

PLATTERS

Chicken Salad Wrap	Serves 10	\$95
Mushroom Wrap	Serves 10	\$100
Wrap Combo	Serves 12	\$110
Avocado Toast	Serves 10 - 14	\$90
Mushroom Toast	Serves 10 - 14	\$95
Smoked Salmon Toast	Serves 10 - 14	\$110
Toast Combo	Serves 10 - 14	\$120

BOWLS

Banter Bowl	Serves 8 - 10	\$95
Green Salad	Serves 8 - 10	\$90
Falafel Bowl	Serves 8 - 10	\$100
Housemade Granola	Serves 8 - 10	\$95
Overnight Oats	Serves 8 - 10	\$95

DESSERT

Sliced Banana Bread	Serves 10-12	\$35
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SIDES

ONE ORDER SERVES 10

Smoked Salmon	SERVES 5	\$38
Mushrooms		\$36
Chicken Salad Mix		\$36
Avocado		\$36
Bacon		\$32
Pickled Chili		\$28
Mixed Berries		\$28

BEVERAGES

SERVES 12

Drip Coffee	\$30
Cold Brew	\$30
Iced Tea	\$30
Orange Juice	\$30
Grapefruit Juice	\$30
Whole Milk	\$5
Almond Milk	\$5
Oat Milk	\$5

PLATTERS SERVES 10-14

Chicken Salad Wrap

house-made chicken salad mix, spinach, cucumber, carrot on a toasted spinach wrap.

contains gluten, eggs, and alliums.



Mushroom Wrap

mushrooms, avocado, sundried tomato cashew pesto, purple cabbage, harissa aioli on a toasted spinach wrap.

contains gluten, egg, and nuts.



Wrap Combo

chicken salad & mushroom wraps; five of each.

contains gluten, egg, and nuts.



Avocado Toast

crumbled feta, grain & seed mix, alfalfa sprouts, basil oil, sourdough.

contains gluten, dairy, and alliums.



Mushroom Toast

whipped garlic feta, grain & seed mix, watercress, herb oil, sourdough.

contains gluten, dairy, and alliums.



PLATTERS SERVES 10-14

Smoked Salmon Toast

whipped garlic feta, cucumbers, pickled onions, dill, lemon, sourdough.

contains gluten, dairy, and alliums.



Toast Combo

choice of two toasts.

contains gluten, dairy, and alliums.



BOWLS SERVES 8-10

Banter Bowl

pickled carrot, cabbage, radish, cucumber, edamame, avocado, quinoa served with miso ponzu dressing.

contains gluten, sesame, soy, and honey.



Greens Salad

kale, broccoli, quinoa, toasted pepitas, avocado, pickled peppers, honey dijon dressing.

contains honey.



Falafel Bowl

falafels, pickled onions, avocado, cucumber, whipped garlic feta, green salad, romesco, zaatar dressing.

contains dairy, nuts, soy, honey, and alliums.



BOWLS SERVES 8-10

Housemade Granola

maple greek yoghurt, seasonal fresh berries, berry compote.

gluten free. contains nuts, sesame, and honey.



Overnight Oats

banana oats with almond milk & coconut yoghurt, served with season berries, toasted coconut, berry compote cannot be served without almond milk.

vegan. contains nuts & gluten.



DESSERT SERVES 10-12

Sliced Banana Bread

house made banana bread with orange butter.

gluten free. contains dairy, eggs, and honey.



SIDES & BEVERAGES

ONE ORDER SERVES 10

Smoked Salmon SERVES 5

Mushrooms

Chicken Salad Mix

Avocado

Bacon

Pickled Chili

Mixed Berries

Drip Coffee

Iced Tea

Cold Brew

Orange Juice

Grapefruit Juice

Whole Milk

Almond Milk

Oat Milk