

# LUNCH MENU

Monday - Friday 11AM to 4PM

## APPETIZERS

### PICAMOLE

Diced avocados, tomatoes, cilantro, jalapeños and onions  
Sm - 4.25 | Med - 6.95 | Lg - 9.25

### FRONTERA GUACAMOLE

Blend your own. Fresh mashed avocado, served with  
diced tomatoes, cilantro, onions and jalapeños - 9.75

### CHILE CON QUESO

Cup - 5.95 | Bowl - 8.25  
Add meat 1.95

### CLASSIC GUACAMOLE

Avocado and diced tomatoes served with chips and salsa  
Sm - 4.25 | Med - 6.95 | Lg - 9.25

## SOUP & SALAD

### CLASSIC INTERIOR MEXICAN RED TORTILLA SOUP

Fresh red guajillo chile and chicken  
broth with avocado, tomatoes, corn,  
cilantro, cheese and tortilla chips  
Cup - 5.95 | Bowl - 8.75  
Add chicken 1.50

### CALDO DE POLLO

Old-fashioned chicken soup with  
vegetables, served with rice and  
corn tortillas.  
Bowl - 10.25

### SOPA DE FIDEO / CHICKEN NOODLE SOUP

An old-fashioned South Texas favorite  
made with vermicelli and chicken.  
*Light and delicious!*

Cup - 6.25 | Bowl - 9.95

### TACO SALAD

Served with a crunchy bowl.  
Choice of taco meat or chicken - 9.95  
or sub fajita meat - 10.95

### CUP OF SOUP & LUNCH SALAD

Classic tortilla or sopa de fideo  
with a small Caesar salad - 9.95

### CAESAR SALAD

Prepared Mexican-style with  
black beans, romaine lettuce,  
roasted corn, avocado, tomatoes  
and queso fresco.

With chicken fajita meat - 10.95  
With beef fajita meat - 12.95

### MIXED GREEN SALAD

Mixed greens, tomatoes, avocados,  
strawberries, pecans and queso  
fresco with vinaigrette dressing - 9.00

Add chicken 2.00

## LUNCH SPECIALS

### CARNE GUISADA

A house favorite!  
Mexican-style beef stew  
prepared South Texas-style,  
served with rice, beans and  
your choice of tortillas - 10.50

### REFUGIO

Cheese Enchiladas - a blend  
of cheddar cheeses topped  
with our famous signature  
chili gravy, served with rice  
and beans - 9.25

### SAN MIGUEL

Enchiladas Suizas - chicken  
enchiladas garnished with  
lettuce, onion and queso  
fresco topped with creamy  
suiza sauce, served with rice  
and beans - 10.50

### LA FERIA

One beef or chicken burrito  
covered with our chili gravy  
served with rice and  
beans - 10.25

### MISSION

Cheese enchilada,  
crispy beef taco and a  
chili con queso tostada.  
A great combo plate - 8.95

### CHALUPAS GF

Taco meat or chicken  
topped with beans,  
lettuce, tomato, avocado  
and cheese - 9.50  
Sub fajita meat +1.75

Sub fajita meat +1.75

### CRYSTAL CITY GF

Spinach Enchiladas - fresh  
spinach sautéed with herbs  
and spices and covered with  
tomatillo sauce, served with  
rice and beans. This recipe  
is very low fat - 9.50

### WESLACO GF

2 Crispy tacos, chicken or  
beef with lettuce, tomato and  
cheese served with rice and  
beans - 9.25

### MCALLEN

Chicken Enchiladas topped  
with our famous signature  
chili gravy, served with rice  
and beans - 10.25

### MORELIA GF GF

Enchiladas Rojas- queso  
fresco, lettuce, onions and  
radishes topped with spicy  
red chili sauce, served with  
rice and beans - 9.75

### SAN JUAN

Beef chalupa, a cheese  
enchilada and guacamole  
9.50

### SARITA GF

Enchiladas de Calabacita  
traditional Mexican vegetables  
(calabacita and corn) sautéed  
and combined with queso  
and topped with a light cream  
sauce, served with rice and  
beans - 9.75

