



# BOX LUNCH MENU

## INDIVIDUAL BOXES OR PLATTERS

Sandwiches are wrapped in butcher paper and served with Zapp's chips, a 3oz. side of FoodHeads' famous icebox pickles, a homemade cookie, fork, napkin, Hellmann's mayonnaise & Grey Poupon Dijon mustard packets and a Starlite mint. Each box will be individually labeled and can be customized.

### Classic Deli Sandwiches

All sandwiches are made with field greens and tomato.  
We use all natural turkey, ham, & roast beef

**\$11.95**

**CHOOSE A**

**BREAD**

- Whole Wheat
- Ciabatta
- Baguette
- Focaccia
- Sourdough

Gluten Free + \$1.50

**CHOOSE A**

**PROTEIN**

- Roasted Turkey
- Black Forest Ham
- Hard Salami
- Chicken Salad
- Tuna Salad
- Egg Salad
- Roast Beef + \$1.50

**CHOOSE A**

**CHEESE**

- Provolone
- Swiss
- Pepper Jack
- Sharp Cheddar
- Muenster

**ADD SPECIALTY CONDIMENTS ONLY 35¢ EACH**

- FoodHeads Zippy HoneyDill Mustard ★ Chipotle Lime Mustard
- Jalapeno Mustard ★ Fresh Elephant Garlic Mayonnaise
- Tarragon Mayonnaise ★ Chipotle Mayonnaise
- Roasted Red Pepper & Eggplant Mayonnaise ★ Balsamic Vinaigrette
- FoodHeads Hot Pepper Relish
- Bagna Cauda (Melted Butter, Garlic and Anchovies)

### Fresh Veggie Sandwiches

Made with our homemade hummus, field greens, tomato and your choice of bread, cheese & veggies.

**\$11.95**

**CHOOSE YOUR VEGGIES**

- Spinach ★ Red Onion ★ Cucumber ★ Squash ★ Shredded Carrots ★ Alfalfa
- Sprouts ★ Green Peppers ★ Jalapenos ★ Roasted Potatoes ★ Roasted
- Eggplant ★ Roasted Sweet Potatoes ★ Fresh Garlic

### Salad Dressings

- Ranch ★ Dijon Vinaigrette ★ Greek ★ feta
- Blackberry Balsamic Vinaigrette ★ Bleu Cheese

### Extras

- Fresh Cut Fruit 3.95
- Side Salad 4.50
- Cup of Soup 3.95
- Potato Salad 3.95
- Cole Slaw 3.95
- Black Beans 3.95
- Avocado 1.25
- Bacon 2.50
- Zapp's Chip 1.25
- Cookies 1.75

### Drinks

- Diet Soda (Canned) 1.35
- Bottled Water 1.35
- Bottled Sodas 2.25
- Mineral Water 2.25
- Gallon of Tea 12.50
- Gallon of Lemonade 15.00
- (w/ cups, ice, lemons, & sweeteners)

### Specialty Sandwiches

**TUNA NICOISE**.....\$13.95  
Chunk oil packed tuna with tomato, roasted potato, green beans, red onion, boiled egg, capers, greens and Dijon vinaigrette on baguette. Add anchovy fillets....\$1.25

**CLASSIC SIRLOIN STEAK SANDWICH**.....\$12.95  
Grilled sirloin, Swiss cheese, tomato, greens & honey Dijon mustard on ciabatta.

**CHICKEN CAESAR SANDWICH**.....\$12.95  
Grilled chicken breast, tomato and romaine lettuce tossed in a classic Caesar dressing with shredded Parmesan cheese on ciabatta.

**CLASSIC PORK TENDERLOIN**.....\$12.95  
Grilled pork tenderloin, Swiss cheese, tomato, greens & roasted red pepper mayo on ciabatta.

**GRILLED SQUASH & FRESH MOZZARELLA**.....\$12.95  
Served on toasted multigrain with spinach, tomato, basil pesto, & a blackberry balsamic vinegar reduction.

**GRILLED CHICKEN & EGGPLANT**.....\$13.95  
Served on toasted multigrain with spinach, tomato, goat cheese & blackberry balsamic vinegar reduction.

### Entree Salads

Includes a homemade cookie. Gluten free options available for upcharge.

**FRESH GARDEN SALAD**.....\$7.95  
Greens, tomatoes, sprouts, peppers, carrots, and cucumbers with your choice of dressing.

**TRADITIONAL CAESAR SALAD**.....\$7.95  
Romaine lettuce with tomatoes, Parmesan cheese, croutons & classic Caesar dressing.

**GREEK SALAD**.....\$9.95  
A tossed salad of romaine lettuce, cucumber, onion, tomato, croutons, feta cheese, Kalamata olives & classic Greek dressing.

**ADD CHICKEN TO ANY SALAD**....\$3.75

**COBB SALAD**.....\$14.95  
A bed of romaine layered with chicken, avocado, bleu cheese, bacon, tomato & boiled eggs with classic Cobb dressing.

**STEAK & ARUGULA SALAD**.....\$14.95  
Grilled sirloin, arugula, bleu cheese, red onions, yellow tomatoes, avocado, fresh serrano & Dijon vinaigrette. Served with garlic Parmesan toast.

**WILD SALMON SALAD**.....\$14.95  
Baked wild caught salmon, arugula, avocado, diced apple pico candied walnuts & Dijon vinaigrette. Served with garlic Parmesan toast.

**TUNA NICOISE SALAD**.....\$14.95  
Chili seared rare ahi tuna, arugula, boiled egg, Kalamata olives, green beans, grape tomatoes, new potatoes, anchovy filets, capers, Dijon vinaigrette & cracked pepper.

**PICKUP ORDERS & CATERING: 512 420-8400**