



Hobo - potato omelet w/ ham & cheese 6.99
Bobo - potato omelet w/ bacon & cheese 6.99
Sobo - potato omelet w/ sausage & cheese 6.99

BIG BREAKFAST BURRITO

10.49

2 scrambled eggs, ham, home fries, American cheese & fresh jalapenos on a wrap

Muffin 3.99
 w/ butter or jelly 4.49
 w/ butter & jelly 4.99

Corn, Blueberry, Cinnamon Chip, Raisin Bran, Banana Nut, Double Chocolate, Chocolate chip, Cranberry Nut



Arabica Coffee Roasters

SINCE 1988, GARFIELD, NJ

Hot Drinks		12 oz.	16 oz.	20 oz.
		Small	Med	Large
Coffee (Reg or Decaf)		3.00	3.25	3.50
Flavored Coffee		3.00	3.25	3.50
Tea (Reg or Decaf)		3.00	3.25	3.50
Herbal Tea		3.00	3.25	3.50
Hot Chocolate		3.00	3.25	3.50
Box Coffee (Serves 10)		25.00		
Includes cups, milk, cream, sugar, sweeteners, & stirrers				
Urn Coffee (Serves 50)		125.00		
Includes cups, milk, cream, sugar, sweeteners, & stirrers				
Espresso Bar		24 oz.	32 oz.	
		Small	Large	
Espresso (4oz.)		3.50		
Latte		4.50		
Flavored Latte		4.50		
(Hazelnut, Vanilla, Pumpkin Spice, Caramel)				
Cafe Mocha		4.50		
Cappuccino		4.50		
			4.50	5.50
Iced Coffee				
Coffee (Reg or Decaf)		4.50	5.50	
Flavored Coffee		4.50	5.50	
Iced Tea		4.50	5.50	
Latte		4.50	5.50	
Flavored Latte		4.50	5.50	
(Hazelnut, Vanilla, Pumpkin Spice, Caramel)				
Cafe Mocha		4.50	5.50	

Add a single shot of espresso to any coffee for only \$1.00
 All espresso bar items are 16oz unless noted.

ICED COFFEE
 Made the way you like it!

BREAKFAST SANDWICHES & OMELETTES

EGG	Sandwich	Wrap	Platter
w/Bacon, Sausage, Ham, or Taylor Ham	4.49	5.99	8.49
w/Turkey Bacon or Turkey Breast	5.99	8.49	10.99
w/Chorizo, Roast Beef, or Pastrami	6.49	9.49	11.99
w/Grilled Chicken or Chicken Cutlet	6.99	9.99	12.99

Platters Include: 2 eggs, home fries, & buttered toast or bagel

BREAKFAST ADD-ONS:

Cheese, Extra Egg, Egg Whites, Tomato, Peppers, Grilled Onions 50c
 Sandwich on croissant 50c Hashbrown, Home Fries, or Fresh Spinach \$1, Avocado \$2
 Bacon, Ham, Sausage, Taylor Ham \$2.50 Turkey Breast or Turkey Bacon \$3.00
 Grilled Chicken, Chicken Cutlet, Chorizo, Roast Beef, or Pastrami \$3.50

Side Orders: Home Fries \$5.99, Hashbrown \$2.49, French fries \$5.99 Bacon \$8.49, Turkey Bacon \$9.49

Protein Pack

Turkey, egg whites, fresh spinach & Cheddar \$11.49



Grilled Cheese	
w/ Bacon, Sausage, Ham, Taylor Ham	6.99
w/ Turkey Bacon or Turkey Breast	8.99
w/ Roast Beef or Pastrami	9.99
	10.99



AVOCADO BAGEL

avocado, arugula, tomato, red onion, feta & crushed red pepper 9.99

SPECIALTY OMELETTES

	SANDWICH	WRAP	PLATTER
Western Ham, peppers, onions & American	6.49	8.99	10.99
Mama Mia! Portobello mushrooms, roasted peppers, fresh spinach & provolone	6.99	9.49	11.49
Nyack Bacon, Portobello mushrooms, red onions & mozzarella	7.49	9.99	11.99
Spartan Spinach, turkey, Kalamata olives & Feta	7.49	9.99	11.99
Desperado Tomatoes, fresh jalapeños, onions & pepper jack, topped with avocado slices	7.99	10.49	12.49
Green Giant Broccoli, fresh spinach & cheddar topped with avocado slices	7.99	10.49	12.49
Lean Green Egg whites, spinach, broccoli, Swiss topped with avocado slices	8.49	10.99	12.99



