

# CALORIE & ALLERGEN INFORMATION SHEET



DISH CONTAINS	KCAL PER SERVING														
		1	2	3	4	5	6	7	8	9	10	11	12	13	14
Khao Tom	214 kcal	wheat	x				x	x							
Tom Kha Gai	358 kcal														
Tom Yam Goong	533 kcal		x		x		x	x							
Larb Ped	241 kcal				x										
Gai Xai Phai	324 kcal	wheat & barley			x	x	x								
Veg Xai Phai	466 kcal	barley			x										
Spicy Beef Salad	428 kcal	barley			x										
Edamame Pods	231 kcal						x								
Aromatic Duck Rolls	549 kcal	wheat					x					x			
Popia Tod	318 kcal	wheat & barley					x						x		
Satay Gai	371 kcal	wheat & barley	x		x	x	x								
Sticky Fingers	415 kcal	wheat					x					x			
Chicken Wings (7)	799 kcal														
Chicken Wings (14)	1598 kcal														
Tua Tod	541 kcal		x		x		x		cashew						
Thai Prawn Crackers	438 kcal		x												
Pork Belly Starter	749 kcal	wheat					x								
Prawn Roll	624 kcal	wheat	x			x									
Diep Mix For Two	671 kcal	wheat & barley	x		x	x	x					x			
Chok Chai	478 kcal	Wheat					x								
Bangkok	421 kcal	wheat					x								
Singapore	487 kcal	wheat	x	x	x	x	x					x			
Phad Thai	623 kcal		x	x		x									
Phad Thai Tofu & Veg	619 kcal			x			x								
Pattaya	757 kcal	wheat					x					x			
Chiang Rai	343 kcal	wheat					x								
Coconut Rice	552 kcal														
Hat Yai	384 kcal	wheat	x				x								
Thai Greens	180 kcal	wheat					x								
Diep Crispy Potatoes	594 kcal			x											
Steamed Broccoli	88 kcal														
Rice Steamed Jasmine	458 kcal														
Rice Egg Fried	502 kcal			x											
Rice Brown	403 kcal														
Noodles Egg	830 kcal	wheat													
Noodles Vermicelli	423 kcal														
Noodles Rice	387 kcal														
Chicken & Cashew Nut	495 kcal	wheat					x		cashew						
Mekong Duck	401 kcal	wheat					x								
Chilli & Sweet Basil	Beef: 482 kcal, Chicken 351 kcal, Duck: 487 kcal, Prawn: 250 kcal, Veg: 237 kcal	wheat	x (prawn option only)				x								
Siam Reap	Beef: 427 kcal, Chicken 296 kcal, Duck: 432 kcal, Prawn: 196 kcal, Veg: 166 kcal	wheat	x (prawn option only)				x								
Gingerboy	Beef: 474 kcal, Chicken: 343 kcal, Duck: 479 kcal, Prawn: 243 kcal, Veg 239 kcal	wheat	x (prawn option only)				x								
Sweet & Sour Chicken	641 kcal	wheat & barley													
Krathiam Gai	402 kcal	wheat					x								
Thai Style Chicken Satay	304 kcal		x		x	x									
Tommy's Isaan Pork	638 kcal	wheat					x								
Massaman Curry	Beef: 872 kcal, Chicken 757 kcal, Prawn: 647 kcal, Veg: 644 kcal, Lamb: 894 kcal		x		x										
Green Curry	Beef: 789 kcal, Chicken: 672 kcal, Prawn: 563 kcal, Veg: 559 kcal		x		x										
Red Curry	Beef: 781 kcal, Chicken 666kcal, Duck: 802 kcal, Prawn: 557 kcal, Veg: 554 kcal		x		x										
Panang Curry	Beef: 779 kcal, Chicken: 663 kcal, Duck: 799 kcal, Prawn: 554 kcal, Veg: 551 kcal		x		x										
Yellow Curry	Beef: 888 kcal, Chicken: 773 kcal, Duck: 909 kcal, Prawn: 664 kcal, Veg: 661 kcal		x (prawn option only)		x										
Rendang Beef Curry	773 kcal		x		x										
Khao San Gai	925 kcal	wheat	x	x	x		x								
Phi Phi	1051 kcal	wheat	x	x	x		x		cashew						
Tuk Tuk	1073 kcal	wheat	x	x	x		x					x			
Krabi	891 kcal	wheat	x	x	x		x								
Nasi Goreng	883 kcal	wheat	x	x	x		x								
Diep Special Fried Rice	1144 kcal	wheat	x	x	x		x		cashew			x			
Diep Style Spice Box	1289 kcal	wheat			x										