

***BENDER'S TAVERN  
LUNCH SPECIALS!  
September 18, 2025***

**Vegetable of the day:** Mixed Vegetables

**Daily Side:** Cheesy Red Pepper Rice Pilaf

**Soup Du Jour:** Chicken & Rice Soup or Mushroom Swiss Cheeseburger Soup

**Quiche Du Jour**

Red onions, cheddar cheese, ham, broccoli, eggs & cream

Served with Bender fries, Artisan greens \$15.95

**Pasta Du Jour**

Sauteed Chicken, spinach, onions & peppers finished with Pesto Aioli tossed in mozzarella stuffed sachets

Served with a small lettuce salad \$18.95

**Sole Veronique**

Sauteed, Finished with toasted almonds, white grapes and lemon beurre blanc. Rice du jour \$18.95

**Lightly Fried Haddock**

Bender fries & coleslaw \$15.95

**Lightly Fried Select Oysters**

Bender fries & coleslaw \$15.95

**Lightly Fried Key West Shrimp**

Bender fries & coleslaw \$14.95

**Gourmet Grilled Cheese**

Brie, sliced apple, Gouda, and goat cheese on grilled Texas toast.

Served with a cup of soup \$13.95

**Chicken Bacon Ranch Wrap**

Grilled B&E chicken, ham, seasoned bacon, Artisan greens, Swiss cheese and house made ranch dressing \$14.95

1/2 wrap and a cup of soup \$14.95

**Wedge and Steak Salad**

Cajun Flat Iron steak, Iceberg wedge, blue cheese crumbles, bacon, eggs and tomatoes.

Choice of dressing \$16.95