

BENDER'S TAVERN
LUNCH SPECIALS!
September 25, 2026

Vegetable of the day: Green Beans with Garlic & Parmesan

Daily Side: Mushroom & Water chestnut Rice Pilaf

Soup du Jour: New England Clam Chowder or Pumpkin Bisque

➤Quiche Lorraine

Swiss cheese, bacon, onions, eggs & cream. Served with Bender fries & Artisan greens
\$15.95

➤Blackened Ahi Tuna Salad

Mixed Greens, Balsamic Dressing, Cajun Remoulade, Strawberry, Mandarin, Red Onion, &
Potato Straws \$17.95

➤Greek Wrap

Mediterranean Chicken, Feta, Cucumber, Tomato, Red Onion, Kalamata, Roasted Red
Pepper, Lettuce Blend & Hummus. Served in a tortilla wrap \$14.95
1/2 wrap served with a cup of soup \$14.95

➤Cajun Sauteed Shrimp & Andouille

Key West Shrimp with Corn and red pepper succotash, Andouille Sausage, Fennel & garlic
Butter Beurre Blanc. Served with rice and vegetable du jour \$17.95

➤Chicken Scampi Linguini

Lemon Beurre Blanc Linguini with chicken, Mushroom, Onion, Tomato and Cilantro.
Served with a small lettuce salad \$18.95