

***BENDER'S TAVERN  
LUNCH SPECIALS!  
September 10, 2026***

**Vegetable of the day:** Roasted Cauliflower with Balsamic Glaze

**Daily Side:** Vegetable Melody Rice Pilaf

**Soup du Jour:** Tuscan Chicken Soup or Sausage, Onions & Potato Soup

**➤Quiche Lorraine**

Swiss cheese, bacon, onions, eggs & cream Served with Bender fries & Artisan greens  
\$15.95

**➤Lightly Fried Select Oysters**

Bender fries & coleslaw \$15.95

**➤Lightly Fried Key West Shrimp**

Bender fries & coleslaw \$16.95

**➤Lightly Fried Boston Bluefish**

Bender fries & coleslaw \$14.95

**➤Pasta Du Jour**

Key West shrimp, broccoli florets, spinach & alfredo sauce with linguini  
Served with a small lettuce salad \$18.95

**Benders Cheesesteak**

Thinly sliced ribeye, grilled onions and mushrooms, provolone cheese on a hoagie roll.  
Served with a cup of soup \$15.95

**Traditional Gyro Wrap**

Thin sliced gyro meat, Tzatziki sauce, tomatoes and lettuce in a spinach wrap \$14.95  
1/2 wrap served with a cup of soup \$14.95

**Crab Cake Caesar**

Benders crab cake on a bed of Romaine lettuce, house made croutons and parmesan  
cheese. Served with Bender's Caesar dressing \$17.95

**➤Express Lunch**