## SOUTH TEXAS COMFORT FOOD

### MEXICO CITY GF

Chicken Enchiladas made  
the classic Mexican way -  
topped with salsa verde and  
sour cream, served with rice  
and beans. This is one of our  
most popular enchilada  
dishes - 10.50  
Add goat cheese 2.75

### SAN BENITO

Ground beef enchilada with  
a crispy beef taco. Served  
with rice and beans - 10.25

### DONNA

Ground Beef Enchiladas -  
traditional recipe topped with  
our famous signature chili  
gravy, served with rice and  
beans - 10.50

### QUESADILLA

Beef fajita or chicken fajita  
with cheddar and monterey  
jack cheese. Served with  
guacamole and sour cream.  
Chicken - 9.75  
Beef - 10.75

### ELSA

Cheese enchilada with a  
crispy beef taco. Served  
with rice and beans - 10.25

### PUEBLA

Enchiladas Mole -  
tender chicken topped  
with traditional mole  
Poblano, served with rice  
and beans - 10.50

## SYLVIA'S TACOS

### TACOS RANCHEROS GRILLED TACOS (2)

Taco meat or chicken,  
grilled corn tortillas with  
lettuce, tomato, cheese  
and a slice of avocado,  
served with rice and  
charro beans - 10.75

### LAREDO SOFT TACOS (2)

Taco meat, chicken or  
carnitas with lettuce, tomato  
and cheese, served with rice  
and beans 10.75

### TACO AL CARBON

One fajita beef or chicken  
taco with grilled onions and  
peppers, served with  
guacamole, pico de gallo,  
rice and beans - 10.75

### TEXAS FISH TACOS (2) GF

Handmade corn tortillas  
filled with crispy fried fish  
and picamole, served with  
rice and beans - 10.95

Grilled fish on request -  
No combos

### RIO GRANDE VALLEY GF TACOS GRILLED TACOS (2)

Grilled corn tortillas stuffed  
with chicken and monterey  
jack cheese, served with  
rice, beans and a light  
salad - 10.75

## WE CAN DELIVER OR CATER ANY EVENT

Holiday Parties – Office Parties – Office Lunch – Dinners

Business or Group Meetings

Weddings – Rehearsal Dinners – Bridal Showers – Baby Showers

You can now enjoy Sylvia's in your home, office or leased facility.

Full Service Catering – Large Order Delivery – Restaurant Pick-Up – Food Truck Events

## SYLVIA'S CLASSIC APPETIZER PLATTER

For 10 – \$125 | For 15 – \$187.50

### A COMBINATION

Chicken Flautitas – Beef Quesadillas

Mini Cheese Enchiladas – Picamole

Cocktail Tamales – Sour Cream

Chile con Queso – Chips & Salsa

Pickled Jalapeños

## AMAZING FAJITAS

Served with Rice, Beans, Guacamole, Pico de Gallo,

Sour Cream, Cheddar Cheese, and home-made Corn

or Flour Tortillas

For 10 – \$150 | For 15 – \$225

All meats are grilled with mesquite wood and the beef fajitas  
are known for being forked tender with succulent taste of a  
juicy wood grilled steak. The Beef Fajitas at Sylvia's are often  
labeled the "Best in Houston" by her loyal customers.

## A LA CARTE

CHILI CON QUESO..... quart \$19.95

SALSA..... quart \$11.50

GUACAMOLE..... quart \$19.95

MEXICAN RICE..... quart \$12.95

BEANS Refried or Charro..... quart \$12.95

SIGNATURE PICAMOLE..... quart \$19.95  
Dice Avocado, Tomato, Cilantro, Onion, and Jalapeño

## DESSERTS

\$3 per person

Tres Leches Vanilla or Chocolate

Mexican Flan

Sopapillas

## WHOLE DESSERTS

TRES LECHES..... serves 24 - \$59.95

Vanillas or Chocolate

MEXICAN FLAN..... serves 12 - \$37

## BEVERAGES

CANNED SOFT DRINKS..... \$1.75  
Coke • Diet Coke • Sprite • Dr. Peppereach

BOTTLED WATER..... each \$1.75

ICED TEA & LEMONADE..... gallon \$12.95

## FAMOUS ENCHILADAS PLATTERS

Each selection served two enchiladas per person with  
rice and beans. 10 person minimum per item required.

