

MERA Menu



Coffee & Espresso

- HOUSE BLEND 12oz \$3.25 | 16oz \$3.75
- ESPRESSO double \$3.25 | triple \$4.25
- CAPPUCCINO 12oz \$5.25 | 16oz \$5.85
- LATTE 12oz \$5.25 | 16oz \$5.85
- MOCHA 12oz \$6.00 | 16oz \$6.60
- AMERICANO \$3.95
- RED EYE 12oz \$4.75 | 16oz \$5.25
drip coffee with an added shot of espresso
- COLD BREW 12oz \$4.75 | 16oz \$5.45
- NITRO COLD BREW 12oz \$5.25 | 16oz \$5.85

Greek

- FREDDO ESPRESSO \$5.25
iced coffee made by shaking espresso with ice until it develops a smooth, velvety froth
- FREDDO CAPPUCCINO \$5.85
iced coffee drink made by shaking espresso with ice and adding a layer of cold frothed milk

Tea & More

- CHAI LATTE 12oz \$5.45 | 16oz \$6.25
- MATCHA LATTE 12oz \$5.75 | 16oz \$6.45
- RISHI TEAS \$3.75
- FRESH BREWED ICED TEA \$3.75
- HOT CHOCOLATE 12oz \$4.25 | 16oz \$4.95

Signature Drink

HONEY LAVENDER LATTE

12oz \$5.75 | 16oz \$6.25
double espresso, choice of milk, local honey, lavender syrup, cinnamon dusting

- ADD A SHOT single \$1.00 | double \$1.50
- ALT MILKS oat | almond | coconut + \$0.75
- FLAVORS + \$0.75
vanilla | mocha | white mocha | caramel | honey | pistachio
- PROTEIN POWDER vanilla | chocolate + \$2.95

Bakery & Breakfast



- SAUSAGE & EGG BREAKFAST WRAP \$9.95
italian sausage, egg, cheddar cheese, calabrian chili aioli, flour tortilla
- GARDEN BREAKFAST WRAP \$9.95
smoked mozzarella, egg white, roasted piquillo peppers, baby spinach, flour tortilla
- BAGELS
plain \$3.75 | everything \$4.25 | cinnamon raisin \$4.25
SPREADS: plain cream cheese | strawberry cream cheese | butter
- SCONES tomato & feta | lemon & raspberry \$5.25

- BUTTERED CROISSANT \$4.45
- ALMOND CROISSANT \$5.25
- CHOCOLATE CROISSANT \$5.25
- HAM & CHEESE CROISSANT \$6.95
- MUFFINS blueberry | seasonal \$4.75
- SEASONAL COOKIE \$4.25
- CHIA PUDDING CUP \$5.95
agave nectar, cranberry granola, almond

Handhelds & Salads

- GRILLED CHICKEN WRAP \$13.95
hummus, avocado, baby spinach, marinated tomato
- CAPRESE SANDWICH \$12.95
focaccia, sunflower basil pesto, fresh mozzarella, tomato, arugula, balsamic
- TURKEY CLUB \$13.95
brioche, turkey, bacon, avocado, lettuce, tomato

- GREENS & GRAINS BOWL \$12.95
quinoa, farro, feta, dried currants, sunflower seeds, baby kale, roasted lemon vinaigrette
- MEDITERRANEAN CHOPPED SALAD \$12.95
pepperoncini, feta, grape tomatoes, red onion, kalamata olives, butter lettuce, romaine, lemon oregano vinaigrette
- CHICKEN CAESAR SALAD \$15.95
grilled chicken, romaine, parmesan, sesame bread croutons, tahini caesar dressing

Retail

- ZAGORI NATURAL SPRING WATER \$4.95
still | sparkling
- VITA COCO COCONUT WATER \$4.95
- SODA \$2.50
coke | diet coke | sprite
- POPPI \$4.95
strawberry lemon | cherry cola
- GINGER-TUMERIC WELLNESS SHOT \$5.95

- KEVITA PINEAPPLE PEACH KOMBUCHA \$5.95
- CLEAN CAUSE BLACKBERRY YERBA MATE \$6.95
- RX PROTEIN BAR \$4.50
- MUSH OVERNIGHT OATS \$5.95
apple cinnamon | vanilla bean
- DARK CHOCOLATE COCOA ALMONDS \$4.95
- SIETE CHIPS \$2.95
bbq | sea salt

