

***BENDER'S TAVERN
LUNCH SPECIALS!
September 16, 2025***

Vegetable of the day: Honey & Dill Glazed Carrots

Daily Side: Cheesy Chicken Pilaf

Soup Du Jour: Fall Pumpkin Soup or Chicken Dumpling

Quiche Du Jour

Red onions, cheddar cheese, ham, broccoli, eggs & cream
Served with Bender fries, Artisan greens \$15.95

Pasta Du Jour

Sauteed Chicken, spinach, onions & peppers finished with Pesto Aioli tossed in mozzarella stuffed sachets
Served with a small lettuce salad \$18.95

Taco Tuesday

Classic fried cod, coleslaw, diced tomatoes, cheddar cheese & Sriracha aioli \$16.00

Cajun Scottish Salmon

Lightly cajun style. Served with rice and vegetable du jour. \$22.00

Lightly Fried Haddock

Bender fries & coleslaw \$15.95

Lightly Fried Select Oysters

Bender fries & coleslaw \$15.95

Lightly Fried Key West Shrimp

Bender fries & coleslaw \$14.95

Egg Salad Sandwich

House made egg salad, fresh bibb lettuce, sliced tomato on rye toast.
Served with a cup of soup \$13.95

Italian Wrap

Pepperoni, Capicola, ham, shredded lettuce, roasted red pepper & sliced tomato with provolone cheese in a tomato wrap \$14.95
1/2 wrap and a cup of soup \$14.95

Pecan Chicken Salad

Crispy pecan crusted chicken tenders, romaine lettuce, mandarin oranges, raisins, blue cheese crumbles & balsamic vinaigrette \$15.95