

***BENDER'S TAVERN
LUNCH SPECIALS!
September 18, 2026***

Vegetable of the day: Green Beans & Roasted Cauliflower

Daily Side: Roasted Red Pepper & Cilantro Rice Pilaf

Soup du Jour: New England Clam Chowder or Chicken Pastina

➤ Quiche Lorraine

Swiss cheese, bacon, onions, eggs & cream. Served with Bender fries & Artisan greens
\$15.95

➤ Lightly Fried Select Oysters

Bender fries & coleslaw \$15.95

➤ Lightly Fried Key West Shrimp

Bender fries & coleslaw \$16.95

➤ Lightly Fried Boston Bluefish

Bender fries & coleslaw \$17.00

➤ Pasta Du Jour

Sauteed mushrooms, sun dried tomatoes, capers and roasted chicken with a pink sauce
served over linguini noodles
Served with a small lettuce salad \$18.95

Turkey BLT

Turkey, red pepper aioli, sliced tomato, leaf lettuce, peppered bacon and provolone cheese
on toasted Texas toast
Served with a cup of soup \$14.95

Traditional Gyro Wrap

Thin sliced gyro meat, Tzatziki sauce, tomatoes and lettuce in a tomato wrap \$14.95
1/2 wrap served with a cup of soup \$14.95

Wedge and Steak Salad

Cajun Flat Iron steak, Iceberg wedge, blue cheese crumbles, bacon, eggs and tomatoes.
Choice of dressing \$16.95