For 10 For 15

REFUGIO.....\$90 \$135

Cheese Enchiladas • Blend of Cheddar Cheeses with  
Sylvia's Signature Chili Gravy.

DONNA.....\$110 \$165

Beef Enchiladas • Traditional recipe with more of our  
Traditional Chili Gravy.

MCALLEN.....\$110 \$165

Chicken Enchiladas • Tender cooked Chicken topped with  
our Chili Gravy.

LA KINEÑA.....\$125 \$187.50

Fajitas Enchiladas • Grilled chunks of Beef or Chicken  
topped with Sylvia's Chili Gravy.

LUBBOCK.....\$115 \$172.50

Our Signature Gravy prepared West Texas Style (meatier)

CRYSTAL CITY.....\$90 \$135

Spinach Enchiladas • Fresh Spinach sautéed with  
Herbs and Spices and covered with a Tomatillo Sauce.  
This recipe is very low fat.

SARITA.....\$90 \$135

Enchiladas de Calabacita • Traditional Mexican Vegetables  
(Calabacita & Corn) sautéed and combined with queso and  
topped with a Light Cream Sauce.

LAGUNA MADRE.....\$140 \$210

Crab Enchiladas • Shrimp sautéed in lemon butter, rolled in  
a tender Tortilla and covered with a Española style sauce.

MEXICO CITY.....\$110 \$165

Chicken Enchiladas • Made the Classic Mexican way and  
topped with "Salsa Verde" and Sour Cream.  
One of the most popular enchilada dishes.

HIDALGO.....\$125 \$187.50

Enchiladas de Carnitas • Grilled Pork Enchiladas served with  
either Verde Sauce or Red Sauce and topped with  
Avocado slices. Red Sauce is HOT!

PUEBLA.....\$125 \$187.50

Enchiladas Mole • Tender cooked Chicken topped with a  
Traditional Mole Sauce.

CHIHUAHUA.....\$110 \$165

Enchiladas Rancheras • Border style Enchiladas topped with  
a very spicy Ranchera Sauce. Your choice of Monterey Jack,  
Beef, or Chicken.

TAMPICO.....\$140 \$210

Enchiladas de Camarones • Shrimp sautéed in lemon butter,  
rolled in a tender Tortilla and covered with a Española style  
sauce.

## ENCHILADA TRAYS

One dozen per item a la carte • no rice or beans

SHRIMP, CRAB, OR PORK

(price per dozen) \$44

BEEF, CHICKEN, CHEESE, SPINACH, OR VEGGIE

(price per dozen) \$38

# Sylvia's Enchilada Kitchen

Established 1998

1140 Eldridge Parkway | Houston, TX 77077 | (832) 230-3842  
6401 Woodway Drive | Houston, TX 77057 | (713) 334-7295

SYLVIASENCHILADAS.COM

Additional charge may apply for any substitution to any item on the menu.

TRES LECHES CAKE - 6.95 | FLAN The Best! - 6.50 | SOPAPILLAS (4) - 6.50

18% gratuity for parties of 6 or more. Extra charge for split entrees. Chicken dishes may contain bones.  
No separate checks for parties over 8

Woodway



## APPETIZERS

### QUESO DE CAMPO

Grilled white Mexican-style cheese served with guacamole, pico de gallo and fresh tortillas - 10.50

### QUESO FLAMEADO

Creamy grilled cheese fondue served with three tortillas  
Chorizo, poblano or fajita - 10.75  
Shrimp - 12.75