Lean Green Breakfast Wrap

Three egg white omelette with spinach, broccoli, & Swiss topped with avocado on a spinach wrap 10.99

FRESH BAGELS

\$1.50 Each

Plain, Sesame, Poppy, Ever ything, Cinnamon Raisin, Whole Wheat, Multigrain, Egg, Pumpernickel, Rye, Onion, Garlic, Salt
 Enjoy a Baker's Dozen with family & friends!
 Baker's Dozen = Buy 12 get 1 free

Mini Bagel	1.25	Roll	1.50
Flagel	1.75	Hero	1.75
Bialy	1.50	Croissant	2.25

Bagel with...			
Butter	3.49	Cream Cheese & Bacon	6.49
Butter & Jelly	3.99	Specialty Cream Cheese	5.49
Cream Cheese	3.99	Peanut Butter	3.99
Cream Cheese & Jelly	4.49	Peanut Butter & Jelly	4.49



SPECIALTY CREAM CHEESES

FRESHLY PREPARED ON THE PREMISES

Vegetable • Strawberry • Green Olive • Jalapeño
 Horseradish • Scallion • Sundried Tomato Basil
 Bacon Red Onion • Nutella • Walnut Raisin
 Nova Lox Spread
On bagel 5.49 | Per Pound 12.99

SUPERNOVA



Sliced Nova Lox W/ Cream Cheese, Tomato, Onions, & Capers,
 On A Bagel
14.99

FRESHLY SLICED NOVA LOX

Sliced Nova Lox and Cream Cheese on a Bagel 13.99
 Sliced Nova Lox and Specialty Cream Cheese on a Bagel 14.99
 Freshly Sliced Nova Lox (per lb.) 49.99

Fresh Salads

	On a Bagel	Per lb.	On a Bagel	Per lb.
Egg Salad	7.99	11.99	Whitefish Salad	9.99 15.99
Tuna Salad	8.99	13.99	Cole Slaw	5.99
Chicken Salad	8.99	13.99	Macaroni Salad	5.99
CranRaisin Chicken Salad	9.49	14.99	Potato Salad	5.99



Cran-Raisin Chicken Salad
9.49



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HOT PLATTERS

- Cheeseburger Deluxe** 13.99
w/American cheese and side of lettuce, tomato, onions & pickles, French fries
- Cowboy Burger** 14.99
w/Cheddar cheese, bacon, egg over easy, grilled onions, & BBQ sauce, French fries
- El Chapo Burger** 15.99
w/Pepper Jack cheese, avocado, chipotle mayo grilled onions, & grilled jalapeños, French fries
- Fish & Chips** 15.99
Fried flounder filet with French fries, cole slaw, homemade tartar sauce
- Gyro or Chicken Souvlaki Platter** 15.99
Served over sliced pita with Greek salad, homemade tzatziki sauce and French Fries
- Chicken Fingers** 13.99
Fried chicken tenders w/ French fries & side of honey mustard

HOT SANDWICHES

- | | ROLL | HERO OR WRAP |
|--|------|--------------|
| West Coast BLT 10.99 .. 11.99
Bacon, lettuce, tomato, avocado, cheddar, red onion & mayo | | |
| Classic BLT 8.99 .. 9.99
bacon, lettuce, tomato, and mayo | | |
| Philly Cheese Steak or Philly Chicken 12.99
Grilled roast beef or grilled chicken on hero w/melted American cheese, grilled peppers & onions | | |
| Godfather 11.99 .. 12.99
Hot Roast beef, homemade gravy, & melted mozzarella | | |
| Manhattan 13.99 .. 14.99
Hot pastrami, melted Swiss, cole slaw & homeade Russian dressing | | |
| Corned Beef Reuben 13.99
Hot corned beef, melted Swiss, sauerkraut & Homeade Russian dressing on grilled Rye bread | | |
| Buffalo Chicken Tender Wrap 12.99
Chicken tenders, buffalo sauce, crumbled bleu cheese & romaine lettuce | | |
| Gyro or Chicken Souvlaki 11.99
Beef Gyro or Chicken Souvlaki on a pita with lettuce, tomato, onion & homemade tzatziki sauce | | |
| Flounder Filet 12.49
Lettuce tomato & homemade tartar sauce on a hero | | |

