

breakfast

mon - fri until 11:30a

sat - sun until 3p

BACON SCRAMBLE

aged cheddar, caramelized onions
with toasted country bread 11

MUSHROOM SCRAMBLE

herbed feta, spinach with toasted
country bread 11

BEC+LT

bacon, runny egg, aged cheddar, spicy
aioli, butter lettuce, tomato on brioche 9

AVO & WHITES

egg whites, avocado smash, spinach,
tomato on on seven grain ciabatta 10.5

breakfast all day

AVOCADO TOAST

chili honey, smoked salt on country bread
10

MAPLE WALNUT GRANOLA

greek yogurt, roasted seasonal berries 9

BREAKFAST BOWL

quinoa, spinach, mushrooms, brussels
sprouts with sunny side up egg and
avocado 13

SMOKED SALMON

cream cheese, caper relish, tomato, red
onion with toasted bagel 13

TOASTED BAGEL

plain - sesame - everything - wheat 2.5
choice of butter, cream cheese +1

ROSE BERRY WAFFLE

belgian waffle, rosewater berries,
sweet cream 9
add a waffle +4

**gluten free bread available +2*

sandwiches

served with mixed greens

DIJON CHICKEN SALAD

sliced tomato, cucumber, butter lettuce,
dijonnaise on warm walnut raisin bread 12

FLANK STEAK

melted gruyere, caramelized onions, tomato,
greens, spicy mayo on ciabatta 13.5

ROASTED TURKEY

balsamic roasted squash, cranberry goat
cheese, sautéed kale on on seven grain
ciabatta 12

ROASTED VEGGIE

eggplant, zucchini, peppers, goat cheese,
avocado pesto on sourdough 12.5

RUSTIC CHICKEN

goat cheese, sundried tomatoes, avocado,
greens, balsamic glaze on ciabatta 13

GRILLED CHEESE

aged cheddar, gruyere, herbed aioli on
toasted focaccia 9
add bacon +2

salads

add roasted chicken +4

add flank steak +6

add tofu +3.5

BLANK SLATE CHOPPED

kale, arugula, pecorino, artichoke hearts,
spicy peppers, shaved fennel, toasted pine
nuts, cider vinaigrette 12

AVOCADO CAPRESE

mixed greens, fresh mozzarella, tomatoes,
avocado, onions, homemade croutons, fresh
basil, balsamic vinaigrette 13

GARBANZO GREEN

shredded kale, chickpeas, goat cheese,
seasonal squash, caramelized onions, dried
cranberries, spiced pepitas, lemon tahini 12

CHOPPED GREEK

kale, arugula, feta, olives, pepperoncini,
onions, cucumbers, tomatoes, herb
vinaigrette 12

BRUSSELS SPROUT CAESAR

shaved brussels sprouts, shredded kale,
parmesan, homemade croutons, lime
caesar dressing 12

QUINOA BOWL

quinoa, avocado, shredded kale,
roasted squash, cherry tomatoes,
cucumbers, carrots, cilantro pepita
dressing 13

small plates

TRUFFLED POPCORN

parmesan, fresh parsley 8.5

SHISHITO PEPPERS

spiced and seeded 7

CORN & QUINOA TACOS

avocado, shishito peppers, cotija
cheese, pickled onions, spicy aioli 10

CAULIFLOWER FRIED RICE

cauliflower rice, scallions, zucchini,
baby corn, peas 10
add an egg, chicken, steak or tofu!

DEVILED EGGS

traditional, spicy, truffle 7

desserts

S'MORES DIP

served with graham crackers 12

M&M COOKIE SKILLET

served medium rare 12

coffee

DRIP COFFEE 3/3.5
COLD BREW 4.25/4.75
CAFE AU LAIT 3.5/4
VIETNAMESE 4.5/5
AMERICANO 3.75
ESPRESSO 3.25
MACCHIATO 3.75
CORTADO 3.75
CAPPUCCINO 4.25
FLAT WHITE 4.25
LATTE 4.5
ICED LATTE 4.5
MOCHA 4.75

tea

ICED BLACK 4/4.5
ICED HIBISCUS 4/4.5
HOT TEA 3.5
assam, earl grey, lemon ginger,
green, chamomile, mint

specialty

CHAI LATTE 4.50/5
ALMOND MATCHA LATTE 4.75
HOT CHOCOLATE 4/4.5

ask about our
beer & wine
selection!