

***BENDER'S TAVERN
LUNCH SPECIALS!
December 19, 2025***

Vegetable of the day: Seasonal Mixed Vegetables

Daily Side: Chicken Cheddar Jalapeno Rice Pilaf

Soup Du Jour: Tomato Florentine or New England Clam Chowder

Quiche du Jour (Lorraine)

Swiss cheese, bacon, caramelized onions, eggs & cream. Served with Bender fries & Artisan greens
\$15.95

Pasta du Jour

Sauteed chicken breast with spinach. Tossed in a vodka cream sauce with cavatappi pasta. Garnished with fresh parmesan & tomatoes.
Served with a small lettuce salad \$18.95

Sole Veronique

Sauteed Grey Sole, Finished with white wine, butter, sliced white grapes and toasted almonds
\$17.95

Loch Duart Scottish Salmon

Prepared cajun style. Served with vegetable and rice du jour \$22.00

Nantucket Bay Scallops

Bender Fries & coleslaw \$25.95

Lightly Fried Haddock

Bender fries & coleslaw \$16.95

Lightly Fried Key West Shrimp

Bender fries & coleslaw \$15.95

Lightly Fried Select Oysters

Bender fries & coleslaw \$15.95

Bender's Meatloaf Sandwich

Grilled sourdough bread with Dijon mustard, Swiss cheese, sliced meatloaf and a Bender fry
Served with a cup of soup \$13.95

Veggie Christmas Wrap

Roasted squash, green peppers & carrots with spinach & cucumber wasabi in a tomato wrap \$12.95
1/2 wrap and a cup of soup \$12.95

Key West Shrimp Salad

Lightly fried Key West Shrimp. Served over mixed salad greens, mandarin oranges, hard boiled eggs, red grape tomatoes and sliced cucumbers. Served with a side of cucumber wasabi dressing.
\$16.95