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| ::LOGOS:L&S_Logos_F:L&S_Logo_F_B&W.jpg | |  | | --- | | **boozy & bottomless** | $22 per person  Italian greyhound  BLOODY MARY  red sangria  min purchase of $15 | no sharing, please! | 2hr limit  mix & match | last order @ 2:30pm | last refill @ 2:55pm | | | |  |  |  | |
|  | BRUNCH  wood oven baked eggs 13  stewed tomatoes, taggiasca olives, fingerlings potatoes,  parmesan, torn herbs, grilled bread    MUSHROOM & ASPARAGUS OMELETTE 15  creamy goat cheese, wild arugula  "steak & eggs" 24  grilled 8 oz. skirt steak, soft parmesan scramble,  wild arugula, rye toast  "CACIO e pepe" eggs on toast 12  soft scrambled eggs, pecorino, cracked pepper, rye toast  SMOKED SALMON everything BAGEL 14 cream cheese, cucumber, radish, red onion, capers, dill  chicken sausage & egg SANDWICH 12  scrambled eggs, fontina cheese, pesto  The "downlow" burger 16  black angus beef, fontina cheese, caramelized onions,  house pickles, tomato aioli (no temperature)  ricotta pancake (each) 4  blueberries, lemon curd  HOUSE MADE ENGLISH MUFFINS 7.5  rosemary, sea salt, cultured house butter  wood oven THICK CUT MAPLE GLAZED BACON 6  CRISPY FINGERLING POTATOES 7  spicy buttermilk aioli   |  |  | | --- | --- | |  |  | | FRENCH PRESS coffee 6  in-house squeezed juice 6  dream team 44  bottle of Blanquette de Limoux, carafe of orange juice |  | |  |  |   @LoveAndSaltLA #loveandsalt  We love food pictures too! Tag us on Instagram  317 Manhattan Beach Blvd. Manhattan Beach, CA 90266  T 310.545.5252 | F 310.546.6072 loveandsaltla.com | |  | salads  freekehlicious salad 15  5 grains, 5 herbs, shaved radish, black currants,  toasted hazelnuts  shaved black kale 16  salami, olives, pickled peppers, breadcrumbs,  ricotta salata  california endive salad 16  crispy chickpea, anchovy, fried sage,  roasted garlic parmesan dressing  wood oven pizza & housemade pastas  tomato pie 17  mozzarella, parmesan, crushed chili, sicilian oregano  white anchovies +3, arugula +4, prosciutto +6  DUCK EGG PIE 21  pancetta, panna, potato, rosemary, mozzarella, parmesan  roasted MUSHROOM PIE 20.5  creamy taleggio, fontina, thyme  soppressata & black olive pie 19  mozzarella, parmesan, basil  bucatini 18  fennel sausage, black kale, parmesan, bread crumbs  TROTTOLE 19  roasted garlic, bone marrow, parsley, parmesan,  cracked black pepper  sweets    BROWN SUGAR PUDDinG 9  whipped cream, cocoa nibs, sea salt  warm iTalian donuts 8  Nutella  MARY D'S CHEESECAKE 8  graham cracker crust, blueberry jam  Some of our menu items contain shellfish, gluten, nuts and dairy.  Due to our style of service, we cannot promise that any items can be prepared without contact with these allergens  18% service charge will be added to parties of six or more | |  | |