### CHILE CON QUESO

Cup - 7.50 | Bowl - 9.50  
Add meat 1.95

### FAJITA QUESADILLAS

with guacamole and sour cream  
Chicken - 14.50 | Beef - 15.50

### COCTEL DE CAMARON

Mexican-style shrimp cocktail.  
Shrimp, onion and cilantro  
in a house-made tangy  
cocktail sauce - 10.75

### CEVICHE\*

Marinated fish cocktail.  
Fresh, light and tangy.  
Served with tostadas - 10.50

### FAJITA NACHOS

Beef or chicken fajita baked with  
Monterey Jack, topped with  
refried beans & sliced jalapeños,  
guacamole and sour cream  
Reg - 11.50 | Lg - 15.75

### PICAMOLE

Diced avocados, tomatoes,  
cilantro, jalapeños and onions  
Sm - 4.75 | Med - 8.50 | Lg - 10.50

### CLASSIC GUACAMOLE

Avocado and diced tomatoes  
served with chips and salsa  
Sm - 4.75 | Med - 8.50 | Lg - 10.50

### FRONTERA GUACAMOLE

Blend your own.  
Fresh mashed avocado,  
served with diced tomatoes,  
cilantro, onions and  
jalapeños - 10.95

## SOUP & SALAD

### CLASSIC INTERIOR MEXICAN CHICKEN TORTILLA SOUP

Fresh red guajillo chile and chicken broth with avocado,  
tomatoes, corn, cilantro, cheese and tortilla chips  
Cup - 6.25 | Bowl - 8.95  
Add chicken 1.75

### SYLVIA'S HOMEMADE TORTILLA SOUP

Chicken broth with avocado, cheese,  
tortilla strips and vegetables on the side  
Cup - 6.25 | Bowl - 8.95 Add chicken 1.75

### CAESAR SALAD

Prepared Mexican-style with black beans, romaine lettuce,  
roasted corn, avocado, tomatoes and queso fresco - 10.25  
With chicken fajita meat - 13.25 | With beef fajita meat - 14.95 | With grilled shrimp - 15.50

### SOPA DE FIDEO / CHICKEN NOODLE SOUP

An old-fashioned South Texas favorite  
made with vermicelli and chicken.  
Light and delicious!  
Cup - 6.50 | Bowl - 9.25

### CALDO DE POLLO

Old-fashioned chicken soup with vegetables,  
served with rice and corn tortillas.  
Bowl - 10.95

## AMAZING FAJITAS

Tender beef or chicken fajitas wood-fired and grilled fresh when you order them.  
Served with rice, beans, guacamole, cheddar cheese, sour cream and pico de gallo.

Beef 1/2 lb. 22.95  
1 lb. 42.95

Chicken 1/2 lb. 19.25  
1 lb. 37.95

Combo 1/2 lb. 20.95  
1 lb. 39.95

### Rio Grande Valley Parrillada\* For 4 People 98.00

Bean and cheese nachos, chicken fajitas, beef fajitas, jumbo shrimp and quail  
served with rice, charro beans, roasted corn, chiles toreadors and tortillas

## SOUTH TEXAS MESQUITE-WOOD GRILL

### TAMPIQUEÑA\*

House specialty. A classic combination  
beef fajita steak and one cheese or  
chicken enchilada, served with rajas  
poblanas con crema, rice and your  
choice of tortillas - 26.95

### BEEVILLE CARNE ASADA\*

Tender beef fajita steak served with rice,  
beans, guacamole, pico de gallo and  
your choice of tortillas - 23.95

### HEBBRONVILLE

Three specially seasoned  
quail served with grilled corn,  
poblano grits and charro beans - 24.50

### ROCKPORT

Large Gulf shrimp lightly seasoned  
and served with rice, beans,  
guacamole and pico de gallo  
23.95

### BOCA CHICA

Chilean sea bass deliciously grilled  
and served with a side salad,  
homemade poblano sauce & rice  
and grilled vegetables - 30.95  
Subject to availability

### PADRE ISLAND

Grilled tilapia served with a  
Caesar salad, rajas poblanas  
con crema and rice - 17.50

