

ZAMBISTRO 2-GO

CARB, CALORIE & FLAVOR CONSCIOUS MEALS

5 FULLY COOKED MEALS JUST \$39

Salads

- **Shrimp Sicilian Salad-** Grilled Shrimp, Romaine Hearts, Chi Chi Beans, Cucumber, Tomato, Italian Vinaigrette
- **Grilled Chicken Spinach Salad-** 4 oz Chicken, Seasonal & Dried Fruit, Almonds, Balsamic Vinaigrette
- **Steak Salad-** 4 oz Beef Tips, Arugula, Spinach, Smoked Almonds, Peppercorn Dressing
- **Turkey, or Roast Beef Lettuce Wrap-** 3 oz Meat, Oven Roasted Tomatoes, Romaine, Pickled Pepper, Garlic Mayo

Bowls

- **Ahi Tuna Bowl-** 4 oz Tuna, Buckwheat Noodles, Peppers, Spinach, Sesame- Vegetable Broth
- **Whole Wheat Pasta Bowl-** Grilled Ground Turkey, Tomato, Broccoli, Parmesan
- **Shrimp Stir Fry Bowl-** 4 Gulf Shrimp, Seasonal Vegetable Stir Fry, Cilantro Lime Vinaigrette, Crushed Peanuts

Chicken

- **Stuffed Pepper-** White Rice, Beans, Grilled Ground Turkey, Tomato, Sour Cream
- **Chicken & Rice-** 5oz Chicken Breast, White Rice, Grilled Broccoli
- **5 oz Herb Roasted Chicken Breast -** Sweet Potato Hash, Golden Raisins, Spinach
- **Chicken & Green Beans-** 5 Oz Chicken Breast, Oven Roasted Tomatoes, Roasted Green Beans, Truffle Vinaigrette
- **Turkey Burger-** Grilled 5oz Turkey Burger, Peppers, Onions, Egg Scramble

Fish & Steak Add \$2

- **6 oz Cod Loin-** Lemon Pepper, Stir Fry Vegetable, White Rice
- **Grilled Beef Tenderloin Tips-** Grilled Potatoes, Broccoli, Truffle Vinaigrette
- **Steak & Eggs-** 6oz Sirloin, 3 Scrambled Eggs, Grilled Asparagus, Side Sriracha
- **Grilled 6oz Sirloin Steak or 4oz Salmon-** Lots of Veggies, Garlic Pesto

WINTER 2019

ZAMBISTRO ORDER FORM

585 798 CHEF (2433) PLEASE PLACE ORDERS 24 HOURS BEFORE PICK UP

NAME/ PHONE NUMBER:

PICK UP DATE/ TIME:

NUMBER OF MEALS/ TOTAL:

DIETARY RESTRICTIONS: