

***BENDER'S TAVERN
LUNCH SPECIALS!
August 26, 2025***

Vegetable of the day: Honey Glazed Carrots

Daily Side: Cheesy Chicken Rice Pilaf

Soup Du Jour: Stuffed Pepper Soup or German Chowder

Quiche Du Jour

Onion, red pepper, broccoli & Colby Jack cheese
Served with Bender fries, Artisan greens \$15.95

Pasta Du Jour

Key West shrimp, spinach, & roasted red pepper cream in penne noodles.
Served with a small lettuce salad \$18.95

Taco Tuesday

Calabash style Grey Sole, coleslaw, diced tomatoes, cheddar cheese & Sriracha aioli \$16.00

Salmon Piccata

Rice flour dusted and sauteed. Finished with capers, wine and butter. Served with vegetable and rice du jour \$22.00

Lightly Fried Haddock

Bender fries & coleslaw \$15.95

Lightly Fried Select Oysters

Bender fries & coleslaw \$15.95

Lightly Fried Key West Shrimp

Bender fries & coleslaw \$14.95

Ribeye Sandwich

Sliced grilled ribeye served on a rustic roll with caramelized onions & Worcestershire aioli.
Served with a cup of soup \$16.95

Dijon Turkey BLT Wrap

Smoked Turkey, bacon, lettuce, tomato, Dijon mustard Wrapped in a spinach tortilla.
\$14.95

1/2 wrap and a cup of soup \$14.95

Pecan Chicken Salad

Crispy pecan crusted chicken tenders, romaine lettuce, mandarin oranges, craisins, blue cheese crumbles & balsamic vinaigrette \$15.95