### TACOS AL CARBON (2)

Fajita beef or chicken rolled in fresh  
flour tortillas, served with rice, beans,  
guacamole and pico de gallo  
Beef - 19.75 | Chicken - 18.50

### GEORGE WEST

Boneless chicken breast served with  
pico de gallo, slices of avocado  
and tomatoes - 17.50  
Add cheese 1.95

### CABRITO TACOS

Three grilled cabrito tacos on  
homemade corn tortillas, served  
with cilantro, lime, onion, charro  
beans and poblano grits - 24.95

## ENCHILADA CULINARY TOUR

Four petite enchiladas served with picamole, rice and beans.  
No substitutions please - see descriptions below.

### NORTH OF THE BORDER

Refugio, Sarita, Lubbock  
& Laguna Madre  
18.50

### SOUTH OF THE BORDER

Mexico City, Morelia,  
Hidalgo & Puebla  
18.50

## SYLVIA'S FAMOUS ENCHILADAS

Two enchiladas per order, served with rice and your choice of refried, charro or black beans  
or substitute a Mexican-style Caesar salad. "A lighter alternative!"  
Extra charge for substitutions. Onions upon request.

-indicates vegetarian enchiladas -indicates gluten-free items

### NORTH

#### REFUGIO

Cheese Enchiladas - a blend of cheddar cheeses  
topped with our famous signature chili gravy - 13.50

#### DONNA

Ground Beef Enchiladas - traditional recipe  
topped with our famous signature chili gravy - 14.50

#### McALLEN

Chicken Enchiladas - topped with our famous  
signature chili gravy - 14.50

#### LA KINERA

Fajita Enchiladas - grilled chunks of beef or chicken  
topped with our famous signature chili gravy - 15.50

#### LUBBOCK

Ground Beef Enchiladas - topped with our signature  
gravy prepared West Texas-style (meatier) - 15.25

#### CRYSTAL CITY

Spinach Enchiladas - fresh spinach sauteed with  
herbs and spices and covered with tomatillo sauce.  
This recipe is very low fat - 14.25

#### SARITA

Enchiladas de Calabacita - traditional Mexican  
vegetables (calabacita and corn) sauteed and  
combined with queso and topped with  
a light cream sauce - 14.50

#### EL PASO

Three "Stacked" Enchiladas - cheese & onion or  
ground beef with salsa roja or chili gravy - 15.50  
Add a fried egg on top for \$1

#### LAGUNA MADRE

Crab Enchiladas - topped with a creamy  
seafood sauce - 19.50

#### STIELER HILL

Mesquite-grilled cabrito enchiladas  
topped with Sylvia's signature gravy - 18.95


#### SEGUIN

Two carnitas enchiladas topped with our  
traditional mole Poblano - 14.50

#### GF MEXICO CITY

Chicken Enchiladas made the classic  
Mexican way - topped with salsa verde and  
sour cream. This is one of our most popular  
enchilada dishes - 14.50 Add goat cheese 2.75

#### GF MORELIA

 Enchiladas Rojas-queso fresco, lettuce, onions and  
radishes topped with spicy red chili sauce - 14.25

#### GF HIDALGO

Enchiladas de Carnitas - grilled pork enchiladas  
topped with salsa verde or a red sauce and  
avocado slices - 14.50 Our red sauce is HOT!

#### PUEBLA

Enchiladas Mole - tender chicken topped with  
traditional mole Poblano - 14.75

#### GF SAN MIGUEL

Enchiladas Suizas - chicken enchiladas  
garnished with lettuce, onion and queso fresco  
topped with creamy suiza sauce - 14.75


#### GF TAMPICO

Shrimp Enchiladas - shrimp sautéed in lemon butter,  
rolled in a tender tortilla and covered with an  
Española-style sauce or salsa Veracruzana - 16.25

#### GF GUADALAJARA

Enchiladas de Pollo - tender chicken topped with  
a tomato-based salsa casera, garnished with lettuce,  
tomato and queso fresco - 14.50

