

BENDER'S TAVERN
LUNCH SPECIALS!
April 1, 2026

Vegetable of the day: Glazed Carrots

Daily Side: Onion Rice Pilaf

Soup Du Jour: Old Bay Crab Soup or Sausage, Onion and Potato Soup

Quiche du Jour

Caramelized onions, chopped broccoli florets, cheddar cheese, ham, eggs and cream.

Served with Bender fries & Artisan greens \$15.95

Pasta Du Jour

Sautéed chicken breast, spinach, sun-dried tomatoes, bacon & onions. Tossed in garlic & olive oil with bow tie pasta & Parmesan cheese

Served with a small lettuce salad \$18.95

Benders Wagyu Blend Meatloaf

Mushroom cabernet sauce, whipped potatoes & green peas \$11.95

Grey Sole Francese

Lightly dredged in flour, dipped in egg batter and pan-sauteed until golden brown.

Finished with lemon butter served with rice du jour \$17.95

Lightly Fried Select Oysters

Bender fries & coleslaw \$15.95

Lightly Fried Key West Shrimp

Bender fries & coleslaw \$15.95

BLT Wrap

Crispy smoked bacon, shredded iceberg lettuce, diced tomato, shredded cheddar cheese and ranch in a spinach wrap \$13.95

1/2 wrap served with a cup of soup \$13.95

Shrimp Roll

Flash Fried Key West Shrimp on a toasted rustic roll with shredded Iceberg lettuce, diced tomatoes & creole aioli. Served with a cup of soup \$15.95

Pecan Chicken Salad

Crispy pecan crusted chicken tenders, romaine lettuce, mandarin oranges, craisins, blue cheese crumbles & balsamic vinaigrette \$16.95