

***BENDER'S TAVERN
LUNCH SPECIALS!
May 29, 2026***

Vegetable of the day: Green Beans

Daily Side: Vegetable Rice Pilaf

Soup Du Jour: Italian Wedding Soup or New England Clam Chowder

Vegetable Quiche Supreme

Spinach, mushrooms, yellow & green peppers, onions & cheddar cheese with eggs & cream

Served with Bender fries & Artisan greens \$15.95

Pasta Du Jour

Key West shrimp, broccoli florets, tangy Peppadew peppers & alfredo sauce tossed with linguine pasta and parmesan

Served with a small lettuce salad \$18.95

New Zealand Ora King Salmon

Roasted with a lemon Beurre Blanc. Served with vegetable and rice du jour \$19.95

Lightly Fried Select Oysters

Bender fries & coleslaw \$15.95

Lightly Fried Key West Shrimp

Bender fries & coleslaw \$15.95

Chicken Caesar Wrap

Grilled chicken, Romaine, Parmesan, house-made croutons with Caesar dressing in a spinach tortilla \$15.95

1/2 wrap served with a cup of soup \$15.95

French Dip Sandwich

Slow roasted sliced beef smothered with caramelized onions on a toasted roll with melted Provolone. Garnished with a side of au jus

Served with a cup of soup \$16.95

Wedge and Steak Salad

Cajun Flat Iron steak, Iceberg wedge, blue cheese crumbles, bacon, eggs and tomatoes.

Choice of dressing \$16.95