

BENDER'S TAVERN
LUNCH SPECIALS!
March 10, 2026

Vegetable of the day: Mixed Vegetable

Daily Side: Vegetable Fried Rice Pilaf

Soup Du Jour: Ham & Bean Soup or Cream of Mushroom & Wild Rice

Quiche du Jour (Lorraine)

Caramelized onions, Swiss cheese, smoked bacon, eggs and cream.

Served with Bender fries & Artisan greens \$15.95

Pasta Du Jour

Sautéed chicken, roasted red peppers, onions & spinach tossed with linguine in thyme butter topped with Parmesan cheese.

Served with a small lettuce salad \$18.95

Nantucket Bay Scallops

Bender Fries & coleslaw \$25.95

Lightly Fried Select Oysters

Bender fries & coleslaw \$15.95

Lightly Fried Key West Shrimp

Bender fries & coleslaw \$15.95

The French Dip

Slow roasted sliced Angus sirloin. Served on a toasted rustic roll with caramelized onions.

Garnished with a side of au jus

Served with a cup of soup \$16.95

Pastrami Wrap

Grilled pastrami with stone ground mustard, diced tomatoes, provolone cheese and shredded lettuce rolled in a flour tortilla \$14.95

1/2 wrap served with a cup of soup \$14.95

Pecan Chicken Salad

Crispy pecan crusted chicken tenders, romaine lettuce, mandarin oranges, raisins, blue cheese crumbles & balsamic vinaigrette \$16.95