

***BENDER'S TAVERN
LUNCH SPECIALS!
November 4, 2025***

Vegetable of the day: glazed tri color carrots

Daily Side: Onion & Herb Rice Pilaf

Soup Du Jour: Cream of mushroom or Chicken Pastina Soup

Quiche du Jour

Broccoli, Onions, Cheddar Cheese, Eggs & Cream

Served with Bender fries, Artisan greens \$15.95

Pasta du Jour

Chicken breast & spinach tossed in mozzarella stuffed sachets with roasted red pepper cream topped with fresh parmesan

Served with a small lettuce salad \$18.95

Taco Tuesday

Lightly breaded Grey Sole seasoned and flash fried, southern style coleslaw, diced tomatoes, cheddar cheese & Sriracha aioli \$16.00

Cajun Scottish Salmon

Lightly cajun style. Served with rice and vegetable du jour. \$22.00

Lightly Fried Haddock

Bender fries & coleslaw \$15.95

Lightly Fried Select Oysters

Bender fries & coleslaw \$15.95

Lightly Fried Key West Shrimp

Bender fries & coleslaw \$14.95

Gourmet Grilled Cheese

Grilled sourdough bread with Brie, Gouda, Guggisberg baby Swiss, strawberry slices and balsamic glaze.

Served with a cup of soup \$12.95

Bacon Chicken Wrap

Tomato wrap filled with shredded lettuce, bacon, grilled chicken, Gouda and herb aioli \$14.95

1/2 wrap and a cup of soup \$14.95

Pecan Chicken Salad

Crispy pecan crusted chicken tenders, romaine lettuce, mandarin oranges, raisins, blue cheese crumbles & balsamic vinaigrette \$15.95