



CHEF JAMES SKARULIS

PHOTOS BY MELISSA KORMAN

WHITE SALAD WITH LEMON VINAIGRETTE

BANYAN RESTAURANT & BAR

189 NE 2ND AVENUE

DELRAY BEACH, FL 33444

561-563-8871

WWW.BANYANDELRAY.COM



INGREDIENTS (MAKES 4 SERVINGS)

4 Endives
5 Button Mushrooms Sliced
1 Can or Jar of Marinated Artichoke Hearts (drained)
1 Can of Hearts of Palm (drained)
Grilled Scallops or Shrimp
Parmesan cheese

DRESSING
Juice and Zest of two Lemons
2 Leaves of fresh Basil
1 Sprig of fresh Thyme
1/4 Cup White Wine Vinegar
1/2 Cup Olive Oil

PREPARATION

In a food processor, blend herbs and lemon juice with zest. Add vinegar and oil to emulsify. Slice the endives, mushrooms, artichoke hearts, and hearts of palms. Toss, all ingredients with dressing. Serve salad and place shrimp or scallops on top. Sprinkle with Parmesan cheese.