.95	Salmon Florentine . . . . .	13.95
Salmon and two poached eggs, topped with hollandaise sauce served with home fries, side salad and your choice of either fresh baked croissant or english muffin		Salmon and two poached eggs, sautéed roma tomatoes and spinach topped with hollandaise sauce served with home fries, side salad and your choice of either fresh baked croissant or english muffin	
Eggplant Benedict . . . . .	12.95	Eggplant Florentine . . . . .	12.95
Sautéed eggplant and two poached eggs, topped with hollandaise sauce served with home fries, side salad and your choice of either fresh baked croissant or english muffin		Sautéed eggplant and two poached eggs, sautéed roma tomatoes and spinach topped with hollandaise sauce served with home fries, side salad and your choice of either fresh baked croissant or english muffin	
Salmon Bagel . . . . .	12.00		
A bagel with smoked salmon, cream cheese, capers, finely diced red onions and sliced tomatoes			

## SANDWICHES

Salmon Sandwich . . . . .	12.95	Ultimate Vegetarian . . . . .	10.50
A fresh salmon filet on a bed of shredded romaine lettuce, topped with caramelized onions and fresh grilled tomatoes		Eggplant, zucchini, yellow squash, caramelized onions, artichoke hearts, and roasted red peppers topped with gouda cheese	

## ENTRÉES

Surf & Turf Kabobs . . . . .	14.95
Served with 2 kabobs, one surf kabob with swordfish, pineapple and peppers and one turf kabob with sirloin, pineapple and peppers. Available options of two surf kabobs or two turf kabobs. Served on a bed of long grain wild rice, with homemade garlic bread and with a side salad	

## SOUPS

Homemade Clam Chowder Soup  
Made from scratch. Served with homemade garlic bread

Cup of Soup . . . . .	5.50	Bowl of Soup . . . . .	9.75
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## SALADS

Add salmon, 3 pan seared scallops or 5 grilled shrimp to any salad for \$6.00

House Salad . . . . .	7.75	Cesar Salad . . . . .	8.00	Megan Salad . . . . .	9.75
Organic spring mix, roma tomatoes, cucumber, carrots, feta cheese, and our homemade white balsamic dressing served with homemade garlic bread		Romaine lettuce with traditional caesar dressing, and parmesan cheese served with homemade garlic bread		Organic spring mix, roma tomatoes, cucumber, raisins, roasted pecans, and blue cheese crumbles served with homemade garlic bread	

\*\*Items that are cooked to order may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase the risk of foodborne illness.\*\*