#### GF CHIHUAHUA

 Enchiladas Rancheras - border-style enchiladas  
topped with very spicy ranchera sauce. Choice of  
Monterey Jack, chicken or ground beef - 14.25

## SOUTH TEXAS COMFORT FOOD

Extra charge for substitutions -indicates gluten-free items

### SAN ANTONIO

Chicken or beef fajita taco and a  
cheese enchilada with guacamole  
served with rice and beans - 16.25

### BROWNSVILLE

Cheese enchilada, crispy beef taco,  
& chile con queso tostada  
served with rice and beans  
14.75

### ALAMO

Two cheese enchiladas and a crispy  
beef taco served with rice and beans  
14.95

### FLAUTAS

Three handmade chicken flautas  
served with guacamole,  
sour cream, rice and beans  
13.75

### ROBSTOWN

Two pork or chicken tamales topped  
with Sylvia's chili gravy and one cheese  
enchilada served with rice and beans  
14.95

### CHILE RELLENOS

Two fresh poblano peppers filled with  
beef or Monterey jack cheese,  
lightly battered and golden fried  
16.50

### Add goat cheese 3

Prepared fresh - Allow extra time

### FALFURRIAS

One beef, one chicken and  
one cheese enchilada topped with  
our signature chili gravy, served with  
rice and beans - 15.25

### CARNE GUISADA

A house favorite!  
Mexican-style beef stew prepared  
South Texas-style, served with rice,  
beans and your choice of tortillas  
15.50

### DEL RIO

Crispy beef taco and beef enchilada  
served with guacamole, rice and  
beans - 12.95

### GF CHALUPAS

Taco meat or chicken topped with  
beans, lettuce, tomato, avocado  
and cheese - 11.95  
Sub fajita meat +2.95

### CORPUS CHRISTI

Build your own combination of any three of the following items:  
Enchilada | Chalupa | Tamale | Guacamole | Tostada de Queso | Crispy Taco  
Served with rice and beans - 15.95  
1.50 Extra charge per item for crab, fajita or shrimp enchilada

## SYLVIA'S TACOS

Extra charge for substitutions

#### TACOS RANCHEROS GRILLED TACOS (3)

Taco meat or chicken,  
grilled corn tortillas with lettuce,  
tomato, cheese and a slice  
of avocado, served with  
rice and charro beans  
13.25

#### WESLACO CRISPY TACOS (3)

Taco meat or chicken,  
served with lettuce, tomato,  
cheese, rice and beans  
12.95

#### LAREDO SOFT TACOS (2)

Taco meat, chicken or carnitas  
with lettuce, tomato and cheese,  
served with rice and beans  
13.25

#### TEXAS FISH TACOS (2)

Handmade corn tortillas  
filled with crispy fried fish and  
picamole, served with rice and beans  
14.25

#### GF RIO GRANDE VALLEY TACOS GRILLED TACOS (2)

Grilled corn tortillas stuffed with  
chicken and Monterey Jack cheese,  
served with rice, beans and  
a light salad - 13.95

### CHILD'S PLATE

For Children 12 & Under | Over 12, add \$3

#### GRILLED CHICKEN STRIPS

With rice & beans - 6.50

#### CHEESE ENCHILADA

With rice and beans - 6.50

#### QUESADILLA

Cheese - 6.50  
Add Fajita Meat \$1

#### BEEF or CHICKEN CRISPY TACO

With rice and beans - 6.50

#### FRIED CHICKEN TENDERS

With French fries - 6.95

### DESSERTS

Available To Go!

#### CHOCOLATE TRES LECHES

- 6.95

#### TRES LECHES CAKE

- 6.95

The Best! - 6.50

#### SOPAPILLAS (4)

- 6.50

Served with honey or chocolate

## BRUNCH, CATERING & PRIVATE PARTIES

Enjoy Sunday Brunch, On-site Catering and Private Parties in Our Beautiful Restaurant,  
Private Room or Patio

\*Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

18% gratuity for parties of 6 or more. Extra charge for split entrees. Chicken dishes may contain bones.  
No separate checks for parties over 8