

appetizers

**avocado toast:** Fresh smashed avocado on toasted focaccia bread with cherry tomatoes and parsley. Drizzled with olive oil. Served with a cup of soup **9.99**

**garlicky cucumbers:** Fresh sliced cucumbers and grape tomatoes tossed in garlic, sesame oil and lemon juice; and garnished with fresh cilantro and sesame seeds. **8.99**

**cauliflower wings:** Cauliflower bites battered and fried to a perfectly golden crisp, tossed in spicy buffalo or bbq sauce and served with poblano ranch, and celery sticks **11.99**

**deluxe nachos:**🍷Crispy corn tortilla chips covered in refried beans, queso, with guacamole, lettuce, chopped tomatoes, dairy-free sour cream, and jalapeños on top.**13.99**

**fried pickles:** Panko breaded, deep fried to perfection, kosher dill pickle spears, served with dairy-free poblano ranch and celery sticks **9.99**

**onion rings:**🍷 Sliced and hand-battered in-house. **10.99**

**chips & queso:** Crispy corn tortilla chips with dairy or dairy-free queso. **9.99**

**mozzarella sticks:** Crispy fried mozzarella sticks served with our popular marinara sauce. **9.99**

**gbd sampler:** Crispy fried Onion Rings, Fried Pickles, Cauliflower Hot Wings and Kale Fries, with our popular poblano ranch **14.99**

entrees

**chik-n® parmesan:** Chik-n® filet, marinara sauce and cashew parmesan cheese, served over linguine pasta. Served with a garden salad **13.99**

**eggplant parmesan:** Fried eggplant, marinara sauce and plant-based parmesan\* cheese, served over linguine pasta. Served with a garden salad **13.99** (\*contains nuts)

**chicken fried chik-n®:** Battered and fried chik-n® filet smothered in cream gravy. Served with mashed potatoes and kale salad **13.50**

**chicken fried steak:** A traditional crispy chicken-fried steak smothered in cream gravy and served with mashed potatoes and kale salad **13.99**

**kalelupas:** Two crispy corn tortillas topped with refried beans, shredded cheese or dairy-free queso\*, kale salad, and tomatoes. Guacamole and chia seed brown rice on the side. Made with gluten free ingredients, excluding the queso. **11.99**

**texas tender basket:** Includes three big and crispy Incogmeato™ Chik-n® Strips, with cream gravy and a slice of Texas toast **13.50**

**tomatillo enchiladas:** Sautéed zucchini and onions wrapped in soft corn tortillas and smothered in our housemade tomatillo sauce and cheese. Served with rice and refried beans. **13.99**

**cauliflower steak:** Miso marinated cauliflower steak roasted to perfection and served with pesto glaze, mashed potatoes and kale salad. **14.99**

**oyster mushroom stroganoff:** Rich and creamy oyster and crimini mushroom sauce tossed with linguini and garnished with roasted oyster mushrooms. Served with a side salad **19.99**

bowls

**charita bowl:**🍷Avocado, sesame slaw, carrots, tomatoes, chickpeas, quinoa tabouli, hummus, tofu feta and steamed broccoli on a bed of romaine. **Fifty-cents from every bowl sold is donated to Society for Animal Rescue and Adoption (SARA)** **12.99**

**monk’s bowl:**🍷Simple bowl. Bold taste! Whole beans, quinoa tabouli, and kale salad topped with our homemade chipotle mayo **10.99**

**protein salad:**🍷Kale salad, fresh spinach, chickpeas, quinoa tabouli, ground flaxseed, chickpea hummus, carrots, tomatoes, guacamole and roasted tofu **13.50**

**spicy beefless salad:** Sweet and spicy Korean-style beefless protein on a bed of greens with quinoa, avocado, serrano peppers, onion and tomatoes. **13.50**