FRESH SALADS

- | | Small | Large |
|--|-------|-------|
| Arugula Salad w/Grilled Chicken 13.99 .. 14.99
Baby Arugula, fresh mozzarella, roasted pepeprs, balsamic vinaigrette | | |
| House Salad w/Grilled Chicken 12.99 .. 13.99
Iceberg lettuce, red cabbage, cucumbers, tomatoes, green olives, & any dressing | | |
| Caesar Salad w/Grilled Chicken 13.99 .. 14.99
Romaine lettuce, Parmesan cheese, croutons, homemade Caesar dressing | | |
| Greek Salad w/Grilled Chicken 13.99 .. 14.99
House salad, Feta cheese, Kalamata olives, onions, oregano & grape leaves with house vinaigrette | | |
| Harvest Salad w/Grilled Chicken 13.99 .. 14.99
Baby spinach, crumpled Bleu cheese, dried cranberries, walnuts, red onions & balsamic vinaigrette | | |
| Buffalo Chicken Tenders Salad 13.99 .. 14.99
Romaine lettuce, crumpled Bleu cheese, tomatoes & Bleu cheese dressing | | |
| Cobb Salad w/Grilled Chicken 14.99 .. 15.99
Romaine lettuce, shredded cheddar, chopped bacon, avocado, red onions & ranch dressing | | |



FRESH CHICKEN BREAST

	ROLL	HERO OR WRAP
Grilled Chicken 10.99 11.99 Chicken breast marinated with our signature blend of herbs & spices		
Chicken Cutlet 10.99 11.99 Egg battered chicken breast coated with Italian bread crumbs & fried to perfection		
Sandwich Toppings		
Free	50c extra	\$1 Extra
<i>Condiments</i>	<i>Cheese</i>	<i>Sweet Peppers</i>
<i>Lettuce</i>	<i>Tomato</i>	<i>Cucumbers</i>
<i>Onions</i>	<i>Roasted Peppers</i>	<i>Fresh Jalapenos</i>
<i>Pickles</i>	<i>Hot Cherry Peppers</i>	<i>Grilled Onions</i>
		<i>Fresh Mozzarella</i>
		<i>Portobello Mushroom</i>
		<i>Fresh Spinach or Arugula</i>
		\$2.⁵⁰ Extra for Bacon
		\$2.⁵⁰ Extra for Avocado

- | | | |
|---|------|--------------|
| NEW Calabria 14.99 15.99
Grilled chicken, baby arugula, prosciutto, provolone, roasted peppers, homemade pesto & balsamic glaze | ROLL | HERO OR WRAP |
| California 15.49 16.49
Grilled chicken, bacon, avocado, cheddar, red onion & mayo | | |
| Chicken Cutlet BLT 13.99 14.99
Chicken cutlet, American cheese, bacon, lettuce, tomato, & mayo | | |
| El Toro 12.49 13.49
Grilled chicken, melted pepper jack cheese, fresh jalapenos, lettuce, tomato & mayo | | |
| Chicken Parmigiana 12.49 13.49
Chicken cutlet, melted mozzarella, homemade marinara sauce | | |
| Paisano 12.99 13.99
Chicken cutlet, fresh mozzarella, roasted peppers, home made pesto & balsamic glaze | | |
| Caesar Chicken Wrap 12.99
Grilled chicken, romaine lettuce, Parmesan cheese, croutons, homemade Caesar dressing | | |
| Chicken Cutlet Quesadilla 14.49
Chicken cutlet, cheddar cheese, bacon & Ranch dressing | | |

