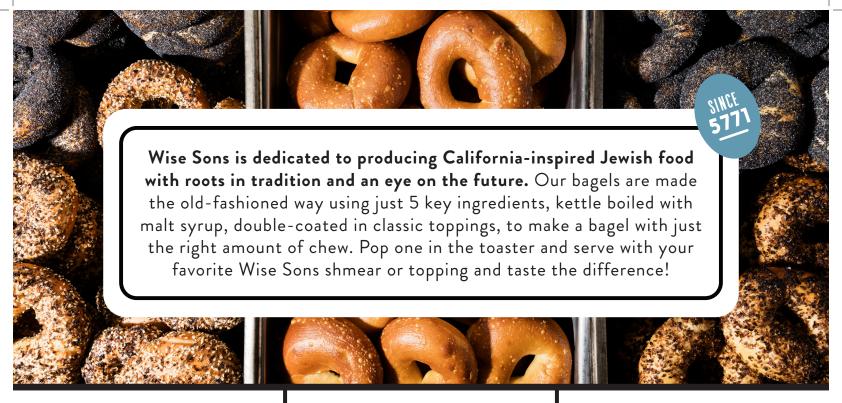
WISE SONS

— JEWISH DELICATESSEN :



KETTLE BOILED BAGEL 4-PACK

HANDMADE BAGELS
CRAFTED WITHOUT ADDITIVES
OR PRESERVATIVES



EVERYTHING BAGEL 4-PACK

Nutrition Facts

4 servings per container Serving size 1 Bagel (122g)

350 Calories

	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 700mg	30%
Total Carbohydrate	72g 26%
Dietary Fiber 3g	11%
Total Sugars <1g	

Includes Og Added Sugars 0%

Protein 13a

Vit. D 0mcg 0% • Calcium 1mg 0% Iron 5mg 25% • Potassium 9mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.





INGREDIENTS:

ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIA-CIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MALTED BARLEY FLOUR, BAGEL POOLISH, WATER, MALT (EXTRACT MALTED BARLEY MALT, CORN), SALT, YEAST (YEAST, SORBITAN MONOSTEARATE, ASCORBIC ACID), DOUGH CONDITIONER (WHEAT FLOUR. MALT BARLEY FLOUR, ASCORBIC ACID, ENZYMES), SESAME SEED, ONION, POPPY SEED, GARLIC, **CARAWAY SEED**

SESAME BAGEL 4-PACK

350

Nutrition Facts

4 servings per container Serving size 1 Bagel (122g)

Calories

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 700mg	30%
Total Carbohydrate	71g 25%
Dietary Fiber 3g	11%
Total Sugars <1g	
Includes Og Added Sugars 0%	

Protein 14g

Vit. D 0mcg 0% • Calcium 0mg 0% Iron 5mg 25% • Potassium 8mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.





INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MALTED BARLEY FLOUR, BAGEL POOLISH, FIL-TERED WATER, MALT (EXTRACT MALTED BARLEY MALT, CORN), SALT, YEAST (YEAST, SORBITAN MONOSTEARATE, ASCORBIC ACID), DOUGH CON-DITIONER (WHEAT FLOUR, MALT BARLEY FLOUR, ASCORBIC ACID, ENZYMES), SESAME

PLAIN BAGEL 4-PACK

Nutrition Facts

4 servings per container Serving size 1 Bagel (113g)

Calories 320

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 650mg	28%
Total Carbohydrate	66g 24%
Dietary Fiber 3g	11%
Total Sugars <1g	

Protein 13a

Vit. D 0mcg 0% • Calcium 0mg 0% Iron 4mg 25% • Potassium 8mg 0%

Includes 0g Added Sugars $\,$ 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MALTED BARLEY FLOUR, BAGEL POOLISH, FIL-TERED WATER, MALT (EXTRACT MALTED BARLEY MALT, CORN), SALT, YEAST (YEAST, SORBITAN MONOSTEARATE, ASCORBIC ACID), DOUGH CONDITIONER (WHEAT FLOUR, MALT BARLEY FLOUR, ASCORBIC ACID, ENZYMES)



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