

@REALFOODEATERY

REAL FOOD EATERY

REALFOODEATERY.COM

BREAKFAST SERVED 7:30AM - 10:30AM

BUILD YOUR OWN

Egg Bowl • 2 Egg Base (Local / Pastured)
• Two Sides • One Topping
• One Housemade Sauce
6.95

Choose Two Sides

Parmesan Roasted Broccoli Organic Sautéed Greens •
Roasted Sweet Potatoes Diced Avocado
Moroccan Chickpea Salad Bacon

Choose One Topping

Organic Tomatoes • Sharp Cheddar
Roasted Mushrooms Feta

Choose A Sauce

100% Homemade

Ketchup | Sesame | Sriracha

EXTRAS Scrambled Egg +1.35 Topping +1.00
Side +1.50 Sauce +.50

SIGNATURE EGG BOWLS

Americana 8.45
Egg Base, Bacon, Organic Sautéed Greens, Avocado, Cheddar

Mediterranean 6.45
Egg Base, Moroccan Chickpea Salad, Organic Tomatoes, Mushrooms, Feta

SIGNATURE BREAKFAST BOWLS

Oatmeal

Classic Oat 6.95
Oatmeal Base, Craisins, Coconut Flakes, Walnuts, Almonds, Cinnamon, Maple

Harvest Oat 6.70
Oatmeal Base, Organic Apples, Blueberries, Granola, Honey, Cream

Yogurt

Tropical 7.95
Yogurt Base, Coconut Flakes, Blueberries, Banana, Chia Seeds, Honey

Pepita Sunrise 7.95
Yogurt Base, Craisins, Peppitas, Almonds, Walnuts, Maple

BUILD YOUR OWN

Oatmeal Bowl
5.95

• Oatmeal, OR Non-fat Greek Yogurt Base
• Three Add-Ins • One Sweet / Spice Topping

Choose Three Add-ons

Blueberries Coconut Flakes Peppitas
Organic Apples • Roasted Walnuts Housemade Granola
Bananas Slivered Almonds Chia Seeds
Craisins

Choose One Topping

Honey Agave Turmeric
Maple Cinnamon Cream

EXTRAS Scrambled Egg +1.35 Sweet Topping +.75
Add-In +1.00 Spice Topping on us

Yogurt Bowl
6.95

WANT MORE REAL FOOD?

DOWNLOAD the Real Food Eatery app and skip the line + earn rewards

GET FAST DELIVERY via Caviar

CATER your next event with us! Email: catering@realfoodeatery.com

VISIT OUR OTHER LOCATIONS

1700 Market (18th & Market)
Mon-Fri 7:30am-7pm
267-639-3336
Breakfast, Lunch, Dinner

207 S. 16th Street (16th & Walnut)
Everyday 11am-9pm
215-608-8941
Lunch, Dinner

4040 City Ave (Bala Cynwyd)
Mon-Fri: 7:30-9:00
Sat-Sun: 8:30-9:00
267-969-3565
Breakfast, Lunch, Dinner

All of our food is 100% Gluten Free

• = Organic *Our choices for organic produce are guided by the Dirty Dozen List.