CHICKEN WINGS

9 WINGS & Fries 15.99
Served with a side of Buffalo Sauce & Ketchup

12 WINGS 15.99
Served with a side of Buffalo Sauce

Add French fries to your sandwich for \$5.⁹⁹

COLD CUT SANDWICH SPECIALS

- | | ROLL | HERO OR WRAP |
|--|------|--------------|
| Italian 11.99 12.99
Ham, Genoa salami, Ham Cappy, provolone, lettuce, tomato, onions, & oil & vinegar | | |
| Bonfire 13.99 14.99
Smoked Cracked Pepper Mill Turkey, Pepper Jack cheese, avocado, bacon, lettuce, & chipotle mayo | | |
| Millenial 13.99 14.99
Oven Gold Turkey, Swiss, avocado, bacon, lettuce, & Russian dressing | | |
| Bada Bing! 13.99 14.99
Prosciutto, Sopressata, fresh mozzarella, roasted peppers, lettuce, tomato, oil & vinegar | | |
| Southerner 11.99 12.99
Honey turkey, Virginia ham, cheddar, lettuce, tomato & mayo | | |
| American 11.99 12.99
Oven Gold Turkey, Roast beef, American cheese, Swiss cheese, lettuce, tomato, & mayo | | |
| Stable 11.99 12.99
Home cooked Roast Beef, Cheddar, lettuce, tomato, & horseradish sauce | | |
| Turkey Club 12.99
Triple decker sandwich of turkey, bacon, lettuce, tomato, mayo on white toast, with side of cole slaw & pickle | | |
| Rancher 12.99 13.99
Ovengold turkey, cheddar, bacon, lettuce, tomato, ranch dressing | | |
| New Orleans 12.99 13.99
Cajun turkey, pepper jack, bacon, lettuce, tomato, chipotle mayo | | |
| Beehive 12.99 13.99
Honey turkey, Swiss, bacon, lettuce, tomato, honey mustard | | |

VEGGIE SANDWICHES

- | | ROLL | HERO OR WRAP |
|--|------|--------------|
| Eggplant Paisano 11.99 12.99
Fried breaded eggplant, roasted peppers, fresh Mozzarella, home made pesto & Balsamic glaze | | |
| Super Food Wrap 11.99
Baby spinach, avocado, broccoli, red onion, Chipotle mayo & Cheddar cheese | | |
| Italian Vegetable Wrap 11.99
Baby spinach, roasted peppers, tomato, cucumber, sundried tomato, fresh Mozzarella & balsamic | | |



COLD CUTS



	ROLL	HERO OR WRAP	PER LB.
Deluxe Branded Ham 10.49 11.49 14.99			
Virginia Ham 10.49 11.49 14.99			
Extra Hot Cappy Brand Ham 10.49 11.49 14.99			
Ovengold Turkey 10.49 11.49 14.99			
Cracked Pepper Mill Turkey 10.49 11.49 14.99			
Maple Honey Turkey 10.49 11.49 14.99			
Cajun Turkey 10.49 11.49 14.99			
EverRoast Chicken 10.49 11.49 14.99			
Blazing Buffalo Chicken 10.49 11.49 14.99			
Home Cooked Roast Beef 10.99 11.99 17.99			
Pastrami 12.99 13.99 20.99			
Corned Beef 12.99 13.99 20.99			
Genoa Salami 10.49 11.49 14.99			
Sandwich Style Pepperoni 10.49 11.49 14.99			
Sweet Sopressata Grande 12.99 13.99 20.99			
Prosciutto di Parma 13.99 14.99 28.99			
Pork & Beef Bologna 8.49 9.49 11.99			
American 6.99 7.99 9.99			
Gold Label Imported Swiss 6.99 7.99 10.99			
Picante Sharp Provolone 6.99 7.99 10.99			
Sharp Cheddar 6.99 7.99 10.99			
Low Moisture Mozzarella 6.99 7.99 10.99			
Muenster 6.99 7.99 10.99			
Monterey Jack w/ jalapeno 6.99 7.99 10.99			
Chipotle Gouda 6.99 7.99 10.99			
Lacey Swiss 6.99 7.99 10.99			

Substitute Rolls with:
 Multi Grain Club, Bagels, White, Wheat, or Rye bread
 Croissants 50c extra

HOME-MADE SOUPS

Oct-May

16oz. . . 4.95

32oz. . . 7.95

ALL PRICES SUBJECT TO CHANGE WITHOUT NOTICE