**med bowl:** Whole wheat tortilla-lined bowl filled with quinoa tabouli, kale salad, dairy-free tzatziki, green olives, falafel patties, cucumbers, tomatoes, carrots, dolmas, and hummus **13.50**

**orange tofu bowl:** Crispy tofu with our house-made orange sauce, bell peppers and onions over rice, with a side of miso-buttered broccoli. **13.50**

drinks		
<b>1.50</b> Cucumber Water	<b>3.00</b> Lemonade	<b>3.75</b> Sparkling Water
<b>2.75</b> Coffee or Hot Tea	Pepsi	Sweet Tea
	Diet Pepsi	Unsweetened Tea
	Sprite	Green Tea
<b>6.00</b> Kombucha	Dr. Pepper	Hibiscus Tea

**pre-order meals2go pick-up Mondays \$45**

Make life easier with MEALS2GO, our weekly plant-based meals.



**pre-order Texas-size cinnamon roll \$12**

Plan ahead and reserve your cinnamon roll.



desserts	
Brownies	<b>4.50</b>
Cupcake	<b>4.50</b>
Slice of Cake	<b>6.75</b>
Cookie	<b>4.00</b>
Cinnamon Roll	<b>12.00</b>



plant-based pioneers  
-Est. 2007

**255 E. Basse Rd. San Antonio**  
**210.320.5865**

handhelds & burgers

*Served with your choice of a \$2 House Side*

**breakfast wrap:** A whole wheat tortilla stuffed with a crispy hash brown, egg-free JUST Egg®, house flavored sausage, dairy-free cheese, and BBQ Ranch Sauce **13.50**

**spicy beefless wrap:** Sweet and spicy Korean-style beefless protein tossed in a spicy and tangy sauce, fresh sesame ginger slaw, serrano peppers and cilantro, wrapped in a whole wheat tortilla **13.50**

**falafel burrito:** A spinach wrap filled chickpea falafel patties, tomatoes, tzatziki sauce, purple onions, spinach, hummus and olives **12.50**

**grilled cheese sandwich:** Toasted sourdough bread with white cheddar, fresh basil, and sun-dried tomatoes. Dairy-free cheese available **11.99**

**eggplant or chik-n® parmesan sandwich:** Breaded and fried filet of eggplant or chik-n® with marinara and cheese on a toast-ed Foccacia roll **13.99**

**big nasty:** House-made falafel patty with romaine lettuce, tomatoes, avocado, with cheese, grilled onions, fakin’ bacon, shiitake mushrooms and chipotle mayo. Upgrade to a BeyondMeat® patty for \$3 **13.99**

**green burger:** House-made veggie patty topped with avocado spread, chipotle mayo, fresh lettuce and tomatoes. Add cheese \$2, jalapenos \$.50, or BeyondMeat® patty \$3 **12.99**

**masala burger:** Our house-made chickpea patty seasoned with garam masala, tzatziki, fresh cucumbers and tomatoes and mango chutney. Served on a fresh toasted bun **13.99**

kids entrees

(12 and under): **6.99** includes a side & drink

Choose from:

**Pasta** (red sauce or garlic butter sauce)

**Grilled Cheese**

**Chik-n® Basket**

**Cheese Quesadilla**

**Bean & Cheese Taco**

**Bean & Cheese Nachos**

**Sides:**

Steamed Broccoli

French Fries

Sweet Potato Fries

<b>2.00</b> Jasmine Rice	Sesame Slaw	<b>3.50</b> French Fries
Kale Salad	Steamed Broccoli	Sweet Potato Fries
Corn Chips	Whole Beans	Garden Salad
Quinoa Tabouli	Mashed Potatoes	Soup*
Refried Beans	& Gravy*	*contains gluten

**An 18% gratuity will be applied for parties larger than six.**

www.eatatgreen.com

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**Note:** Our food is prepared in a common kitchen area. When selecting gluten free items from our menu, please note that our food is prepared in a common kitchen area with items containing gluten. gluten free establishment.